Napkin-gate at McDonalds
A man in California became so distraught after going to a McDonalds restaurant and getting only one napkin with his meal he decided to sue the company for "undue mental anguish."

The man, Webster Lucas, ordered a Quarter Pounder Deluxe meal from the restaurant, and upon realizing he only had one napkin he asked to speak to a manager.

After being dismissed by the manager for being rude, Lucas contacted a lawyer and is seeking $1.5 million in damages.

A hefty price for a Facebook brag
A girl in Miami cost her dad $80,000 after she went on Facebook to brag about her awesome trip to Europe this summer.

"Mama and Papa Snay won the case against Gulliver," wrote Dana Snay. "Gulliver is now officially paying for my vacation to Europe this summer. SUCK IT."

Snay’s father signed a confidentiality agreement with Gulliver Preparatory School after he was fired earlier this year and was forced to return the money he received in the settlement after his daughter violated it.

He left his arm in the Philippines
Miles O’Brien, a former CNN anchor was working on assignment in Asia last week when a case he was loading fell off a car and landed on his arm.

O’Brien went to the hospital to get his arm checked out, thinking it wasn’t a big deal, and when he left the following day his arm had been amputated.

The doctor at the hospital made the decision to amputate during surgery when complications arose from O’Brien’s injury.

A $10 million mistake
A man in New York is $10 million richer this week after a clerk gave him the wrong lottery ticket by mistake, Jerry Kajfasz originally turned down the wrong ticket, but after winning a few scratch-off prizes he decided to go back and get it. He is glad he did, too, because he is now a very wealthy man.
Go to the Big South Championships: Message to Student Body

Guest Column By:
Quentin Smalls

As you know, the VisitMyrtleBeach.com Big South Basketball Championships will be played at the HTC Center on our beautiful campus here at Coastal Carolina during the week of March 4-9.

This tournament will feature the best teams in the Big South Conference when it comes to men’s and women’s basketball. 21 games, five days, two tickets to the NCAA tournament punched during this weekend and the revenue possibilities are endless with this tournament being held at Coastal. With the conference tournament being played at Coastal, there is immense pressure that is on both Chanticleer basketball teams. So, I have a little message to the student body concerning attendance during the conference tournament.

Students of Coastal Carolina University, the Big South Conference tournament is heading to the HTC Center from March 4-March 9 and both of your Chanticleer basketball teams need your help in ensuring their spot in the postseason. Students get in for free as usual, but the thing is you have to stay in the student section due to the fact that every other school (cheerleaders, band, students who took the trip) will be on the opposite side cheering on their respected schools.

For the men’s basketball team, thanks to a successful regular season campaign, there is a possibility of making it to the NIT (National Invitational Tournament), the CBI (College Basketball Invitational), or the CollegeInsider.com Tournament, so fan participation is essential to your Chanticleers doing well in the Big South Tournament and having the opportunity to play in the postseason.

When I think of our student body, I compare us to the 12th Man for the Super Bowl Champion Seattle Seahawks. You see how the fans in Seattle gave the Seahawks that 2nd gear and home-field advantage throughout the season/playoffs. I think due to the student body being the 2nd gear for the men’s basketball team, it has made the HTC Center one of the toughest venues in the Big South Conference.

Also, the women’s basketball team needs your help as well. During the regular season, attendance was low and fan participation was limited. So now, I am asking as many as you can to attend the tournament games in which Coastal is participating in during the week.

With your support, we can make the game harder for the opposing team and give us that home-court advantage. With your support, the Chanticleers will have nothing but success in the Big South Tournament.

So all I am asking you guys, the students who attend this wonderful university, to be in attendance at the Big South Championships to support your Chanticleers as they march to the NCAA tournament. Who knows, if we do pretty well in the ending of the regular season, your Chanticleers will have a bye in the tournament which sets up three games to win to get to the NCAA tournament. Go to the games, cheer for Coastal, talk about it on Twitter. Thank You and Go Chants!!!

Have an opinion or wish to comment on an article?

Email us
chanticleernews@gmail.com
Heather Elvis search comes to an end

By: Kelley McDonnell
Assistant Editor

Even if you are not from around here, you probably have heard about the disappearance of Heather Elvis, a 20 year old girl who went missing about 15 minutes from campus back in December. There have been countless Facebook pages made in support for her and her family and the main page made by her father currently has 52,849 likes.

Last week it was released that Sidney and Tammy Moorer were both charged with murder, kidnapping, obstruction of justice, and two charges of indecent exposure in connection to Heather’s case.

The man, Sidney Moorer is still in private custody at J. Reuben Long Detention Center in Conway. His wife, Tammy Moorer, was transferred to the Georgetown Country Detention Center.

