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Coastal Carolina hosts second annual ‘Trunk or Treat’

Tristan Wyatt // Reporter

Coastal Carolina University hosted their 2nd Annual Spadoni College of Education’s “Trunk or Treat” event on Tuesday, Oct. 30. The event was sponsored by the College of Education and hosted by the Student South Carolina Education Association, Teaching Fellows Programs and the Call MeMISTERS.

The two-hour event was held for students, faculty, and children around the community in the YY parking lot off 544 and members of different clubs and organizations could be seen coming together to make it a special night to kids dressed up and expressing their excitement for the Halloween season.

Many different activities like arts and crafts, freeze dancing and coloring were offered to children that attended. Different student organizations entered the trunk competition by paying a $10 entrance fee or donating a bag of school supplies.

Additional donations that were collected at ‘Trunk or Treat’ will also be used to provide school supplies toward the schools in and around Horry County.

Many parents that attended Tuesday’s ‘Trunk or Treat’ were very pleased with how Coastal Carolina University put on the event and were impressed by the involvement of the many students that came to devote their time and energy to making local young kids smile.

Halloween is a day where childhood dreams soon became a reality with the exciting reunion of Woody and Buzz in Andy’s bedroom, taking an adventure through Crayola-land, or having a rap battle with the mummies. When the sun goes down, all the witches, ghosts, and scary characters come out to dance the night away at one of the most amazing events of the year. The ‘Trunk or Treat’ event on Tuesday night certainly personified that.

This event was a special way to bring the Coastal Carolina and the Horry County community together as one.
Coastal hosts Farmers Market as part of homecoming

Sydney Burgbacher // Reporter

On Monday, Oct. 29, producers from all over Conway came to Prince Lawn to sell their products to the students and faculty of Coastal Carolina. The products being sold consisted of fresh produce, honey, fresh smelling bath products, and much more.

Farmer Bill Morgan enjoyed seeing his fresh produce being sold.

“Students don’t always have the opportunity to buy this amount of fruit or vegetables right on their campus,” said Morgan.

Booths were set up all around Prince Lawn with products that would relate to something that students would be interested in.

CCU Food Crew had a booth located on Prince Lawn to give the students a chance to win prizes. All students had to do was follow CCU Food Crew one of their social media accounts.

This year honey was a very popular item at the farmers market with several of the booths having their own homemade honey. Each vendor, including Joe Gantz, said that their honey was a bit different. The bees even took a liking to the honey that was sitting around.

“I’ve been one to sell my honey at farmers markets and a lot of my other contenders are usually there with me too,” said Gantz. “We all have something different about the honey that we sell, and it is all good! The bees are our biggest supporters, they always come with us.”

Another booth that was set up was a 13-year-old girl called “Jammie Girl”. She was selling bath products such as bath bombs, lotions, and soaps. She even had this unique bath bomb that would glow in the dark.

The 13-year-old’s mom wanted to remain anonymous but did want to speak on the success of her daughter’s business.

“I’m really proud of my daughter with how far she has come in her own business,” she said. “My daughter did all on her own and now she is out here selling all of her products and the students are loving them.”

“We all have something different about the honey that we sell, and it is all good! The bees are our biggest supporters, they always come with us.”

-Joe Gantz

The 2018 Fall Farmers Market was a success, and hopefully there will be even more businesses out there next year.
Coastal Carolina honors their seniors ahead of their match against Georgia Southern.

Photo Ian Livingston Brooking

Derambez Drinkard celebrates his pick six on the CCU sidelines. His touchdown was the Chants lone score of the game.

Photo Keiona Houser

Marcus Outlow gets the crowd pumped up running out onto the field ahead of the CCU Homecoming game on Saturday against Appalachian State.

Photo Ian Livingston Brooking

Coastal Volleyball gathers together to honor their seniors ahead of the final match of the regular season.

Photo Keiona Houser

Students go nuts for free t-shirts at HOOPLA 2018.

Photo Ian Livingston Brooking

Tiarra Davis busts a move during team intros at HOOPLA 2018.

Photo Ian Livingston Brooking
Students go nuts for free t-shirts at HOOPLA 2018.
Photo Ian Livingston Brooking

Tiarra Davis busts a move during team intros at HOOPLA 2018.
Photo Ian Livingston Brooking

The CCU Twirlers pose for a photo during the Homecoming Game this past weekend at Brooks Stadium.
Photo Ian Livingston Brooking

Tyrell Gumbs-Frater goes for the flashy dunk under the lights at HOOPLA 2018 on Thursday, Nov. 1
Photo Ian Livingston Brooking
The Mario and Josh Norman Field House Unveiling Ceremony
How was Coastal Carolina’s “A Haunted Homecoming”?

O’Tia Prioleau // Reporter

From the glow in the dark shirts to the pumpkin painting, everyone had something to do.

On Monday, Oct. 29th, there was an Apple Cider pop-up along with the farmers market. The next day brought out the trunk o’ treat for the kids and Coastal Carolina University invited locals to come out to the YY Parking Lot on Highway 544 to take part in this delight.

At that same time across campus, the 2018 Talent Show began. The Talent Show was highly anticipated as tickets for the Talent Show sold out in less than six hours when they went on sale on Oct. 19th.

Special guest host, Desi Banks, and guest DJ, DJRICKYDATRUTH, entertained the students of CCU and it was all thanks to Abraham Adams, director of events of Coastal’s Activities Board.

Adams started his process during the summer and reached out to Banks’ manager, who responded quickly.

Hurricane Florence may have delayed some plans for certain homecoming events, but Banks and his team didn’t hesitate to work with CCU. Audition videos were a thought when Florence was gone, but face-to-face auditions were the route that was taken.

“I appreciate everyone for getting their tickets and showing up and showing out,” Adams said.

He also commends his team and Sydni Knuckles, the president of CAB, for their hard work and efforts that were made to make the talent show a success. CAB were also the ones responsible for the Halloween Festival which was Oct. 31st.

On Nov.1st, there was the option to go out to both the downtown block party which was at four and Hoopla which started at 9 p.m. at the HTC Center.

The last event that ended homecoming was the step show which was Nov. 2nd and showcased NPHC organizations.

It started off as 10 dollars, but on the day of it was 15. Tickets went fast and it was packed.

Next year will have to top this year’s homecoming and it will. If you enjoyed yourself let us know.
The best of a haunted homecoming
Football Comes up Short on Homecoming

Ian Livingston Brooking (Editor in Chief) and Akilah Stroman (Reporter)

Coastal Carolina will have to wait another week to become bowl eligible after falling to Sun Belt foe Appalachian State 23-7 on Saturday, Nov. 3 at Brooks Stadium.

Despite the 16-point loss, the stat sheet points to a dominant Appalachian State performance as the Mountaineers put up 405 yards on offense while the Chanticleers only managed 178 yards on offense. In fact, Appalachian State had more rushing yards (278) than Coastal had total yards.

