Getting to know Coastal Carolina University’s quarterback Alex Ross

Dameon Ouzts

Coastal Carolina's starting quarterback Alex Ross has developed quite the resume in his time at the university.

The 6’1 senior from Alpharetta, GA has had a huge impact on the recent success of the program, leading the Chanticleers to a 26-5 record while averaging 197.4 pass yards and 38.7 rushing yards a game. If that’s not enough, Ross finished his junior campaign as the Big South Offensive Player of the Year and a finalist for the Walter Payton Award.

Before he was shattering records at the collegiate level, Ross was already molding his game after some of the game’s greatest. Growing up, he looked up to quarterback Michael Vick, saying that he loved “…the enforcement [Vick] brings to the game with scrambling around and making plays with his legs.”

Now he shapes his craft after Super Bowl champions Brett Favre and Drew Brees, expressing that “Brees can run when he has to, but would rather throw. There’s not that many QB’s in the league around.”

Ross also wears the number 4 to honor Favre’s legacy.

The business management major believes in the inside of football. Ross would describe himself as a person that values family and friends dearly. He spends a majority of his off time with his family, watching them play and spending time together.

Coastal Carolina is making waves

Ian Brookin

The first students for the new program were taken in fall 2014. The program itself is a four to five year degree. The program is very new to Coastal Carolina.

Those who want to go to an even higher level in their marine science education now have that very opportunity.

In 2012, Coastal Carolina established the doctoral program for coastal & marine systems science. This meant that students who received their master’s degree could pursue a PhD.

The goal of this policy was to make the campus a better place for students, faculty, and visitors. Decreasing the amount of smoking on campus would make students who did not smoke feel more comfortable walking around campus and overall help the environment.

Most students and faculty members have questioned what is and what is not considered a violation of the policy in terms of cigarettes versus electronic cigarettes. The policy states that “all forms of tobacco and smoking-related products, including but not limited to, cigarettes, cigars, pipes, chewing tobacco, snuff, water pipes (hookahs), halis, kretek, smokeless tobacco, electronic cigarettes (e-cigarettes/ e-pipes) and other devices allowing for the ingestion, combustion, inhalation or other use of tobacco will be prohibited from use on campus.”

Martha Hunn, the Director of News and Human Affairs, said that violation of the policy can result in disciplinary action for employees who refuse to comply. Students who violate the policy and refuse to comply are referred to the appropriate area within the division of student affairs.

Since the policy was enacted, the policies enforcement has been minimal to no action taken place.

Students and faculty can be seen throughout campus disregarding the policy and smoking behind buildings, trees, and on the way to class.

According to Public Safety, no enforcement, such as citations or fines, can be made to people choosing to continually smoke on campus.

The state does not have any laws against people smoking, including on campus, making the policy enforcement difficult.
EDITOR’S NOTE

Samantha Bergold
Editor-in-Chief

Over the past weekend, I was beyond excited to go to our first home game on the teal turf. I enjoyed the beginning of the game from the student section with my fellow reporters. After halftime was over, I went down to the sidelines to check on our photographer and take live photos/video for The Chanticleer’s social media.

When there was a pause in the game, I wanted to take a photo of myself with the teal turf. I thought it would be awesome to have a selfie to show my grandchildren in fifty years. To show them that I was there, on the sidelines at our first game on the teal turf.

I was apprehensive to take the photo, feeling like someone would most likely say something. The Chanticleer photographer and reporter I was with told me that no one would be looking at me or say anything.

Meanwhile, when I took the photo, there was a pause in the game. When I took a photo of my photographer on the field, he did not say anything.

When the Dean of Students took photo, he did not say anything.

If I was a man taking that selfie, that guy would not have said anything.

The underlying message he said that I was ‘telling me’ that I do not belong there.

I do belong there. I am a female student reporter and I have a right to be treated equally and taken seriously everyday.

I am a female student reporter and I deserve to be treated equally.

I go to take my selfie and sure enough, a guy screams at me, “there is a game going on behind you.”

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I go to take my selfie and sure enough, a guy screams at me, “there is a game going on behind you.”
Hicks Dining Hall offers new food options

Karen Thomas
ASSISTANT EDITOR

Hicks Dining Hall expanded over the past year by 5,728 square feet. This expansion provided three additional food stations, a beverage station, and about 175 additional seats for diners.

Jeff Stone, Director of Food Service at Coastal Carolina University, said the expansion offers more food options to students.

“The purpose was to expand offerings for students,” said Stone. “And to increase the capacity since the resident halls are being built.”