This case has had an affect on some Coastal Carolina students; to the point where they are taking more caution.

“When I first heard about all this after Christmas break, I was scared to go anywhere alone at night for a while, and if I was alone I would call someone on the phone just in case because you never know who is around,” said Alexandria Yeary, sophomore Accounting major.

There have been many prayer vigils for Heather and her family to gain support of the community. Even students who did not know Heather are still supporting the family with posts on social media.

“Praying that Heather Elvis’ family gets closure today or more answers with the granted search warrant,” tweeted Brittany Beaty, sophomore Special Education major. Her tweet was followed with “#findheatherelvis.”

After it was released that the Moorers were charged with murder, Elvis’ father, Terri, posted a poem he wrote onto his Facebook page which currently has over 2,000 likes on the post.

“Lord bring Heather home I beg once more, Grant us the peace we all cry for,” reads the final line of Terri Elvis’ original poem.

Although there is a sign of justice being served for Heather, investigators are still on the hunt for her body in an effort to close the case.

“I sincerely hope that all their questions get answered because this is something no family should ever have to go through,” said Delanie Sage, sophomore Marine Science major.

Anyone who knows anything on the case is encouraged to share this information by submitting it to crimetips@horrycounty.org.
Chant411 has successful first year

By: Samantha Riley
Features Editor

With Coastal Carolina University experiencing its first snow days in over two years, a fairly new customer service program called CHANT411 had the news of cancellation posted nearly a half hour before students, staff, and faculty received emails.

But what exactly is CHANT411, what is its purpose, and how did it get this information? Program Coordinator April Sager has been helping this new service operate and progress since its introduction to campus on June 10th 2013.

“The idea came from President DeCenzo. It was his hope for us to create something that would be of great service to the students,” said Sager.

According to Sager, the number two reason that contributes to a student’s decision for leaving a university is due to the poor customer service. This improvement of service is a national concern among universities.

The goal behind CHANT411 is as simple as providing excellent customer service for students at Coastal Carolina University.

Sager explained how DeCenzo recognizes that with Coastal Carolina University operating as a school as well as a business, often times students can become frustrated when trying to navigate through every department. CHANT411 was created in order to eliminate any confusion.

The way it works is simple. You can call, text, email, tweet, or live chat with an employee of CHANT411 and ask any question you have involving Coastal Carolina University. Then, CHANT411 either gives you the answer, or connects you with a way to find it.

“We want to be that one stop shop that anyone can come to us with a question and know with confidence that if we don’t know the answer personally we will connect them with someone at the university and make sure their question is answered,” said Sager.

With this service being so new to campus, some students question the authenticity of the information.

“When we had the snow days CHANT411’s twitter was the first place I saw posted that school was canceled, but I wasn’t sure if I could trust them so I waited for the email,” said Shannon Wesstrum, a junior Marine Science major.

The main concern behind any service like this is credibility, but Sager ensures they have it. She explained how each and every employee for CHANT411 is very careful about the answers they give. They check and verify the information before sending it out to students. Sager also said often times the CHANT411 employee contacts facilities themselves to ensure the student will have the correct information.

“We don’t report anything we haven’t verified,” said Sager.

Because CHANT411 is all about customer service, and getting students where they need to go, they compiled a list of every facility at Coastal along with the hours of operation and the phone number for the office that can be found on the CHANT411 website. This way, if a student wanted to go looking for this information themselves, they wouldn’t have to navigate throughout Coastal’s entire website, they could easily find it condensed on one webpage.

In addition, did you know that as a COASTAL card carrying student you are entitled to student discounts at movie theatres, restaurants, bowling alleys, and more?

Also on CHANT411’s webpage there is a verified list of establishments in Conway, Murrells Inlet and Myrtle Beach that give student discounts on goods and services.

“I am pretty confident there is nothing necessarily like CHANT411,” said Sager.

In fact, it is so unique that other colleges such as UNC Chapel Hill, Emory College, and Florida Atlantic University have been in contact with Sager regarding the blueprint for CHANT411.

While CHANT411 has an office located in room 101A in the Jackson Student Center that students can go to, Sager stressed that as a service it wants to come to students. Because of this, there are several convenient ways to get in contact with CHANT411.

You can email them at chant411@coastal.edu, chat with a live person on coastal.edu/chant411, text them at 843-471-0411, call them at 843-234-3411, tweet them at @CHANT_411, or follow them on Instagram at CHANT411.

According to Sager’s data, text messaging is the most popular form of communication, with more than half of their questions being received via texts.