Coastal Carolina Head Coach Joe Moglia gave his thoughts on the team’s overall performance on Saturday.

“We had a couple of defensive stands that I feel pretty good about,” said Moglia. “We gave up a couple of big plays against the number one offense in the Sun Belt. I believe that App State is very, very good and there is a reason why they were ranked 25th in the country at one point this season.”

Despite the offense allowing over 400 yards for the seventh time this season, the defense was able to hold the Mountaineers at times. The defense also provided the team’s only score of the game when Derambez Drinkard intercepted a pass that bounced off of the helmet of the Appalachian State receiver and it took it back 60 yards to tie things up in the first quarter.

The Mountaineers took a 14-7 lead at the half after Jacob Huesman found Corey Sutten in the end zone for the 33-yard strike.

Neither team was able to get anything going in the third quarter but in the fourth quarter things started to fall apart for the Chanticleers.

While Kilton Anderson returned to the field for the first time since being injured in the Chants’ game against Louisiana-Lafayette on Sep. 22, his first play would be something that he certainly would like to forget.

Anderson, backed up to the Coastal one-yard line, handed the ball off but CJ Marable was stuffed in the end zone by the Appalachian State defense, forcing a safety and giving the ball back to the Mountaineers.

Appalachian State would score on that drive to make it 23-7 and while the Chanticleers tried to get things going on offense, it just wasn’t the home team’s night as Coastal would go 1-10 on third down conversions.

Coastal Carolina will certainly look to put this game behind them as Arkansas State comes to Conway on Nov. 10. The Chanticleers would like to get that sixth win, become bowl-eligible for the first time in program history and get revenge for the 51-17 rout that the Red Wolves put on the Chanticleers last season in Jonesboro.

Coastal and Arkansas State will kick off at 5 p.m. on Saturday, Nov. 10 at Brooks Stadium.
Coastal Carolina men’s soccer ends season with rout of Georgia Southern

Ian Livingston Brooking // Editor in chief

The Chanticleers’ men’s soccer team ended their season on a winning note with a 4-1 win over Sun Belt foe Georgia Southern on Friday, Nov. 2 at CCU Soccer Stadium. Despite being the more dominant team in the first half, the Chanticleers and Eagles went into the halftime break tied at 0-0. Coastal outshot the Eagles seven to one in the first half and possessed the ball much more than their opponent.

In the second half, it did not take long to score the first goal as senior forward Yazeed Matthews found the back of the net after a brilliant assist from Paul Odendahl. After Matthews’ 49th minute goal, junior forward Tsiki Nstabeleng put his name on the score after collecting a pass from Ryan Willoughby to make it 2-0 Chanticleers in the 72nd minute. Exactly one minute later, Nstabeleng got his second goal of the game to give Coastal Carolina the 3-0 lead with less than 20 minutes to play.

Georgia Southern would get on the board in the 76th minute but the Chanticleers instantly responded as Matthews notched his second goal of the game to make it 4-1 in the 81st minute.

The win puts the Chanticleers at 9-5 on the year and 2-2 in Sun Belt Conference play. Coastal Carolina earned the four seed in the Sun Belt Tournament and will play Howard in the first round of the Sun Belt Tournament.

Coastal defeated Howard 2-1 back on Oct. 20. Kickoff for Coastal’s Sun Belt Tournament match with the Bison will be at 7 p.m. on Wednesday, Nov. 7 in Statesboro, Ga.

Zombies! Run!

Skye Howell // Reporter

On the cool evening of Sunday, Oct. 28th, Coastal Carolina University hosted its first annual Zombie Run. Participants lined up in front of the check-in tent, located near the track on campus, before the race began.

Many of the runners came dressed up in a costume: Deadpool, Spiderman, a unicorn, and, of course, a couple zombies! Chauncey, the mascot, gave some generous high-fives to get the runners pumped up as they prepared to run.

About thirty runners gathered at the corner of Brittain Hall, and they waited, eagerly, for the race to begin. At the starting point, each runner was thanked for participating and reminded that all of the proceeds from the event were to benefit an SOS Health Care program for children with autism.

SOS Health Care is a nonprofit organization, and their mission statement is: “To partner and inform our community by providing hope, care, and assistance to individuals with Autism and Intellectual Disabilities.”

After the brief speech, runners took off after they heard, “Go!” They ran throughout campus and made their way to Brooks Stadium football field. As they neared the stadium, they ran through a huge cloud of fog and onto the field. Tired, but smiling faces celebrated their victory. Families and friends chatted and snapped some pictures with each other.

Donald Rockey, professor and Associate Chair of the Department of Recreation and Sport Management at Coastal Carolina University, explains what the event accomplished and what he hopes to see accomplished in the future.

“It was a success from the enjoyment that the participants got from running,” said Rockey. “There were a lot of smiling faces throughout the run. We also saw room for improvement. Next time we do this run, we would love to see more people participate especially since the proceeds went to SOS Healthcare.”

The Zombie Run was the beginning of a great Homecoming Week at Coastal Carolina and while Homecoming might not fall on Halloween for a while, there certainly will be more creative runs like these.
Trafficking rumors proven to be hoax by Public Safety

O’Tia Prioleau // Reporter

On Oct. 19, a tweet went out warning students about possible human trafficking happening close to Coastal Carolina’s campus.

“Please be safe going out this weekend,” the tweet said. “There were three sex trafficking incidences that happened just last night, 2 on campus and one at Tongy’s! Please do not go out alone and keep your guards up! Be careful ladies.”

That tweet garnered hundreds of likes and retweets, causing hysteria on campus.

Students have been talking about the human trafficking rumors going on around campus.

Vicki Loveday was not thrilled to hear about these alleged rumors being spread around campus.

“The fake news on campus is just people taking facts and gossiping and everything gets twisted and blown out of proportion,” said Loveday.

Back in the day for her, it was common to walk alone late at night, but nowadays you have to watch your surroundings.

“Walk with a friend and don’t walk alone,” said Loveday.

The Coastal Carolina Department of Public Safety responded to these accusations and rumors by sending an email out to students.

“Allegations have been circulating on social media regarding human trafficking in our community,” the email said. “In some of these posts, there are references to ‘Mother of God’. The CCU Department of Public Safety (CCU DPS) has been investigating these social media posts and states that no incidents of human trafficking or religious human sacrifice have been reported to CCU DPS, Conway Police or Horry County Police.”

The Department of Public referenced students to an article in the Orlando Sentinel, where similar rumors about men following women and trying to discuss ‘God the Mother’. These incidents were reported near the campus of the University of Central Florida.

“These stories — all of them unproven, according to police — have been spreading like wildfire on Twitter and Facebook pages popular with ‘God the Mother’,” the article said.

Freshman Alexis Winegardner received the email from Public Safety confirming that there was nothing to worry about.