An American grill and bakery food stations were added. The deli was also redesigned to operate more efficiently.

“The culinary team worked hard on creating new recipes for campus,” said Stone. “This has created more variety in the menu. We also re-arranged the pizza station to “oven” to bring additional variety to the menu.”

Students can now download the CampusDish app on their phone to see the daily menu. The menu is also available on the www.coastaldine.com website. Along with the menu are the ingredients, nutritional info, and allergen information.

If students want additional nutritional information there is a dietitian on staff that will help students understand the foods they have and how to make the best choices for themselves.

“We have always offered healthy food in Hicks,” said Stone. “There are many choices to choose from and students, faculty, and staff can make the best choices for themselves by using our CampusDish app, our website, and our Healthy for Life menu cards at each station to pick what to eat.”

For instance, if a student did not have their CISO card on hand, they would show a picture of their card from their phone to scan at Hicks or CISO. This year’s students must have their CISO card on hand. If the student does not have their card, then they can pay money out of their own pocket.

In addition, students who have unlimited, bronze, or teal meal plans cannot swipe in for another student.

“I love the fact that students who wish to make such, said Stone. “Look forward to seeing continued growth and changes to come.”

Homecoming week rings
Forever Teal

Halle Bonds
REPORTER

This year’s homecoming has the theme of “Forever Teal.” Events will take place September 29th – October 2nd.

The homecoming committee made up of students, faculty, and staff in the months in advance to throw out ideas of events and things to happen.

Sierra Hartstein the Associate Director of Student Life described the idea behind this year’s theme.

“Alex Scoua, who works in the athletic department brought up a situation where Coastal lost a game and it was a real bad loss because people were tweeting about it saying no matter what the score, no matter what happens, we will be forever teal, and it turned into a hash tag,” said Hartstein. “We are really focusing on bringing the alumni together with the students this year, so no matter what you do, where you go, you will always be forever teal.”

The banner completion will kick off homecoming week, judges will go around to view banners created by teams around campus.

The Miss Coastal Carolina University pageant will take place that same night at 7 p.m. in the Watson Auditorium. Our Editor-in-Chief, Samantha Regnier, will be hosting the event.

Forever Teal, Coastal Carolina Activities Board will throw the Chantfest event. Chantfest is a “mini” CISO day with food and activities.

FROM COASTAL CAROLINA (PAGE 1)

Believing select doctoral degree programs.

“us to become a Level 5 university, our school’s profile has to meet new accreditation standards,” said Dr. Viso. “This meant that our school had to be properly trained to properly manage our school. That meant that our school had to be in use at the Coastal Science Center.”

This fall, it is believed that roughly 1,000 marine science students will have walked onto this campus wanting to major in Marine Science. Marine science coursework is rigorous and requires lots of effort, passion, and drive to succeed.

Dr. Gayes has advice for students who are wanting to pursue a PhD in coastal and marine systems science.

“Talk to people,” said Dr. Gayes. “Keep your eye open. Don’t be overly deterred by the subject matter just because it is something you are not interested in. Lastly, make the best of your experiences.”

The possibilities are everywhere for a student at Coastal Carolina to excel in marine science. The marine science department at Coastal Carolina is making waves. These waves will get bigger and bigger as the years go by. 

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Fat shaming YouTube star pleads satire

YouTube phenomenon and comedian, Nicole Arbour, recently released a video that many people found very offensive. In the video “Dear Fat People,” Arbour calls out the “99% of North Americans that are obese.”

The entire video dismisses fat shaming as a real issue in society today, while also acknowledging great feats of controversy. “Fat shaming is not a thing,” said Arbour, “Fat people made that up.”

Not only does she downplay the problem of fat shaming in society, she also manages to lessen the importance of discrimination against many parties by addressing these issues as “��nd.”

“There’s a race card, there’s a disability card, there’s even a gay card,” said Arbour. “Because gay people are discriminated against, wrongfully so. The gay card is covered in glitter. It’s—magical.”

She红线onishes offensive content if it will convince a certain group of people to change.

“Fat shaming, who came up with that?” asked Arbour. “That’s—brilliant, Yo! Shame people with fat bodies until they f—-g stop.”

Dr. Mark Flynn, Assistant Professor of Health Communication at Coastal Carolina University, is disappointed at how Arbour said her online following for negativity.

“You have somebody on an online presence and public platform,” said Dr. Flynn. “And for them to see it is such a negative way on such an important social issue is disappointing.”