To date, CHANT411 has answered over 5000 questions and plans on staying around to answer many more.
Coastal activities board’s dazed party

By: Erica Smith
Staff Writer

Dazed is how you usually tumble out of a party, but if you were at the Coastal Activities Board’s “Dazed” party Friday night, you would have left feeling anything but that.

“I had more fun than I expected, and the food was pretty good,” said senior Olivia Murray. There was nothing available that could land you in jail overnight, but the things they did provide gave everyone who attended the simple ability to have fun. CAB held the party in the Williams Brice Gym, on the basketball court, where there was plenty of room for dancing and other activities. To top it off, they turned the lights off, put black lights up, and decorated the gym with glow sticks.

Students were given two tickets upon arriving, to use for the purpose of winning prizes, and when they entered they could go to a table where they would be provided with glow stick bracelets and necklaces to decorate themselves.

If you didn’t get a chance to eat before you arrived, there would have been meatballs, chicken fingers, and a vegetable platter for you to eat on, before you hit the dance floor. They also had an array of drinks (non-alcoholic) for students to sip on.

If the free glow stick jewelry, food, and drinks wouldn’t have been enough to persuade you to go, the two big giveaways would have. At the end of the night they raffled off a Beats Pill and a LED water speaker system, and all the students had to do was choose which bucket they wanted to place their ticket in.

CAB’s “Dazed” party just might trump all other parties. They made sure their guest actually had a good time without any trouble being involved.

“The glow sticks, food, and the cool glow in the dark ice cubes were the best part of the party. And the prize giveaways, even though I didn’t win either of them,” said Murray.

Now where can you find another party where you leave feeling better, and with some free goods, than when you came?
Happy birthday Dr. Seuss!

By: Sierra Doherty
Staff Writer

The Student South Carolina Education Association (S-SCEA) celebrated Dr. Seuss's birthday on Friday. Kids from around the area were invited to Britain Hall for various Seuss-themed activities. The children were able to participate in bingo, trivia, face painting, a book walk, signing a birthday card, and get their picture taken. There was also a book reading, a showing of "Horton Hears a Who", and free food (which included birthday cake of course!).

As a bonus, every kid that came to the event received a free book. This was sponsored by First Book, an organization that raises money to provide books to low-income children. They have given out about 50,000 books since 2000 when the organization was started.

The Duplex - Glenn McCoy

Farewell Yurachek

The Office of University Communication reported that the Director of Athletics, Hunter Yurachek is resigning.

Yurachek is from Richmond, Virginia and grew up in Charlotte, NC. He received his bachelor's in business management in 1990 from Guilford College. During college, he was a four-year letter winner in basketball. Four years later, he graduated from University of Richmond, where he earned his masters in sports administration.

Yurachek has worked at many athletic departments in the past. He’s had management positions at University of Akron, University of Virginia, Western Carolina University, Vanderbilt University and Wake Forest University.

In January 2010 he began his tenure, where he oversaw 18 men’s and women’s NCAA Division I sport programs. He also worked on the NCAA Committee on Sportsmanship and Ethical Conduct.

"My wife Jennifer and I, as well as our family, are so thankful for how we have been embraced by this community, and we will surely miss our friends and colleagues as we embark on a new chapter in our lives," said Yurachek.

Yurachek has helped mold the Chanticleers into "Champions for Life." Under this Athletic Director, our teams have won 29 Big South Championships and had 30 NCAA appearances. The student athletes have also seen their GPA’s rise. On average, 200 student-athletes earn a 3.0 GPA and nearly 250 student-athletes have received a Coastal degree.

As of 2010, the athletic department has created "Champions for Life," which is a program to improve the life skills of student-athletes. The department also signed a five year 1.1 million dollar contract with a clothing company, launched the women’s lacrosse team, and the Letterwinners Association. Coastal has also been featured on the cover page of the sports section of USA Today, discussing the rising success of our athletics.

"I am grateful for the opportunity that Dr. Decenzo gave me to lead the Department of Athletics at Coastal Carolina University. I have been blessed to work alongside so many wonderful people and on behalf of so many outstanding student-athletes during my tenure. Our department’s accomplishments, as a team, have been remarkable, and I leave Coastal Carolina with a great sense of pride in knowing this athletics program is heading in the right direction and is equipped for continued success," said Yurachek.

He is accepting a position at the University of Houston to be the Associate Vice President and Chief Operating Officer for the Department of Intercollegiate Athletics.

Yurachek’s last day as Director of Athletics will be on March 15, after the Big South Championships for Men’s and Women’s basketball is completed.

*Quotes and Information gathered from Coastal News and GoCCUSports.com*
The Chants got themselves a first round bye and a number one seed in the Big South Tournament with a pair of wins over their conference rivals Presbyterian and Charleston Southern.

