THE ADDERALL DIARIES

ZACH DERITIS

Adderall, the brand name for a prescription drug used to treat those who suffer from learning disabilities such as attention deficit hyperactivity disorder (ADHD), has been the focus of the new craze among college students over the past few years. The effects of Adderall are so prevalent that it is common knowledge among undergraduates.

Adderall is a prescription drug made to help those who have chemical imbalances in the brain that results in a lack of focus and attention, ultimately affecting how they learn. Since the 1990's, the drug has been prescribed to many millions of people across North America and has now found its way into the hands of those who do not have any mental affliction that can be treated by the drug. Dr. VanEck found that there are two main reasons why more students between the ages of 18-22 believe that they cannot pass a class or do well on an exam unless they take Adderall. For those who suffer from ADD or ADHD it can be true.

Adderall works for some and has had negative effects on others. According to Katherine VanEck, a graduate student at the University of South Carolina with a Masters in Psychology who has studied the use of Adderall among patients and non-patients, has found that there are two main reasons why so many college students consume the drug for recreational purposes. 1. To improve grades: The busy life of a college student can be stressful and many students often feel they have not enough time in the day to accomplish everything they need to get done besides class work, work and their social lives. Using drugs like Adderall helps them stay awake for hours on end and allows them to stay focused on the task at hand while, at times, results in higher grades. However, according to her research, VanEck made a surprising discovery.

"Several students have found that they do not take these drugs, that do not have ADD or ADHD, actually tend to have lower GPAs than those who do not use the drug at all," said Van Eck. 2. A party drug: Due to the effects of Adderall, students take the drug while drinking. The drug increases the effects of alcohol and creates a high that allows them to binge drink without blacking out or becoming sick. Adderall is an amphetamine, or an upper. It increases the release of hormones, mainly dopamine, needed in the brain that are often associated with the feeling of happiness and euphoria. Alcohol is the opposite. Alcohol is a downer, which can have serious negative effects on the body such as heart attack and sudden seizures, when combined with drugs like Adderall.

The problem is addiction and the development of a dependency on the drug in both ADD and ADHD patients and recreational users. Adderall is an amphetamine, the active ingredient in most illegal drugs like meth and cocaine. This makes the drug highly addictive to those with mental illnesses and not.

"The positive and negative side effects are what make Adderall addictive," said VanEck. "But it is also very psychological and biological." Sean Pierce at Counseling Services agrees that students who take Adderall who do not need it are just fooling themselves. He made a point to students who need it, it can be a miracle drug. Adderall is a stimulant and has had some positive results from those who suffer from severe cases of ADD and ADHD but even still come with negative side effects as senior History major Kathy Johnson recounts her son's experience with Adderall.

"After starting the drug, Johnson's son began improving in the classroom and even started speaking, necessary to the typical effects of Adderall. "He actually started gaining weight because he could finally focus on his work long enough to finish his meal," said Johnson. "It was a big help in the beginning but the grades started improving especially while transitioning into middle school." The positive changes in her son's learning ability were short lived after the negative effects became noticeable.

"He came to me one day and said, 'Mom I don't want it. It makes me feel good and not a good feeling.'" she said. Johnson described how his mood began to change as he became constantly angry as the depression was becoming more and more evident.

"When he took his medicine he went into a severe state of depression which, as a parent, was scary to watch," said Johnson.

After 9 years of being prescribed to Adderall, Johnson took her son off the medicine and he has since devoted his time to weight lifting. During this time, he has not had any negative effects on his grades, but he is still working on his depression.

"I just want them to work hard and more students are bound to be looking for that little friendly handout, but there are many who have not been doing so and do not want it at all. I'm very happy with my son," she said. Johnson.

The fact that positive results sometimes come from those who use Adderall for study cramming, these results or side effects are more likely taken advantage of directly to the fact that assignments are being completed on time rather than good grades on tests.

"You're often studying for hours at a time, but you only retain the first 30-60 minutes of what you studied," said Briana Parker, director of the Learning Assistance Center.

Parker suggested that instead of taking Adderall you should try to study and memorize your brain.

"Students with ADD or ADHD should study. Read over your material, close the book and recite it back to yourself. You can recopy pages of notes all day but you're not retaining anything. You're just boring yourself," said Parker. "Try creating possible test questions and write down possible answers to the answers on your own. Studies have shown that studying your notes within 24 hours after a class can actually help you retain more information."
IS NEW BETTER?

Student opinion on Coastal's new website

SARAH KASPER

You have probably noticed throughout your daily activities as a student or faculty member that Coastal Carolina University recently changed its website. So what do the students think of the new look?