Arbour, who being so offensive triggered a massive amount of backlash, Arbour’s YouTube account was suspended for a short amount of time before she ultimately removed her membership.

She is also claimed that she was just trying to be funny in a response video titled Most Offensive Video.

“Although Arbour pleads satire, no one is buying it,” said Donna-Raine Haines, Assistant Director and Outreach Coordinator for counseling services at Coastal Carolina University. She does not think she is kidding.

“I think she was expressing the way she felt,” said Donna-Raine.

The satire video dismisses fat shaming as a real issue in society.

“She was minimizing a lot of people and their own life experiences,” said Donna-Raine.

“She was not only saturating me with the issue with this video, but causing that society that just is not true yet. "I'm glad people are responding the way they are responding," said Dr. Flynn. "I just hope enough people see the issue with this video, but I don't think society is change yet."

Dr. Flynn urges people to get the message out to a positive one while remembering this is not an easily fixable problem.

"We need more campaigns," said Flynn. "To help people realize that this is not a problem that is fixed by diet and exercise alone. If it was, it would have been fixed a long time ago."

The year of Miss CCU 2015

Natalie Francis-Harris, Miss CCU 2015, is a senior communication major with a minor in music. She was born and raised in St. Thomas, the United States Virgin Islands.

“My entire family is from the Caribbean,” said Francis-Harris. “My grandparents are from the Virgin Islands.”

When she is not wearing her crown, she can be found teaching Zumba in the HFC.

Francis-Harris said she met many great people and has been involved in many rewarding services as Miss CCU 2015.

“I have had so many confidence building experiences,” said Francis-Harris. “The experiences have left me completely humiliated in my position as the first woman in my family to go to college, not to mention the fact that we are now involved in pageantry.”

Francis-Harris said this last year at Coastal Carolina has been a favorite and that she has made many great memories.

“My favorite memory was definitely singing the national anthem at Relay for Life,” said Francis-Harris. “It was always my dream to sing the national anthem anywhere and I finally got to do it during such a rewarding event.”

Francis-Harris said Miss South Carolina was an extremely difficult, exciting, and rewarding experience for her.

“Never in my life would I of any one in my family think that an island girl like me would be competing in the Miss America Miss South Carolina Pageant,” said Francis-Harris. “My sole purpose for entering was so that Coastal Carolina University could have a representative, just as we have in athletic competitions.”

Francis-Harris said her goal was to be the best representative for the university, physically, mentally, and emotionally.

“I left the competition with The People’s Spirit Award,” said Francis-Harris. “This is an award completely based on personality and how you represent your personal character.”

On November 29th, Francis-Harris will be competing as Miss Coastal Carolina USA in the Miss Coastal Carolina USA pageant. "Now that I have a foot in my 30th year, I am less nervous, and more excited to represent who I am on the outside and hopefully answering my one question well enough to represent myself on the inside. I’m just excited for the experience and for the people I’ll get to meet.”

Francis-Harris said she is looking forward to seeing the contestants perform their talent.

“The talent portion is definitely my favorite part of the pageant,” said Francis-Harris. “I’m also looking forward to meeting the winner and giving someone else a chance at this beautiful opportunity.”

Francis-Harris said she is excited to see who will be crowned Miss CCU 2016.

“Going to be beautiful watching our new queen share a similar experience to holding a title as great as this one is,” said Francis-Harris. “I am excited to help and mentor her in times if or when she may need.”

Francis-Harris will be assisting the CAB pageant duo to create a smooth transition for the next Miss Coastal CCU into her preparations for Miss Coastal South Carolina in June.

“I am excited to welcome our new queen into the wonderful world of the former and present Miss Coastal Carolina Queens,” said Francis-Harris.

We’re not old news.

Keep up-to-date with Coastal Carolina University news and events.
Testing, Testing, Are You Stressing?

Katie Estabrook
REPORTER

It is the night before a big test in a class. You have been up studying for hours trying to cram any last minute information that you can, usually to no prevail.

Test stress is something that affects every single college student. Maybe you are a procrastinator, a bad test taker, or you never learned how to properly study. This stress is real and it impacts every student’s performance in a class.

Tracey Geary, a sophomore marketing major at Coastal Carolina University, experiences pretty severe test anxiety.

“I get really nervous about exams,” said Geary. “I tend to over prepare and over study which causes me to stress out more.”

Studying last minute or over studying can actually intensify the anxiety and ultimately cause you to do worse on the exam.