The Chants were able to break out to an early lead right out of the gates in their game against Presbyterian and led the Blue Hose 17-4 less than 5 minutes into the game. Sophomore forward Badou Diagne started the run with a three on the opening possession. Presbyterian put together a 10-0 run to cut Coastal's lead to 17-14 with eight minutes left in the first half. From that point, the Chants dominated all facets of the game and took a 28-23 lead at halftime.

The strong second half for the Chants was due to the fact that 30 out of the team's 42 points were inside the paint. Sophomore forward Uros Ljeskovic, scored six points and grabbed five rebounds in a key stretch to put the game out of reach for the Blue Hose.

Junior guard Warren Gillis was dominant on defense and held the Blue Hose's best player to 4-15 shooting and a season low 10 points. Coastal ended the game strong with two huge put back dunks, one by sophomore forward Michel Enagna and one by Badou Diagne.

Coastal finished the game strong with two huge put back dunks, one by sophomore forward Michel Enagna and one by Badou Diagne. Diagne finished the game with a career high 18 rebounds and 13 points. This was Diagne's third double-double of the season and his second in the last four games. Warren Gillis lead the Chants in scoring with 14 points while guards Josh Cameron and Elijah Wilson chipped in with 11 and 9 points to lead Coastal to a 70-51 slaughter of the Blue Hose.

The Chants' win over Presbyterian tied Coach Ellis with legendary UCLA coach John Wooden with 664 career Division I Men's Basketball wins. Coach Ellis is now tied for 28th on the all-time wins list.

The Chants split their season series with Charleston Southern with a hard fought 63-61 victory over the Buccaneers on Saturday afternoon. The Chants got off to a quick start with a three pointer from Diagne and five quick points from Gillis. The Chants held the Buccaneers to two points during their eight point spurt.

Coastal lost the lead after CSU started to dominate the first half. For the remainder of the first half the Buccaneers shot 50 percent from the field and held the Chants to under 30 percent. CSU took a 32-25 half time lead and forced the Chants to play catch up for the remainder of the game.

The Chants opened the second half with a 17-4 run and eventually built a lead of 57-47 with four minutes left in the game, but CSU was able to make a run of their own to rally back and take a 61-60 lead with under a minute remaining.

On the Chanticleer's next possession, Gillis took the screen set by Ndiguene and netted a long two-point jumper to put the Chants ahead for good.
Chants score 41 runs in two days; win four straight in Invitational

By: Kyle Jordan
Sports Editor

The Chants returned to Conway for the CCU Invitational Tournament and dominated their competition.

Coastal began their tournament schedule on Friday against Marshall University and Maryland Eastern Shore.

The Chants put a 10-1 shellacking on the Thundering Herd in six innings. CCU recorded three runs in the first and second innings. Pitcher Kiana Quolas was the winning pitcher and finished with 11 strikeouts on her way to a one-hitter. Third baseman Kory Hayden finished with a homerun and three RBI’s and Morgan Noad finished with a two-run homerun.

Coastal carried their momentum from their win over Marshall into their game against Maryland Eastern Shore.

Once again the Chants offense poured on the runs and embarrassed UMES 11-2 in five innings.

UMES took a 2-0 lead in the second inning, but the Chants piled on seven runs in the bottom of the second to permanently take the lead. Jessie Winans’ two-run homerun in the third inning put the Chants up 9-2 and Bri Chiusano’s two-run double sealed the deal. CCU’s Ashley Bagwell was the games winning pitcher and finished with nine strikeouts. Hayden finished with her third career grand slam and her seventh homerun of the season.

Once again the Chants offense poured on the runs and embarrassed UMES 11-2 in five innings.

The Chants were reunited with Marshall on Saturday.

The Thundering Herd were able to keep it close this time around, but the Chants escaped with a 2-1 win. Chiusano recorded both of the Chants’ runs. Her first run came when she crossed home plate on a walk to give the Chants an early 1-0 lead in the first. Chiusano recorded the game winner when she scored on Quolas’ RBI single to center field. Quolas was the game’s winning pitcher and finished the game with nine strikeouts to give her 350 for her career.

The Chants also faced off against Saint Peters on Saturday night and exploded for a season high 18 runs in their five-inning shutout of the Peacocks. Coastal scored 10 runs in the first inning. Bagwell was the winning pitcher and Noad finished with a career high six RBI’s.

The Chanticleers will return to Conway on Thursday for the Chanticleer Challenge. Coastal’s first opponent will be Jacksonville State at 5pm.

Rutgers meet goes “swimmingly” for CCU

Club swim team places high in Rutgers swim meet

By: Kyle Jordan
Sports Editor

The CCU club swim team traveled to Rutgers this past weekend for a meet.