“[I believe that] human trafficking [does] still happen around colleges [not just any school, in general, is going to stop human trafficking],” Winegardner said.

She does feel Coastal Carolina is a safe campus and if there was any danger CCU would figure it out. Winegardner has walked alone a few nights but has no fear because she is safe.

“Anything you see that seems suspicious go ahead and make the report,” she said.

Lieutenant Robert Pellerin also comments on the rumors.

Once the department heard about the rumors of human trafficking they looked more into it before they were given the okay to notify the school about the ‘false news’.

“Sex trafficking [goes on], they happen around the country,” said Pellerin. “Are we targeted as a university? Yeah, we haven’t seen any information that shows that around here.”

Pellerin’s certain that Coastal Carolina is a safe campus and so are many students at CCU.

Public safety does their patrols daily and works around the clock to make sure everyone is safe. If you ever have an emergency, keep an eye out for the emergency pole boxes if you are unable to access your phone.

“Feel comfortable calling law enforcement if you have any problems or questions with safety concerns,” said Pellerin. “[You cannot remain safe if you don’t know]. Encourage people to call because there is no harm in trying.”

The Clery Report is a mandatory report, established in 1990, that all universities and colleges report to on some level and the report is mandated by the federal government through the Department of Education. The report consists of crimes and fires that were reported on campus, on campus residential areas, non-campus property, and public property usually up to the sidewalk adjacent to the university.

Thomas Mezzapelle, Captain of Public Safety, said, “[The Clery Act is] a guarantee that there is at least once a year, where people can look at something and say okay, these are the crimes that happened on our campus that are being tracked.”

The annual Clery report posted by Coastal allows students and the community to see the data from the last three years. Within the report you can see information on fires; where the it was, how much it cost in damages, and the cause. The crimes are reported in a list with minimal information.

The Clery Act is to thank for many of the potentially lifesaving alerts that Coastal Carolina University has had to send out.

“Timely warnings and notifications are another part of the Clery Act that we have to follow and make those announcements,” Mezzapelle said.

Many students may recall receiving “CCU ALERT” text messages, especially this semester, that warn of campus closing, weather warnings, and many other warnings. The “CCU ALERT” is a part of the timely notifications system used at Coastal. Timely warnings and notifications are also sent out by email or posted on the university’s social media, when the university feels the community needs to be warned of an issue.

As Coastal Carolina University grows in size, it is not a surprise that there is an increase in the number of incidents reported on campus.

“I personally think the retention problem adds to our issues because we have fewer upper-class students who have risen through the classes here at CCU that can pass their experiences on to a new class,” Mezzapelle said. “That will change slowly as our retention numbers grow and may bring about a shift in the actions of the student members of the community.”

In last year’s report, CCU saw a rise of sexual assault on campus. The number of reported cases only dropped by one in the 2018 report.

Alcohol and drugs violations have been the main cause of reports for over three years. In 2018, CCU had the highest amount of drug and alcohol violations referrals, with more than 1300 being reported.

Captain Mezzapelle said that Public Safety does not like to be fined but would rather send students through the Student Conduct process, so they can learn from the experience instead of just paying a fine.

“We hope that the education will lead to better decision making among our community members and they will in turn teach the incoming students how to be better,” Mezzapelle said.

For more information on the Clery Report, please visit public safety.

“I personally think the retention problem adds to our issues because we have fewer upper-class students who have risen through the classes here at CCU that can pass their experiences on to a new class.”

-Thomas Mezzapelle
CCU hosts Love Your Body Day

Morgen Cvetko// Reporter

Coastal Carolina University hosted its 11th annual Love Your Body Day on October 17, 2018.

Love Your Body day is a day dedicated to just that - truly loving your body.

Many studies will show that a lot of college students struggle with body imagery issues and Coastal Carolina students are no exception. Thankfully, Coastal has organizations like Livewell to educated students on important issues, such as body imagery.

“Our primary goal with hosting Love Your Body Day annually is to bring awareness, education and encouragement within our community regarding positive body image, as well as increasing self-esteem and self-worth and eating disorder awareness,” Chris Haines, assistant director of wellness outreach, said.

One of the main goals of the day is to educate Coastal Carolina students on body health.

“I learned there was such a thing as a female condom which is pretty interesting,” Ava Samkavtiz, a public health major, said.

Another student here at Coastal learned how far a compliment can go.

“I learned that I need to learn how to give more genuine compliments,” Harley Barrett, senior Lacrosse player, said.

A simple compliment may seem small, but it can go a long way in changing someone else’s day.

If you are interested in learning more about how to get involved with Livewell or learn more about what they offer to students, please visit the Livewell office in The Lib Jackson Student Union (B202).

US NAILS

201 Graduate Rd. Suite 111
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Student Discount
Expires on Nov. 30

Gel Manicure
$20

Acrylic Full Set
$20

Cannot be combined with any other offer.
Expires on Nov. 30

Pedicure
$20

Eyebrow Waxing
$8

Cannot be combined with any other offer.
Expires on Nov. 30

Manicure/Pedicure
$30

Cannot be combined with any other offer.
Expires on Nov. 30
Dylan Blanton is feeling the teal at CCU

Lindsay Hickman// Reporter

If you see Dylan Blanton cruising around campus, he is probably wearing teal and it is a good bet that it isn’t even Teal Tuesday. In fact, it is safe to say that Blanton’s entire wardrobe is teal. He loves Coastal and his bedroom is decorated in murals of Coastal Baseball legends.

Dylan Blanton is just like any other Coastal student, except he isn’t afraid of his own voice. With a voice full of energy, one would never realize that he is a LIFE Student, with a serious disability. Blanton has never let that stop him from going after his dreams. He was born with a spinal cord injury, forcing him to live his life in a motorized wheelchair, but to him it doesn’t seem like a disability. Blanton can zoom around campus getting from building to building easily.

As a senior at Carolina Forest High School in Myrtle Beach last year, when it came to looking for the perfect college, there was no better option than Coastal Carolina University.

“I never wanted to go to another school,” said Blanton. “Coastal was it for me. I’ve been going to baseball games and all kinds of other sports every week, just about my whole life, so I wanted to come here.”

Since arriving on campus in Aug., Blanton has taken his education by the reigns, starting his own radio show here on campus at WCCU Radio. Blanton is also involved in two clubs and has a full schedule between attending athletic events and keeping up with his class load.

Blanton hosts Chant Talk which airs on Thursday nights at 7 p.m. on WCCU Radio. He loves sports, particularly Coastal sports, so he has turned that love into a weekly radio show. The show has already had some famous guests stop by for interviews and fun chats, including former CCU baseball player GK Young, of the 2016 National Championship team.

Blanton’s goal is to eventually be a sports announcer for a major network or a Major League Baseball team, and he figured his radio program was a great place to start.