“You have to come to the point where you realize that you can’t learn anymore material,” said Geary. “Accept it, move on, and kick that exam’s butt.”

There are many tips on how to overcome test anxiety. Chris Donevant-Haines, Assistant Director and Outreach Coordinator for Counseling Services at Coastal Carolina University, said there are many things students can do to conquer test stress.

“I think one of the best things someone can do is be as prepared as possible,” said Donevant-Haines. “A lot of people who experience test anxiety experience it because they don’t really feel like they know the knowledge backwards and forwards. Many students may think that they do not have the proper set of studying skills to be successful.

Donevant-Haines proposed a range of techniques to help any student be as prepared as possible.

“I encourage study groups, or partnering back and forth to quiz each other,” said Donevant-Haines. “Have somebody who is not in the class, like your roommate or friend, to quiz you so that they can objectively tell you if you know the material or not. They will be honest with you.”

After the first exam in a class, it is pretty easy to see how that professor is going to format his or her tests.

“Often the first exam by a professor is very telling,” said Donevant-Haines. “You can start to predict what kind of questions they give, rather it be multiple choice or essay, so that you can prepare.”

Becoming familiar with your surroundings and creating a routine in the classroom is very important when it comes to a student’s success.

“Create comfort in your space and get to know your classroom,” said Donevant-Haines. “Get there early and sit in the same seat everyday.”

Before taking an exam, make sure to take a breath and relax. Being relaxed can make you feel confident and then pass your exams with ease.

“I go on a run or do some yoga the day of a big test,” said Geary. “It helps me relax and clear my mind so that I can focus and do the best that I can.”

Write for The Chanticleer.
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<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Sunday, September 27</td>
<td>Banner Competition</td>
<td>12pm</td>
<td>Jackson Student Union</td>
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<td></td>
<td>Miss CCU Pageant</td>
<td>7pm</td>
<td>Wheelwright Auditorium</td>
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<td>Monday, September 28</td>
<td>ChantFest</td>
<td>11am-2pm</td>
<td>Prince Lawn</td>
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<td>Tuesday, September 29</td>
<td>Teal Tuesday</td>
<td>9am-5pm</td>
<td>Office of Student Life</td>
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<td></td>
<td>Paint the Town Teal</td>
<td>5pm</td>
<td>Downtown Conway</td>
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<td>Can-struct</td>
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<td>HTC Center</td>
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<td>Wednesday, September 30</td>
<td>Chaucney's Treasure Hunt</td>
<td>12pm-8pm</td>
<td>Across Campus</td>
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<td>Throwback Bingo</td>
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<td></td>
<td>10pm Hicks Dining Hall</td>
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<td>Thursday, October 1</td>
<td>Tea &amp; Ethics</td>
<td>3pm</td>
<td>Student Union Theater</td>
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<td></td>
<td>Talent Show</td>
<td>7pm</td>
<td>HTC Center Arena</td>
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<td>Friday, October 2</td>
<td>Open House</td>
<td>11am-2pm</td>
<td>Student Union</td>
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<td></td>
<td>Alumni Teach Day</td>
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<td></td>
<td>Various locations on campus</td>
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<td></td>
<td>Annual Golf Tournament</td>
<td>11:30am</td>
<td>Hackler Golf Course</td>
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<td></td>
<td>Office Decoration Contest</td>
<td>3pm</td>
<td>Various Offices</td>
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<td></td>
<td>Bonfire</td>
<td>6pm-10pm</td>
<td>Woods Pavilion</td>
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<tr>
<td>Saturday, October 3</td>
<td>Alpha Phi Alpha Charter</td>
<td>11am</td>
<td>Student Union A201</td>
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<td>Member Recognition Brunch</td>
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<td></td>
<td>Most Spirited Tailgate Competition</td>
<td>3pm-5pm</td>
<td>Chantourage Alley</td>
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<td></td>
<td>Homecoming Game vs. Alabama A&amp;M</td>
<td>6pm</td>
<td>Brooks Stadium</td>
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For more information about all of these events, please visit coastal.edu/osal/
Coastal Carolina undefeated

Jessica Watler / Staff Writer

On September 19, 2015, Coastal Carolina University played against Western Illinois University for the third game in the Big South Conference. Although the game itself was proved to be a true nail biter, Coastal Carolina pulled out another win, making this the third win of the season and making the Chanticleers an undefeated team.

As the stands were filled with over 3,000 students and fans, the first home game became sold out, reaching new levels to Chanticleers appreciation. Students filled the student sections and cheered till the very last seconds when the ball was in play. The noise of the fans provided a safety to make the players feel like we were going to be there every step of the way and every play of the game.