The Chanticleers were one out of 15 teams that participated in the two day meet. As a team, the Chanticleers placed third in both the Men’s 200 Yard Medley Relay and the Women’s 200 Yard Medley Relay.

There were also several impressive individual performances.

Moira Murphy finished fifth in the Women’s 200 Yard Freestyle with a finals time of 2:15.65. Teresa Lickfield finished fourth in the Women’s 50 Yard Breaststroke with a finals time of 35.81 and Meghan Voyack finished third in the Women’s 50 Yard Breaststroke with finals time of 31.51. For the Men’s events, Kyle Massie finished first in the 100 Yard Butterfly and Austin Vaughn finished third in the Men’s 50 Yard Backstroke with a finals time of 27.69.
March Madness returns to Myrtle Beach

The Big South Tournament comes back to the beach for a second consecutive year

By: Laurel Nusbaumer
Staff Writer

The Big South Men and Women's Basketball Tournaments will be hosted again this year in the HTC Center.

12 Men's teams and 11 Women's teams will compete for an automatic bid to play in the NCAA Tournament.

The Big South Tournament will start on March 4th with the Women's first round games and end on March 9th with the Men's Big South Championship game.

Last year's defending champions of both the Men and Women's Big South Tournaments are the Liberty Flames.

Liberty's men's basketball team will once again be an underdog coming into the tournament. The Flames are the fifth seed in the men's bracket. For the women's tournament, the Flames enter the tournament as the number two seed.

Coastal has higher expectations for the Men's and Women's teams this year as both teams will be higher seeds than last year.

The Men's Team heads into the tournament as the number one seed in the South Division and the Women's team will be the sixth seed.

Chamique Holdsclaw, a former NCAA All-American at Tennessee and WNBA standout, will speak at Coastal Carolina University on Wednesday, March 5 at 7:00 p.m. in Wheelwright Auditorium to kick the excitement off.

Come out and support your Chants! The home court advantage can only be effective if the fans are there to cheer!

Women's basketball roundup
Chants fall to Gardner Webb and defeat UNC Ashville

By: Laurel Nusbaumer
Staff Writer

The Chanticleers closed out their regular season with two road contests in North Carolina against their Big South Conference foes, Gardner Webb and UNC Ashville.

The Chants took on Gardner Webb last Thursday night in Boiling Springs, N.C.

Trailing 53-35 with 14:11 to play in the second half, Coastal Carolina started a major comeback to put a scare into the bulldogs. The run was started by Angelica Henry and Megan Pittman.

The comeback for the Chants was sparked by outstanding defense as the Chants held Gardner Webb scoreless for over five minutes of play. During this stretch, the Chants scored 13 points. Karsen Simms three pointer gave the Chants a 58-57 lead with 6:20 remaining. This was the Chants' first lead of the game.

Both teams traded baskets over the next three minutes, but a three point jumper by Henry regained the lead for Coastal 68-66.

Gardner Webb immediately answered back with a three point play and regained the lead for the remainder of the game. The final score was 80-73. The Chanticleers were led in scoring by Henry and Pittman. Both players finished with 15 points.

The Chants closed out the season with a big win against UNC Asheville on Saturday afternoon.

Coastal started the game off slow and trailed 11-6 by the first media timeout.

After the timeout, the Chants went on a 13-1 scoring run and took a 19-12 lead. The Chants held the lead for the rest of the half and went into the locker room ahead 36-28.

UNC Asheville came out strong in the second half and cut Coastal's lead to 41-38, but the Chants responded again with their own run that was set up by guard Karsen Simms' eight points in the opening minutes of the half.

The Bulldogs managed to come back from the nine point deficit to pull within one point of the Chanticleers with 3:39 remaining in the game. The Chants were able to close the game with a 14-3 run to make the final score 83-71.

The wins give the Chants 10 regular season conference wins, and ties the record for the most conference victories for women's basketball in Coastal Carolina history.

Two Chanticleers set new career highs in scoring. Simms finished with 20 points and Jena Hamrick scored 12 points.

Coastal finished the regular season with a 14-15 overall record and 10-10 record in the Big South. The Chants will head into the Big South Tournament as the sixth seed and will take on Charleston Southern on Tuesday at 6pm in the opening round of the tournament in the HTC Center.

Have a story that you would like to share?

Email us at: chanticleernews@gmail.com
Too Cool For Other Schools

CCU Men’s Soccer Team scheduled to play spring games against MLS and Semi-Pro Squads

By: Kyle Jordan
Sports Editor

Four-time Super Bowl champion and Pro-Bowl kicker, Adam Vinatieri, once said, “In order to be the best, you have to beat the best.”