“I’ve always wanted to be an announcer,” said Blanton. “I love keeping statistics for teams, particularly baseball, so radio was a great fit. I hope to promote athletics and maybe help get students more interested in going to ball games, no matter the sport. Student-athletes are not just talented, they are hardworking and I hope that through my show people will be able to put a personality with a name or jersey number.”

Blanton has plenty of experience in sports although he has never played for a school team. He was the team manager of his high school baseball team: Carolina Forest Panthers, for four years, in the last year he also announced the batting order and played the walk-up songs for the players.

“It was really fun. I got to be a part of the team and it helped me prepare for college, too,” said Blanton.

Blanton says that his favorite class is Personal and Community Health and his favorite professor is Cary Lukas.

When Blanton isn’t on a ball field, in a press box or in the studio, he might be found at another club he loves: Young Life.

“It is really fun because I’ve met kids that are in different majors and classes, so it is a great, welcoming place to make friends and just have a good time,” said Blanton.

If you ever see him cruising around campus, be sure to say ‘hi’. And be sure to tune into his radio show. Download the TuneIn app on your mobile device and search WCCU Radio.

Dylan Blanton poses with Chauncey for his high school graduation photo. Photo by Lindsay Hickman
Coastal Men’s Club Hockey back on ice after Hurricane Florence

Miles Getler // Reporter

The Coastal Carolina men’s club hockey team can finally return to their home rink in Wilmington, N.C. after Hurricane Florence shut it down due to power loss.

“The Wilmington Ice House shut down for eight hours before maintenance could recover the power and refreeze any lost ice,” said rink manager Rick Thomas.

Due to the Wilmington Ice House being shut down, the CCU men’s club hockey couldn’t practice during the three-week hurricane period, ultimately shortening practice and game intervals in the regular 2018-19 season. Upon returning to the ice, the team played Liberty University twice, losing both games 6-3 and 4-2.

However, the team bounced back the following weekend, winning both games against Old Dominion University 13-1 and 13-4. Several players, including senior Curtis Jattner, Kenny Ferrara and Joe McAdams, added points on the score sheet in the wins against Old Dominion.

“This has been a great year for us, besides the tough three weeks separated from each other,” said Jattner. “We have a good, young team and we've made a lot of improvements throughout the year and during this off period.”

Since the team is labeled as a club sport, the team raises money by selling merchandise through their team website and setting up fundraisers around CCU’s campus and and local restaurants. The team has to do this in order to purchase the proper gear and equipment for games and practice, as well as to have money for travel and lodging.

“What’s been the biggest issue is having to travel so far,” said team captain Steven Yaros. “Wilmington is our closest option, so we play and travel there often. Hopefully it will change in the coming years.”

Throughout 2018, the team raised $2,000 through fundraisers and merchandise sales. The team hopes to raise some more money for the rest of the year for other expenditures.

“Another goal is to get a bus for fans, so they can watch a spring game against our biggest rivals, the UNC-Wilmington Seahawks,” said Yaros.

The team hopes to see themselves play in regionals at the University of Tampa and compete for the league championship at the end of the year.

“I’m pretty confident with our team and our chances of making it,” said Jattner.

Since returning to the ice, the club hockey team’s current record is 2-2-0 and they will play in 16 more games this season.

The Chanticleers will play the Citadel and Navy at the Carolina Ice Palace in Charleston, S.C. on Nov. 9 and 10.
As we all know, many college students are on a tight budget. Between tuition, car payments, gas money, and food, sometimes there isn’t a lot of extra money left over.

However, students would still like to be able to support their fellow Chants at their performances.

Associate Dean Amy Tully gives some information about discounted prices and free events.

“Not all shows are priced the same,” she said. “It depends on the popularity and who puts on the show. If it’s a student run event or faculty recital they are usually $7 [for students].” Performances not done by students may cost a bit more. The ticket money helps guest producers with the cost it takes to put on the best shows possible.

“Student event money goes to the upkeep of the recital halls and to equipment,” Tully said. “The cost of the arts, it’s expensive. The ticket prices help with cost. [But] students can get in free, depending on the event.”

At the cheapest shows, students can get a discounted price of $3. So, if you are tight on cash, but would like to support the arts, go to a $3 performance or one of the many available free events. Show your student ID for a discount. Free events can include lectures, film showings and some performances.

For more information visit coastal.edu/culturalarts
Women’s Basketball Picked 8th in Preseason Poll

Akilah Stroman // Reporter

Finishing 17-14 overall and 10-8 in conference and making it the Sun Belt Quarterfinals, the Coastal Carolina women’s basketball team looks to improve off such a strong season. Ahead of the 2018-2019 season junior center Naheria Hamilton was named to the Preseason All Sun Belt second team.

Looking to start preseason off strong, the Chants were set back due to Hurricane Florence. The school officially evacuated Sept. 11 and the students did not return until Oct. 1. With campus under evacuation and Horry County under mandatory evacuation, the team missed out on two weeks of preseason ball, but with a determined coach they were not away from the court much longer.

After the evacuation orders for Horry County and Myrtle Beach were lifted, head coach Jaida Williams stepped in, called her team and got them all a house on the beach and they were able to practice at the Myrtle Beach Sports Complex until campus was open.

Being evacuated for two weeks was a lot but they were able to make the best of the situation.

“I think [being evacuated for two weeks and not being able to practice on our own court] throws us out of rhythm a little bit with the beginning of our first official practice being on Tuesday, however our girls are resilient, and they have adapted and practiced extremely well since we’ve been back,” Williams said.

The team stayed focused and worked on improving.

“The focus was to continue to get better. I know everyone worked hard on individually improving their skill set as well as getting their strength and conditioning up,” Williams said. “This is probably the best group I’ve had in terms of holding each other accountable and getting better in the off season because it showed when they showed up to campus”

The difference between this years’ team and last years’ is yet to be decided. “This years’ team is yet to be defined. We had a phenomenal senior leader in Jas Adams, and now we have a team that is young but has experience together so I think who we are is yet to be determined but their work ethic and their team bond is unmatched so I’m excited to see what they do this year,” Williams said.

Coach Williams has high expectations and goals for her team this year.

“Our expectations are to continue to get better. I think we have the talent. We want to play hard every possession and working hard on defense and connecting on offense. We just want to make sure the building blocks we built last year are even better this year,” she said.

Senior guard Breelyn Blanding described how things have changed since her freshman year.

“I feel like I’ve gotten better confidence wise and believing in myself. Also, with experience, I’ve gotten better all around,” said Blanding.

Blanding explains what needs to happen in order to get back to the quarterfinals and beyond after the loss they have suffered.

“We need to stay together as a team. Last years’ team did a good job of knowing your role and not going outside of themselves so as long as we stay together and stay locked in, we should be fine,” said Blanding.

Blanding has set high expectations for herself and the team.