The game was filled with good plays and poorly executed plays, but there is no team out there that would not have played the exact same way.

The game plan did not change when the game ended for during the press conference, Coach Joe Moglia kept the “type” alive. Moglia made comments about how both offense and defense still had room for improvement, but executed plays the best they could. The team as a whole played better defense in that last sample of defensive stands, but their tackling was not as good as it should be.

During the game, too many plays were made my way that it was more to maintain discipline. “Mike was better, battle was good, discipline could be better,” said Moglia.

Moglia was asked about how he felt about how the team reacted in facing four different deficits in the game. He originally stated that that was too tough of a question. “We may not have a great night,” said Moglia. “We may not play as well as we should all the time, we may make some mistakes, but there is not a chance of surprising him down.”

Moglia also said he was very proud of the way Alex Ross, Quarterback, played like a warrior throughout his injury in the first quarter.

Alex Ross continued to play while inducing the pain to keep playing with his fellow teammates. Demita Slavens, wide receiver/ kick returner, is one career kickoff return touchdowns away from tying the FCS record making all of Chanticleer extremely proud.

For a guy that fills the mat about nearly Sunday, the numbers don’t mean that much to him. His dedication to be prepared for every Saturday shows in his pregame ritual.

“As a quarterback, I feel it’s not about getting hyped up,” said Ross. “It’s about going through things in your head that you need to be prepared for. I like to do the bible before every game, sit down and just review what we’re going to do for the game plan…”

For more information on these certifications, please contact Ian Brooking, RM, at brooking@coastal.edu, or call 843-394-2695.
Anger Screening Day

Thursday, September 24th
11:00 a.m. – 1:00 p.m.
Prince Lawn
Sponsored by Counseling Services

ANGER is only one letter short of DANGER

Unleash your creativity with us.
The Old Bull and Bush is a hidden gem off of bypass seventeen. When you walk in, you are immediately transported to a small pub in England. With its dark wood walls, few windows, and lithe signs you feel like you are no longer in Myrtle Beach.

The lunch menu featured British classics like fish and chips, pasties, Yorkshire pudding, steak and ale pie, and even an Irish stew.

The real test of a British pub is to try the fish and chips. What you look for the most is a flaky breather on a tenderly cooked fish, chips that are more like potato wedges, and most importantly, taste and appearance.

The fish that came out was a huge piece of cod that took up a lot of the plate, thick broiled chips, all served over a fake newspaper giving it even more of an authentic vibe.

The price on the fish and chips will put you down about $9 at both lunch and dinner. The prices range from $14 lunch specials to £3 dinners, and there is always a different special of the day.

In all, all will not be leaving hungry. You will walk out forgetting that you were in Myrtle Beach to begin with.

Katelie Gandee
reporter

MUSIC

TRAVIS SCOTT

The sound of the album is best summed up in four words... The entire album sounds big. Travis Scott’s use of music to portray a message that is “for the youth,” the massive layered instrumentals, and the big name guests and producers all equally help to create this massive sound and atmosphere.

At times it feel like the mass amount of music was used to make Travis Scott’s lack of art or lyrical ability. He is at his best when using his voice as another layer of the instrumentals, rather than trying to rap. Scott is 21 years old, so he has a lot of time to find his sound and improve on it.

Rodeo proves to be worth the listen. It is an album filled with complex instrumentals and bumping beats that will keep you coming back for more.

Branden McPherson
reporter

MOVIE

The Maze Runner

A book that is turned into a film always causes apprehension among critics. The Maze Runner is an action packed book that has captured the attention of thousands young adult fans worldwide.

The film serves the book justice with an action packed plot that will have you glued to the screen until the very end. It is sure to leave you with your mouth hanging open.

The main character of the film, is dumped in a community of boys after his memory is erased. They teach them they are all trapped in a maze. Thomas must join forces with “runners” for any chance to escape the maze.

The film is packed with strong acting, a solid score, and an unusually dark adventure movie that will leave you with your mouth hanging open.

REPORTER

SEPTEMBER 23, 2015

PUDDLES TO AVOID ON CAMPUS

The puddle becomes a symbol for the entire community of Coastal Carolina University.

Students tend to “lose their ankles” in puddle between Myrtle Beach and the beginning of the bridge leading to the Wall building. With a width of at least 4 feet and a deceiving depth, students have experienced the severity of the puddle’s volume. Those who have made the mistake have engaged multiple flip flops, scaled many shoes, and continued to chase with no success in attempts of trying to jump across or avoid the troublesome puddle of no return.