It seems as if CCU’s Head Men’s Soccer Coach, Sean Docking, heard Vinatieri loud and clear.

To get his defending Big South Tournament Champion Chanticleers ready for the 2014 season, Docking has scheduled his team to play in five exhibition games this spring against professional soccer squads from the MLS and semi-pro teams from the USL.

“Many of our student-athletes come to our program because they want to play professional soccer after their time here at Coastal Carolina,” Docking said.

Coastal’s contest against D.C. United was originally scheduled for Sunday February 23rd, but the game was canceled. There is no word yet on if the game will be played on a later date. The Chants took on the Sounders this past Saturday, March 1st. Results of the game will be posted on goccusports.com. Both contests are scheduled to be played at Blackbaud Stadium in Charleston, S.C.

The USL teams on the Chants’ spring schedule are the Charleston Battery, the Wilmington Hammerheads, and the Charlotte Eagles. The Chants contest against the Charleston Battery on February 19th ended in a 1-1 tie. Coastal will play the Hammerheads Wednesday March 19th at the CCU Soccer Field at 7pm. The Chants will play the Eagles in Charlotte at 7:00pm on Friday April 18th.

Coastal will also play an alumni game against former CCU soccer players on April 12th at 4:00pm. The game will be played at the CCU Soccer Field.

Player Profiles

By: Samantha Riley
Features Editor

Taylor Stafford
Volleyball

From: San Antonio, Texas
Year: Junior
Birthday: April 12th 1993
Major: Exercise Sports Science
Position: Outside Hitter
Honors/Awards: My volleyball team won runner up for 5A in high school. I am expected to graduate in Spring 2015 and am excited to start my career.

Rod Holder
Football

From: Chesapeake, Virginia
Year: Sophomore
Birthday: November 1st 1994
Major: Recreational Sports Management
Position: Defensive end
Honors/Awards: In high school I made all district team. In my football season at Coastal Carolina University we broke the record for most quarterback hurries.
**Southwestern Omelet**
*By: Sierra Doherty  
Staff Writer*

**What You’ll Need:**
- 1 tablespoon of canola oil
- 1 jalapeño pepper
- 1 yellow onion
- 1 avocado
- 1 small tomato
- 2 eggs, lightly beaten
- 1 slice of bacon, cooked and crumbled 1/4 cup shredded Monterey Jack cheese Salt and pepper to taste
- Salsa, optional

**Let’s Get Started:**

Begin by chopping up onion, jalapeño, tomato, and avocado. How much you use depends on how stuffed you want your omelet.

Next, in a frying pan, sauté your onion and jalapeño in oil until tender (or until onion turns clear). Remove with a slotted spoon and set aside.

After that, pour eggs into the same skillet that was used for the onion and jalapeño. Let that cook on low heat for about 2 minutes.

Sprinkle onion, jalapeño, tomato, avocado, bacon and cheese on half of the egg mixture.

Then Fold omelet over filling. Cook for about 2 more minutes, or until eggs are set. If desired, sprinkle more cheese over the top and serve with salsa. Enjoy!
Sports Moments of the 2014 Sochi

1. **Canada vs. US Women’s Hockey**
   Intense wasn’t even the word for the Women’s hockey final between Canada and our own U.S. women’s hockey team. With Canada down two goals in the last four minutes of the third period of a game we thought was over, Brienne Jenner and Marie-Philip Poulin scored 2 goals for Canada in that short amount of time. This event left the whole world in shock and Canada with the gold medal.

2. **The Dutch Medal Haul**
   The Dutch were in it to win it when it came to long-track speed skating. These events took place in Adler Arena and on opening day they already did a clean sweep of the 5000 meter race. The Dutch obtained eight golds, seven silvers, and eight bronzes between men and women. That’s more than half the 30 individual medals that were up for grabs in this event.

3. **Meryl Davis and Charlie White**
   A dazzling ice dancing duo since they were little, Meryl Davis and Charlie White were definitely reaching for the gold during these Olympic Games. Davis and White danced to the song “Scheheraze” and it was hard to keep your eyes off of them. They danced with so much athleticism and energy, they proved to be the team to beat. This pair bought home the first gold medal in ice dancing for the U.S.

4. **Yulia Lipnitskaya Russia’s New Star**
   At 15 years old Lipnitskaya barely made the age mark for the 2014 Olympics. Every time she hit the ice the Russian crowd was cheering her on and showering her with gifts after each performance. Lipnitskaya did not win the Gold medal, she fell to her Russian teammate Adelina Sotnikova who defeated South Korea’s Yuna Kim. Yet, she definitely made her mark and is a young rising start to watch in the future of women’s figure skating.