“Goals for myself would be keep improving each year and to keep contributing to my team anyway possible. As a team, I want us to get far and ultimately get to and win the conference championship,” said Blanding.

Finishing as the sixth leading rebounder and second leading blocker last season, Hamilton talked about what aspect comes most naturally to her.

“Talking to my team and getting them hype for the games and making sure they know what they are doing and all on the same page,” said Hamilton.

Hamilton was unhappy about being named Sunbelt honorable mention.

“I did not feel too good and I did not appreciate that. I felt like I deserved something better, but it is what it is,” said Hamilton.

But she does plan on making a statement this year and tells fans what they should expect from her this season.

“I’m coming back more powerful. More moves and a faster pace. Expect a double double every game,” said Hamilton. With the loss of Jas Adams, there are some big shoes to fill but that is no problem to junior guard Dj Williams.

Finishing Sun Belt second team after last season, ranking top 10 in six different categories, she is confident in her abilities.

“[I bring] leadership, scoring ability and my willingness to get defensive stops [to the team],” said Dj. “My jump shot has gotten much better. After the offseason, I really got in the gym and started working hard on my jumper, so I can have a great inside and outside game.”

Williams plans on making a statement on the court this season.

“We plan on coming out hard and finishing every game to the very end. We want to finish at the top and this team will be relentless on both ends of the court,” said Dj.

The women’s team is back in action on Nov. 6 against Western Carolina. Tip-off is set for 5 p.m. as it is part of a double header with the means where they will host Furman.
Coastal Carolina women’s soccer sees their season end in heartbreaking fashion

Ian Livingston Brooking // Editor in Chief

Coastal Carolina women’s soccer season ended with an overtime loss to the Georgia State Panthers in the Sun Belt quarterfinals on Wednesday, Oct. 31.

Georgia State hopped out to an early lead in the fifth minute when Lily Barron slotted home the cross from the right side of the field.

Coastal responded quickly though, thanks to a goal by Abby Gashel in the eighth minute. Gashel received the ball from teammate Hannah Miller and rifled a shot from distance that found the back of the net, evening the score at a goal apiece.

Despite going into the halftime break, the Chanticleers were the more dominant side in the final 15 minutes, creating chance after chance.

Coastal got their breakthrough goal in the 61st minute thanks to Sun Belt Newcomer of the Year and Coastal Carolina forward Hannah Miller. Miller’s goal gave the Chanticleers the 2-1 lead and the hopes of keeping the season alive.

However, Georgia State had other things in mind as Caitlin Ray’s goal in the 82nd minute tied things up between the Panthers and the Chanticleers. Georgia State’s initial shot was saved by Coastal’s Eva Knapstein but it wasn’t a clean save. The ball bounced off Knapstein’s gloves and rolled in front of the goal frame and that was when Ray smashed the ball into the back of the net.

The momentum that Georgia State had picked up from that goal carried over into the first overtime period as Brooke Shank barreled her way into the box completely unmarked and headed home the winner in the 94th minute, giving the Panthers the 3-2 win and ending the Chanticleers season.

Coastal Carolina ends the year with a record of 8-8-1.

Men’s Basketball Picked 10th

Akilah Stroman // Reporter

On Oct. 25, Sun Belt came out with the 2018-19 men’s basketball preseason rankings and Sun Belt honors, Coastal Carolina finished 10 out of 12 teams, and senior forward Zac Cuthbertson, earned preseason second team.

The Chants finished 15-18 overall and 8-10 in SBC play. They are returning eight players from last year with the addition of six new faces. After losing 66-73 to Texas State in the first round of playoffs last season, the Chants are looking to start fresh and go far this season.

On Oct. 8, the 2018-2019 schedule for the upcoming season was released. The schedule features 13 home matches. The Chanticleers will also participate in the Northern Kentucky Men’s Basketball Tournament from Nov. 16 to Nov. 18.

The Chanticleers’ schedule features rematches with Wofford, College of Charleston and South Carolina. All those games will be played on the road.

The Chanticleers will travel to Buies Creek to take on Campbell on Nov. 9 while their matchup with UNC-Asheville will be played in the tournament at Northern Kentucky on Nov. 17.

The Chanticleers trail in the series against Campbell, winning 19 games compared to the 22 games that Campbell has won.

Meanwhile, Coastal still holds a slim 38-34 series lead over UNC-Asheville. Cuthbertson, who averaged just over 14 points and almost seven rebounds last season, is in the spotlight for this upcoming season. Finishing second team last season, he comes in at second team for preseason as well. He scored double digits 25 times and recorded five double-doubles.

With the loss of Jaylen Shaw, the Chants have some big shoes to fill but with the addition of new faces and with the help of returners, they should be able to do big things this year.

Coastal played South Carolina State in an exhibition game on Saturday, Oct. 27. The Chanticleers defeated the Bulldogs 74-54 with junior forward Amidou Bamba leading the way for Coastal scoring 16 points.

The team will start their season Nov. 6 when they host Ferrum at 7:30 p.m. at the HTC Center. This game is part of a double-header with the women who will host Western Carolina at 5 p.m.
A southern connection: From South Africa to South Carolina

Ian Livingston Brooking// Editor in chief

Out of the 30 players on this year’s Coastal Carolina men’s soccer roster, half of the players are from overseas. Of those fifteen international players on this year’s roster, four players are from South Africa. And while several players have made an impact for the team this season, the headlines and stat sheets have been filled with the names of those that came from South Africa.

Yazeed Matthews, Tyrone Mondi, Tsiki Nstabeleng and Jeranimo Power all hail from country that sits at the bottom of the African continent. Both Matthews and Nstabeleng are from Johannesburg, South Africa and both players are the top two in terms of points accumulated on the team.

In fact, in terms of goals and assists, all four players from South Africa are represented in the top five in goals scored, assists and points. Of CCU’s 27 goals scored this season, 21 of them have been scored by Matthews (13), Nstabeleng (5), Mondi (2) and Power (1).

To go even further with that statistic, of the 21 goals scored by players from South Africa, 10 of those 21 goals were assisted by another South African player.

When watching these four play together on the pitch, it is like there is a connection between them. Matthews opened up about that connection and why that connection has played a huge role in the success of this team this season.

“We know that we are the most talented team when we step onto the field,” said Matthews. “Any game we go and play, we know what is expected of us. We go into each match with a certain kind of confidence, not just us four but the team as a whole.”

While all four players certainly hope to go on and play professionally, there is more to why they came to the United States.

“I value education,” said Nstabeleng. “Coming to the United States and to Coastal was a big step forward in advancing my education.”

Power agrees with his fellow countryman, stating that he too values an education while playing the beautiful game.

“For me, the biggest thing is the opportunity,” said Power. “We are exposed to things here in the United States that we aren’t exposed to back home such as certain facilities and ways to improve our game. Education is important as well. While we are all here to hopefully make it professionally one day, we are also here to get an education.”