BRITISH PUB

THE OLD BULL AND BUSH

The Old Bull and Bush is a hidden gem off of bypass seventeen. When you walk in, you are immediately transported to a small pub in England. With its dark wood walls, few windows, and lithe signs you feel like you are no longer in Myrtle Beach.

The lunch menu featured British classics like fish and chips, pasties, Yorkshire pudding, steak and ale pie, and even an Irish stew.

The real test of a British pub is to try the fish and chips. What you look for the most is a flaky breather on a tenderly cooked fish, chips that are more like potato wedges, and most importantly, taste and appearance.

The fish that came out was a huge piece of cod that took up a lot of the plate, thick broiled chips, all served over a fake newspaper giving it even more of an authentic vibe.

The price on the fish and chips will put you down about $9 at both lunch and dinner. The prices range from $14 lunch specials to £3 dinners, and there is always a different special of the day.

In all, all will not be leaving hungry. You will walk out forgetting that you were in Myrtle Beach to begin with.

Katelie Gandee
reporter

MUSIC

TRAVIS SCOTT

The sound of the album is best summed up in four words... The entire album sounds big. Travis Scott’s use of music to portray a message that is “for the youth,” the massive layered instrumentals, and the big name guests and producers all equally help to create this massive sound and atmosphere.

At times it feel like the mass amount of music was used to make Travis Scott’s lack of art or lyrical ability. He is at his best when using his voice as another layer of the instrumentals, rather than trying to rap. Scott is 21 years old, so he has a lot of time to find his sound and improve on it.

Rodeo proves to be worth the listen. It is an album filled with complex instrumentals and bumping beats that will keep you coming back for more.

Branden McPherson
reporter

MOVIE

The Maze Runner

A book that is turned into a film always causes apprehension among critics. The Maze Runner is an action packed book that has captured the attention of thousands young adult fans worldwide.

The film serves the book justice with an action packed plot that will have you glued to the screen until the very end. It is sure to leave you with your mouth hanging open.

The main character of the film, is dumped in a community of boys after his memory is erased. They teach them they are all trapped in a maze. Thomas must join forces with “runners” for any chance to escape the maze.

The film is packed with strong acting, a solid score, and an unusually dark
**ENTERTAINMENT**

**WORD SEARCH**


**BRITISH SHARKS**

**THERESER BASKING SMALLSPOTTEDCATSHARK NURSESHARK**

SMOOTH HAMMERHEAD BLUE STARRY SMOOTHHAIRCUT SMOOTHFIN SHORTFINMAKO TOPE PORBEAGLE PIGEODOGFISH SHARPIESEVENGILLS GREENLAND ANGELSHARK FRILLED BLUNTNOSED LAMNAME**

**HOROSCOPES**

**AQUARIUS**

**January 20 - February 19**

You have false notions that will help you understand your job. Career colleagues give you the green light.

**PISCES**

**February 20 - March 20**

A diplomatic solution will help you. Someone who has a habit of cheating will offer you support.

**ARIES**

**March 21 - April 19**

Your psychic abilities are on a high. If you are an artist, put your imagination to work. You need to catch the attention of potential clients.

**TAURUS**

**April 20 - May 20**

Financial security and risk-taking will make you feel secure. You will reap the rewards for your efforts.

**GEMINI**

**May 21 - June 21**

A professional colleague will do a lot to help you. New clients will be added to your network.

**CANCER**

**June 22 - July 22**

Refer to those with experience to find solutions. Whether you have professional or personal issues, avoid making decisions on your own.

**LEO**

**July 23 - August 22**

Get out and socialize. If you need recognition, take part in community events to create a wide array of potential points.

**VIRGO**

**August 23 - September 22**

You might try to back out or make a last-minute change. You will need a new travel destination. Flexibility will keep you from being too close to the situation.

**LIBRA**

**September 23 - October 22**

Toilet paper and toilet paper towels should be your focus today. You will need them for a long time.

**SCORPIO**

**October 23 - November 21**

Overcoming your fear of the unknown will help you move forward. You will have the support of your colleagues.

**SAGITTARIUS**

**November 22 - December 21**

You will be more analytical and methodical. A photo activity will help you keep off distractions. Choose your goal at the right time.

**CAPRICORN**

**December 22 - January 19**

Others will consider your help needed or valuable. Your opinion is pointed in order to avoid conflict.