5. **The Olympic Medal Couple**
   Vic Wild, who was born in White Salmon, Washington, decided to move to Russia in 2001 to get closer to his Olympic dreams. Representing his new Russian colors and in his new terrain, Vic Wild won two gold medals for Russia. One of them being in the parallel slalom, alongside his wife Alena Zavarnia who followed with a bronze medal of her own. What a sight to see a couple become Olympic medalists together.

**MUSIC REVIEW**

Kid Cudi - *Satellite Flight*

By: Hallie Bonds

Staff writer

Kid Cudi released his fifth album Monday at midnight digitally on iTunes. Many critics would like to say he tried to pull a “Beyonce”-- referring to her visual album release in December-- but, a true Cudi fan has been waiting on this release since September.

On the 2013 Cud Life tour, after performing a new track, Kid Cudi told fans he would be releasing an EP. With few details between then and the release, fans were forced to wait it out and hope it was worth it. Kid Cudi did not disappoint.

The 10 track EP includes six lyrical songs and four instrumental tracks. The album, which is meant to bridge the gap between MOTM II and the final installment MOTM III --coming later this year-- takes you on somewhat of a psychedelic trip through space.

This album seems to follow in the theatrics, splitting the songs into “acts” only instead of having Common narrate it, with the instrumentals taking his place.

The album opens with an instrumental “Destination: Mother Moon” which is what I imagine to be the theme music for astronauts about to board the spaceship.

The following two tracks, which prepare you for the trip, include Going to the Ceremony, released in June and produced with long-time friend Dot Da Genius, and Satellite Flight, premiered on his tour, which makes you feel invincible and care-free.

Followed by the “Copernicus Landing” instrumental which takes the mind to a scene like the Hunger Games. The next lyrical track “Balmain Jeans,” yes the expensive designer brand, is surprisingly a love song featuring Raphael Saadiq that talks very little about the actual jeans.

“Too Bad I Have to Destroy You Now” and “Internal Bleeding” come next, and their names speak for themselves.

The album continues with two more instrumentals including a revamped “In My Dreams” and finally ending with a lyrical story of a “Troubled Boy,” setting you up for Man on the Moon III. Enjoy the good vibes.

**NETFLIX PIX**

**Dexter**

*(TV Series) 2006-2013*

By: Hallie Bonds

Staff writer

This hit feature show on ShowTime is perfect for anyone who loves shows and movies full of mystery. All eight of the seasons are available on Netflix right now and when you are watching them you might find yourself in the bed all day. Dexter, played by Michael C. Hall, who is a pattern analyst for blood at the Miami Metro Police Department. Surrounded by beautiful women, palm trees, and warm weather all the time, Dexter loves the Miami life. However, working for the Miami Police Department he sees people slip through the cracks of the justice system every day, which displeases him in some cases. Dexter is inspired by his love of blood to do something that seems to be for the good of mankind. Become a serial killer.
Hone your skills with guidance from knowledgeable experts whom you’ll encounter in the coming year. If you collaborate with those who have helped you in the past, you will achieve the success and gratification you are searching for.

**AQUARIUS | Jan 20/Feb 19**
Plan some novel entertainment for your friends and family. A short trip will give you the opportunity to try something different and make new friends. Your efforts will be appreciated.

**PISCES | Feb 20/March 20**
Your career should remain your top priority. Refuse to be deterred by those who don’t share your passion. Concentrate on your goals, and don’t be discouraged by minor setbacks.

**ARIES | March 21/April 19**
Important information is being withheld from you. Much energy will be required to find out the pertinent facts. Research will enable you to make the changes necessary to move forward quickly and successfully.

**TAURUS | April 20/May 20**
It’s home-improvement time. Recruit family members who have been challenging your ideas. Once certain changes have been made, everyone will be pleasantly surprised by the results.

**GEMINI | May 21/June 20**
To avoid future dissension, it is imperative to get agreements in writing. Afterward, make the effort to get together with someone you love. Neglect could put a wedge in a relationship.

**CANCER | June 21/July 22**
You must maintain a positive attitude if you want to achieve stellar results. Complaint and criticism will alienate you from the people you are trying to impress.

**LEO | July 23/Aug 22**
Adding to your interests will help expand your chances of success. To achieve your dreams, you must leave no stone unturned. Use every means at your disposal to make the right things happen.

**VIRGO | Aug 23/Sept. 22**
Sticking to a strict budget may be difficult, but it will be beneficial in the end. By eliminating negativity, you will be able to focus on productivity.