Both Matthews and Mondi played at different colleges before coming to Coastal Carolina last season. Matthews played two years at Tyler Junior College, leading Tyler to back-to-back National Junior College Championship appearances in 2015 and 2016, winning it all in 2016.

Matthews talked about why he chose to finish his career here on the Grand Strand.

“Coastal felt like the right fit for me,” said Matthews. “I felt like they could certainly help progress my career and help pursue a professional career in soccer.”

Mondi, who came from a junior college in Ohio, said that seeing some players from South Africa on the team really drove him to Coastal Carolina.

“While we are all are from different areas of South Africa and come from different backgrounds, these guys are someone you can talk to or someone you can hang out with,” said Mondi.

While the four players from South Africa wreak havoc on the field, there is another South African watching from the sidelines. Kyle Timm, assistant coach for Coastal Carolina men’s soccer, is also from South Africa and played college soccer at Tyler Junior College.

“It’s been a fun season having these guys on the team,” said Timm. “Normally, I have had the opportunity to have a team where there is one South African at a time. This is the first time I have been a part of a team that have had four. For me, I know where they came from. I was once in their shoes once upon a time.”

It is difficult adjusting to life in college, especially as an international student. Power talked about the culture shock he experienced when he came to the United States.

“For me, there is so many things different here than back home,” said Power. “Different standards and different values but with Yazeed and Tyrone already being here in the United States, they were able to help give Tsiki and I some pointers on how to adjust.”

Mondi, Nstabeleng and Power all have some more time to play here at Coastal Carolina while Matthews will be leaving Coastal after this season.

Nstabeleng touched what he hopes to work on in the off-season.

“I hope to build on the experience I got on the field this year,” said Nstabeleng. “I want to become better each day and I know that if I work hard for it then I will reach that goal.”

The Coastal Carolina men’s soccer team will travel to Stateboro, Ga. to take on Howard in the first round of the Sun Belt Tournament on Wednesday, Nov. 7. The winner of that game will go on to play the top seed Georgia State Panthers in the semifinals on Friday, Nov. 9.

Kickoff between Coastal Carolina and Howard is at 7 p.m.
Coastal Carolina is set to host the 2018 Myrtle Beach Invitational at the HTC Center on campus on Nov. 15-16 and Nov. 18. The tournament will feature eight teams: Cal State Fullerton, Monmouth, St. Joseph’s, Central Florida, Valparaiso, Wake Forest, Western Kentucky and West Virginia. West Virginia is entering the 2018-2019 college basketball season ranked 13th in the nation.

The City of Myrtle Beach and Coastal Carolina University was granted the opportunity to host the 2018 Myrtle Beach Invitational after the way the City of Myrtle Beach and Coastal handled the quick turnaround that came with hosting the 2017 Puerto Rico Tip-Off.

Matt Hogue, Director of Athletics at Coastal Carolina University, talked about how the frenzy that was last year’s tournament helped prepare the campus and those involved for this year’s tournament.

“I am very proud to have this event because not only is this event a way to showcase our campus but I think the reason we have it this year is because of the way we exhibited ourselves last year in taking in the Puerto Rico Tip-Off and those conditions at the last minute,” said Hogue. “We exhibited what we could with an event like this and we did that very well across the board. Our efforts were recognized by ESPN Events and their officials and the schools that came and played here last year and that is why I think we were given this event permanently.”

Hogue also praised the University’s work with the City of Myrtle Beach and how both have come together to help put on and coordinate this event.

“[Coastal] has always been a part of the City of Myrtle Beach’s effort to increase sports tourism,” said Hogue. “Last year was certainly a concrete example of that.”

Hogue noted that there is much excitement for this year’s Myrtle Beach Invitational. Tickets for the event are already sold out.

“The tickets being sold out is a testament to the teams participating in the event,” said Hogue.

This isn’t the first time that Coastal Carolina has hosted a major tournament at the HTC Center. In 2014 and 2015, the campus played host to the Big South Conference Tournament, which saw Coastal’s men’s basketball team win it all both years and advance to the NCAA Tournament for the first time in two decades.

In 2017, the HTC Center played host to the 2017 ACC Women’s Basketball tournament. That tournament featured seven AP Top 25 teams, including the number two team in the country in the Notre Dame Fighting Irish and legendary head coach Muffet McGraw.

While Hogue expects the crowds to be larger than last year’s Puerto Rico Tip-Off, he says that the campus is prepared.

“This is not our first rodeo,” said Hogue. “We take our model based on events that we previously held and adjust it the latest event that is being held on campus. We already run basketball games. Now, we have to prepare to run four games in one day.”

The Myrtle Beach Invitational tips off at 11:30 a.m. on Thursday, Nov. 15 at the HTC Center with Saint Joseph’s taking on Wake Forest. That game will be followed by Central Florida and Cal State Fullerton at 1:30 p.m.

The later games on the night of Nov. 15 will be Western Kentucky taking on Valparaiso at 5 p.m. And West Virginia gets the primetime game at 7 p.m. as the Mountaineers go up against Monmouth. All games will be televised on an ESPN platform (ESPN, ESPN2, ESPN3, ESPNU or ESPN+).
Coastal students open up about the importance of voting

Gianna Fine // Reporter

After Halloween, as college students, our next favorite (what should be) holiday is Election Day on Nov. 6. With the midterms approaching quickly, everyone took to Twitter and Instagram to share their take on the importance of voting, which had me asking myself: What is the importance of voting?

It is a question and subject that I brought to David Goodson, former president of Coastal Carolina University Republicans and Erin Martin, current President of Coastal Carolina University Democrats.

While both parties are in opposition about most of the popular issues such as gun law reform and abortion, Goodson and Martin both seemed to agree on the importance of voting.

“Voting is important because we are a nation that is built on democratic values and citizens. In fact, the main idea of direct representation allows for your direct access to your elected peers,” Goodson said. “When a person votes, they are saying exactly how they think government should operate.”

Martin believes it is important to make our voices heard because we can and we should.

“Voting is important because it allows your voice to be heard through your designated representative. The United States has a democratic institution in place, all voting age citizens should take advantage of rights given to them and exercise and take advantage of them because some countries do not have these same rights,” Martin said.

Our ability to vote is something that people have fought for years. Women had gotten the right to vote in 1920 which was 131 years after the first Presidential Election. By 1963, African Americans were given the right to vote in most states.

However, it was not until 1965 that the Voting Rights Act had been passed and states could no longer impose discriminatory restrictions on voters.

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During any election people always seem to ask “before voting for candidates, how should voters prepare for an election?”

Goodson claims that voters should research candidates to make sure that they meet their standards.

“For example, before I voted for Governor McMaster,” said Goodson. “I researched his views on things that I truly believe in. Just because a person is of the same party, doesn’t mean that they represent the same values. Research is key.”

Martin had a similar response.

“Voters should research candidates thoroughly through multiple news sources and other media. Personally, I switch between the New York Times and the Wall Street Journal and compare how each news outlet describes the candidate. They should also watch debates, interviews, and news conferences to get a feel for what the candidate is like,” she said.

The common theme that seemed to be going around was research. Research, research, research.

While the candidate(s) you have in mind may want to build a wall to keep immigrants escaping poverty out of ‘your’ country, research to ensure that they have a history of being consistent with certain political or business ventures. Research what members of opposing political parties and non-political acquaintances say about the candidate(s).

Keep in mind what that candidate is willing to promise for the next x amount of years for whatever position they are running for. The actions they carry out through their term affects our and upcoming generations’ futures.

The generations of Millennial and Generation Z tweeted and posted during the 2016 election, claiming that they were “unbothered” about the presidential election—there was no possibility of Trump winning according to them.

Goodson claims that people our age played a great role in grassroots, but not in the actual election.

“In the midterms, I believe younger people will turn out in higher numbers because you have a lot of younger candidates,” said Goodson.

Martin believes that younger people need to start showing more interest in our government.

“I think our age group could have shown up to the polls more,” said Martin. “In my personal experience, a lot of my friends didn’t care to vote out of lack of interest or they truly were not satisfied with either presidential candidate. Our age group needs to show up to the polls or apply for an absentee ballot because voting is important, whether it is for your local or federal government. We can’t sit behind our phones and tweet and argue and not put action to it.”

Out of 138 million Americans who had voted, 19% were ages 18-29. Young Americans boasted over social media of Clinton winning by a landslide, but the turnout of older groups who had voted for Trump (40-65+) was 64% of those who voted (the remaining 17% had voted for Clinton and was between ages 30-39, making that 36% in favor of Clinton compared to Trump’s 64%).

Goodson voiced his opinion about what voters should want future politicians to work on in terms of policies and the future generations.

“I believe that voters should be realistic when they hear absurd things like Medicare for all that will cost $32 trillion dollars”, says Goodson. “They should ask how it will be paid for. I believe future politicians should work on lowering our deficit and responsible spending.”

Martin stresses the importance of researching your candidates.

“Voters should align themselves with candidates that have similar values that they have or value that they aspire to have... do research on the candidate and see if they have kept promises in the past. Don’t fall for unrealistic promises because you cannot trust a candidate that cannot follow through on their word. Our age group should really look at health care policies and education reform because they directly affect our futures and our children’s futures. We need serious health care reform, especially in regard to Social Security,” she said.

The act of voting is a democratic action. Majority of people vote with self-interest—especially when they are afraid for their futures.

We need candidates in office who care about those who differ from the 1%. These candidates need to have interest in reducing the poverty level. They need to have goals set to reform healthcare and education expenses so that they can be affordable. Environmental sustainability is another issue to be focused on, as the United Nations estimates we have 12 years to slow climate change. These are not unrealistic goals to put energy into. The United States has the resources, it has the money, but the distribution of both of those lies in the hands of politicians.

In case you were unaware, the midterm election is where all 435 seats in the United States House of Representatives and 35 of the 100 seats in the United States Senate will be contested. Also, 39 state and governorships along with local and state elections will be held. Local elections affect our country as much as federal elections do.

As November 6th nears, voters need to check their registration.

You can do this through USA.gov and through Rock the Vote. If there is an issue with your registration, immediately contact the help number on those websites. There have been registration sweeps where felons have been taken out of the voter system but some non-criminal citizens have been as well—please ensure you are not one of those people!

Registration has come and gone, but before the next election check your state’s rules and regulations about registering if you have not. You can also automatically register at the DMV when you are issued a new license. Do not forget that if you are not in your state where you are registered to vote that you need to cast an absentee ballot.

If you do not know where your polling location is, Google has a great tool to aid you in finding out. Simply Google, “Where is my polling location” and a new module at the top of the search should ask you for your address to find your polling location.

Have your voice be heard. Exercise your right to vote. You may think that your vote may not mean much, but that mentality is why we have who we have in office. Whether you favor this administration or not, it is not controversial to say that this administration does not have everyone in mind in their policy-making.

Vote with the intention to make the community. Make yourself familiar with candidates and pay attention to their history before they attempt to change the course of ours.
Where on campus can you get help for eating disorders

Krystina Millar // Reporter

Picture this: you are at your annual check-up with your doctor, and you tell her you’ve been experiencing several symptoms that interfere with your daily life. She diagnoses you with a common medical condition that affects millions of Americans. You need treatment for your illness. Without treatment you could suffer permanent physical damage, worsening mental health, or even death. You begin to look into your treatment options, but quickly realize that getting help will be more difficult than you imagined. Depending on the severity of your condition, you may have to spend thousands of dollars for specialized care, drive hours to treatment providers, or settle for seeing local health care providers who have little experience treating your illness.

Unfortunately, this is the reality for people suffering from an eating disorder in the Myrtle Beach area—Coastal students included.

Recent research findings from a study of undergraduate and graduate students at 12 U.S. colleges and universities indicate that an estimated 17% of women and 5.5% of men in college engage in disordered eating behaviors and are at risk for developing a clinical eating disorder.

Common symptoms of an eating disorder such as dieting, preoccupation with one’s body, excessive exercise, self-induced vomiting, and binge eating are becoming increasingly normalized—especially due to Western society’s obsession with bodies and dieting.

Other research indicates that students with eating disorders often do not get help. Researchers at the University of Michigan, Stanford, and Vanderbilt found that, for people with positive screenings for an eating disorder, only 48% thought they needed help, and only 15% sought treatment. These statistics are alarming in and of themselves, but become much more alarming when considering the lack of resources available on Coastal’s campus an in the Myrtle Beach area as a whole. Even among those who do want help for their eating disorder, they may not have access to the resources necessary to make a full recovery.

For CCU students who are experiencing symptoms of an eating disorder or students who have been diagnosed with an eating disorder, a lack of publicized help can mean that those who need help but are unfamiliar with what help is available, delay recovery.

While CCU Counseling Services does an excellent job with publicizing help with stress management, depression, and anxiety, and help for survivors of domestic violence and sexual assault, there is no established, guaranteed eating disorder recovery support group, and the Counseling Services website only briefly mentions eating disorders in reference to as needed group counseling. Similarly, neither the exercise consulting nor nutrition consulting pages on the LiveWell website mention eating disorders.

Additionally, Dining Services and CCU Recreation fail to publicize risk factors, signs and symptoms, and resources for eating disorders. There is no mention of eating disorders on the CCU Food Crew website or social media pages.

Molly Ford, a dietician at Dining Services here at Coastal Carolina University, offered an explanation as to why there is no mention of eating disorders.

“Dining Services kitchen staff members are not able or qualified to provide medical advice,” said Ford. “Therefore, they do not provide information about eating disorders on our CCU Food Crew website or social media site. Eating disorders is a counseling-related topic and eating disorder support information can be found on the Counseling Services website.”