**LIBRA | Sept 23/Oct. 23**
You will be able to win over your most obstinate opponents. Don’t downplay your talents. If you demonstrate your helpfulness and likeability, a rewarding partnership will be proposed.

**SCORPIO | Oct 24/Nov 22**
Others may be trying to take credit for your ideas. Apply yourself to some complex projects. Your ability to focus is strong, making progress highly achievable.

**SAGITARIUS | Nov 23/Dec 21**
Social and romantic events look promising today. Enhance your self-esteem with a little indulgence. A new hairstyle or trip to a spa may provide just the lift you’re looking for.

**CAPRICORN | Dec 22/Jan 19**
Don’t ever stop believing in yourself. Stick to your original plans and refuse to listen to those who are critical or pessimistic. It’s likely that someone is jealous of your accomplishments.
WEEKEND BEST BETS

By: Demarcus McDowell
Page-D Editor

Spring Break is next week and many students will find themselves staying local during our time off. If you are planning to remain in proximity of Coastal for the break there are a variety of fun events taking place that will peak you and your friends interest.

Coastal Baseball will be taking on the University of Minnesota Golden Gophers on Friday, March 7 starting at 5 pm at the Pelicans Stadium in Myrtle Beach.

The Myrtle Beach St. Patrick’s Day Festival will be held on Saturday, March 15 from noon to 11 pm along Ocean Boulevard. It’s a day-long music festival featuring all types of local and national recording artists on one of the state’s largest & loudest stages. It’s a quirky street festival featuring dozens of vendors and local businesses offering their products open-air style on the sidewalk. There will also be Midway rides, games and much more guaranteeing tons of fun for everyone.

The 5th Annual Irish Fest will be held in Valor Park at The Market Common on Saturday, March 15 from 11 am to 5 pm. Festival goers can feast on delicious samplings of traditional Irish dishes and other favorites. The event will also include a variety of adult beverages, and whether it’s Guinness, a local craft beer or a bright-green dyed domestic, there will be plenty of options to choose from.

Reggae band Tribal Seeds will be performing at Pirates Cove Lounge in North Myrtle Beach on Sunday, March 16 beginning at 7 pm. With heavy influence from Bob Marley and Midnite, the band brings a refreshing rock vibe to the roots style, reggae music. They also bring an authentic sound that reaches a broad demographic and an energy that gets crowds moving to their infectious rhythms.

WHAT’S THE WORD?

We asked students this week what are your plans for Spring Break?

Daniel Maxham
"Bear-grylls’en it (camping)."

Ashley Farmer
"I’m going to Gatlinburg and Asheville with my best friend Addison."

Rini Malo
"Sleep. Eat. Work. Video Games."

Derek Bussey
"Chill at the beach with some friends from out of town."
Course offerings are available online (beginning Friday, Feb. 28, 2014) at webadvisor.coastal.edu (Select "Search for Sections").

See your adviser to schedule an advisement session.

Plan your upcoming term via e-advising (on WebAdvisor).

Obtain your registration appointment time Friday, Feb. 21, 2014.

Eligibility for registration is based on credit hours earned plus credit hours currently enrolled.

**SENIORS (90+ CREDIT HOURS) and GRADUATE STUDENTS**
- Group 1 - Beginning 6 a.m. Wednesday, March 19
- Group 2 - Beginning 6 p.m. Wednesday, March 19
- Group 3 - Beginning 6 a.m. Thursday, March 20
- Group 4 - Beginning 6 p.m. Thursday, March 20

**SOPHOMORES (30-59 CREDIT HOURS)**
- Group 1 - Beginning 6 a.m. Monday, April 7
- Group 2 - Beginning 6 p.m. Monday, April 7
- Group 3 - Beginning 6 a.m. Tuesday, April 8
- Group 4 - Beginning 6 p.m. Tuesday, April 8

**JUNIORS (60-89 CREDIT HOURS)**
- Group 1 - Beginning 6 a.m. Wednesday, April 2
- Group 2 - Beginning 6 p.m. Wednesday, April 2
- Group 3 - Beginning 6 a.m. Thursday, April 3
- Group 4 - Beginning 6 p.m. Thursday, April 3

**FRESHMEN (UP TO 29 CREDIT HOURS)**
- Group 1 - Beginning 6 a.m. Wednesday, April 9
- Group 2 - Beginning 6 p.m. Wednesday, April 9
- Group 3 - Beginning 6 a.m. Thursday, April 10
- Group 4 - Beginning 6 p.m. Thursday, April 10

Monday, April 14: Registration OPEN to all students at 8 a.m.

Information on searching for sections, adding preferred sections, viewing appointment date and time, and other general registration information is available online at:

[coastal.edu/registration](http://coastal.edu/registration)