However, I would argue that having better publicized resources and more inclusive health and wellness guidance is not medical advice.

Dining Services has a section on the website titled “Health and Wellness” for a reason. Having a healthy relationship with food and prioritizing wellness includes not taking dieting or exercise too far. The “Health and Wellness” section of the CCU Food Crew website would be a prime place to provide resources and education about eating disorders—especially since many eating disorder behaviors are normalized, such as chronic dieting, obsessing about nutritional information, and cutting out food groups without a medically-necessary reason. Even a brief mention of the warning signs of an eating disorder may be the difference between someone recognizing they have a problem or not.

For people who engage in excessive exercise as a symptom of their eating disorder, there is no mention of eating disorders or excessive exercise on the CCU Recreation website, Facebook page, Twitter, or Instagram. For students who are seeking help, but do not know where to find it, the lack of resources on the Counseling Services, LiveWell, CCU Dining Services, and CCU Recreation websites and social media pages are likely to delay their contact with treatment providers or prevent them from getting help at all.

Jody Davis, Director of

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University Recreation, noted that the Live Well Office, rather than University Recreation, are in charge of promoting programs and information related to wellness on campus.

Even so, there are few references to eating disorders on the Live Well website. Perhaps the Live Well Office and University Recreation can promote exercise and wellness without focusing primarily on weight loss and bodily appearance, and opposing the pervasive “no days off” mentality. Individuals should exercise because it feels good and improves health, not because they are burning off their dessert or feel guilty for taking a day off.

While some people may argue that students in recovery or seeking treatment with an eating disorder can look to outside providers to meet their needs, a lack of resources available in the Myrtle Beach area further exemplifies the need for more resources on the CCU campus. There are a host of counselors, dieticians, and physicians in the Myrtle Beach area, but access to health care providers with specialized training and experience treating eating disorders is crucial for recovery given the range of physical, mental, and emotional symptoms associated with an eating disorder.

As of now, there is only one eating disorder-specific support group in Myrtle Beach, but since it is off-campus, students without reliable transportation are not likely to have consistent access.

Furthermore, the financial barriers associated with treatment and traveling to receive care limit access for low-income students, students without health insurance, or students with time constraints due to family responsibilities and jobs. CCU should look for ways to improve support services for students with eating disorders at least until better resources are available in Myrtle Beach.

One former Coastal Carolina student, who has asked to remain anonymous, gave their input about the lack of resources and services for Coastal students. “I went to talk to a therapist on campus, and they referred me to another person outside of campus who was going to charge $100 an hour,” said the student. “So, no. There were literally no useful resources on campus. I truly believe if they had offered better options I would have had an easier time in recovery.”

Students need reassurance that University services and staff will take their symptoms seriously. Given the frequent misconceptions about who develops an eating disorder and what someone with an eating disorder looks like, students also need more comprehensive and widespread education about the realities of eating disorders.

Another Coastal student, who also wished to remain anonymous, gave their thoughts about the struggle that comes with mental health problems. “I think that if there wasn’t such a stigma around someone being bigger that they’re automatically unhealthy that more people would come forward and get the help they need,” said the student. “From my own experiences, I can definitely say that that is something that has stopped me from getting help because I’m afraid that all they’re going to tell me to do is lose weight, which isn’t what that’s about at all. Eating disorders are present in all body types, and I think that’s something light needs to be brought to more.”

Until these issues are addressed, and until the University improves the publicity and availability of resources for students with eating disorders, students will continue to suffer in silence, delay recovery, and be limited in their abilities to reach their potential as students and achieve optimal well-being.

For students in recovery from an eating disorder or those who struggle with food and body issues, consider attending a weekly, student-led support group on Tuesdays at 6pm in LJSU A104. For clinical services, contact Counseling Services at 843-349-2305. Additionally, a crisis helpline is available through the National Eating Disorders Association at 800-931-2237.

17% of women and 5.5% of men in college engage in disordered eating behaviors.

“I think that if there wasn’t such a stigma around someone being bigger that they’re automatically unhealthy that more people would come forward and get the help they need.”
Where to park on campus

Directions to Buildings east of U.S. 501
(in the Atlantic Center) From University Boulevard, go across U.S. 501 and yield to the right at the four-way stop.

Directions to Band Hall
From University Boulevard on the main campus, turn right on U.S. 501. Go 0.6 miles (0.96 km) to the first traffic light (in front of Lowe’s) and turn left onto Century Circle. Cross the railroad tracks and take the first right on Whistle Stop Road; go one block to Winyah Road and turn right to cross the railroad tracks again. The University Band Hall is located on the left.

Directions to University Place
From University Boulevard on the main campus, turn left on S.C. 544. Go 0.5 miles (0.8 km) to the first traffic light and turn right on Jackson Bluff Road. The next immediate right is the main entrance to University Place.
Editor’s Note

Ian Livingston Brooking // Editor in Chief

There were so many things that have happened since we stepped onto campus that are worth mentioning in an ‘Editor’s Note’. From Hurricane Florence to Brett Kavanaugh to even some guy named Brother Nature coming to campus, there is a plethora of topics I could discuss. Instead, I will choose to talk about none of them.

I want to take this time to say that no matter what story is out there, we at The Chanticleer will do our very best to cover the topics that matter to CCU students, faculty and staff. We certainly have had some setbacks the past few weeks. However, I can assure you that the staff at The Chanticleer is dedicated in being the voice of the Coastal Carolina student body and finding the truth.

To Coastal Carolina students, welcome back (for the second time). We look forward to working with you and for you, each and every day.

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thechanticleernews.com
November/December Movies

The Coastal Theater Box Office hours: Friday and Saturday, 5 - 11 p.m.

Ticket prices: $2, includes one free popcorn. Previews start five minutes before show time.

Tickets may be purchased in advance beginning on Friday of movie night at 8:30 a.m.

Must show a CINO, CCU Alumni Association or HGTC ID Card to purchase a ticket(s).

Nov. 2 - 3
6 p.m.: “A Simple Favor”
9 p.m.: “Searching”
6 p.m.: “Searching”
9 p.m.: “A Simple Favor”

Nov. 9 - 10
6 p.m.: “Crazy Rich Asians”
9 p.m.: “Mile 22”
6 p.m.: “Mile 22”
9 p.m.: “Crazy Rich Asians”

Nov. 30 - Dec. 1
6 p.m.: “Mamma Mia! Here We Go Again”
9 p.m.: “The Nun”
6 p.m.: “The Nun”
9 p.m.: “Mamma Mia! Here We Go Again”

Dec. 7 - 8
6 p.m.: “The House with a Clock in its Walls”
9 p.m.: “Night School”
6 p.m.: “Night School”
9 p.m.: “The House with a Clock in its Walls”

*Movies are subject to change due to availability.*