"I think the new Coastal Carolina website is a bit lacking in creativity," said senior Psychology major Michaela Jacks, in regards to appearance. Also disappointing of the appearance was punny English major Ty Donald. "The catch phrase 'You're in Coastal territory' is a very tacky way to introduce a university. It doesn't seem very thought out that is probably the first thing anyone applying is going to see from Coastal. I think it's a bad first impression."

Some students find the function of the website to be somewhat confusing. "It's confusing, moving to look at, and I can't find where anything is," said junior Communication major Will Wambach.

Perhaps the new site just needs a little getting used to. Graduate student Alicia Grier compared the site change to twitches on the Facebook website, saying it is hard to get used to but after a while you can't imagine it any other way.

NEW SOCIAL NETWORK AVAILABLE

NOW AVAILABLE in the social networking world is the joint site Miragelife/Becigirl. The two sites share the same database, but can be accessed individually without setting up separate accounts.

Miragelife is a mainly business-oriented networking site, where users have the ability to create their page according to their professional desires. On the other hand, Becigirl is a special network solely for women that offers and allows the exchange of merchandise deals and information.

According to a press release, "Miragelife/Becigirl is not a social arrangement where users need to refresh or check other pages to see what is going on in a user's arrangement. The page is constantly moving with compulsory updates from a user's social arrangement. Users will never get tired of watching, since they will always be supplied with the latest make pleasing. Even your profile cinema, video, Excellent Times updates and status are rotated." The social network also stresses that they will never share or sell personal information to advertisers, because that dedication to safety is one aspect that is geared to be user-first.

For more information on this website and to access the entire press release, visit http://www.prweb.com/releases/2012/3/prweb8757441.htm.

IN OTHER NEWS

FROM REUTERS & THE SUN NEWS

World- In a landmark development for the way Western companies do business in China, Apple Inc said on Thursday it had agreed to work with partner Foxconn to tackle wage and working condition violations at the factories that produce its products.

"The vaccine is already available nationwide," said Rep. Bakari Sellers. "So without making a comment, I would say yes, it is against the law." The vaccine is a government-supported vaccine, which means schools must require it.

The vaccine is free through the federal Vaccines for Children program, known as HPV, would be provided to parents of sixth-graders.

The measure provides the option to students who are entering the seventh grade. Informational brochures on the vaccine for human papillomavirus, known as HPV, would be provided to parents of sixth-graders.

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HANNAH-ELISE BARRETO BIO: FROM THE LARAMIE PROJECT

KRISTA GIERLACH

Hannah-Elise Barreto is currently a senior BA Dramatic Arts currently a part of the cast of Laramie Project as Romaine Patterson, Leigh Fondakowski, and Tiffany Edwards.

Barreto is originally from Woodland Park, Colorado and came to Coastal Carolina specifically for the theatre department.

She first met the department chair, Ken Martin, and he introduced her to the rest of the faculty, and “it seemed like a good fit,” claimed Barreto, “As soon as I auditioned, I found the faculty and students to be fantastic.”

Throughout her last four years a Coastal, she has been in “Dancing at Lughnasa,” “Spring Awakening,” as well as costume construction for multiple shows, and designed costumes for “Lost in Yonkers” earlier this semester.

“Laramie Project” has been a particularly unique experience for several reasons. “The basis of Laramie itself is so different from the rest of Coastal’s past productions in that it is similar to a docudrama,” shares Barreto. “The show contains direct quotes from the event itself, and to honor that, and to honor their pain and train of thought is a challenge but interesting and extremely eye-opening.”

Though this show could be perceived as potentially controversial, “it portrays multiple perspectives on the issues that are still present in today’s society that it allows me as an actor to understand where people come from,” Barreto says, “It makes it easier for me to relay that message to audiences.” Another aspect of this show Barreto particularly enjoys is working with professor and director Robin Edwards-Russell.

She frequently uses the word incredible to describe the experience Russell’s director provided for her as an actress. “Russell’s process is something that I have not experienced before, so it was a struggle in the best kind of way to work outside of my comfort zone,” expresses Barreto. “She’s a director that constantly pushes me to do better and better.”

Russell’s also one of Barreto’s inspirations, along with her mother who has “worked really hard to establish herself and the life she helped me create. I wouldn’t be who I am today without such a strong powerful woman in my life,” explains Barreto.

Upon graduation in December, Barreto plans to continue her career as an actress and hopes to attend the Eugene O’Neill Theatre Institute, study with Moscow Theatre Company, or move to Chicago and audition.

Barreto’s pre-show ritual includes a coffee from Java City, a cigarette after the signs, get ready, another cigarette five minutes before places are called while running through her lines as fast as she can. “Because I have so much energy and adrenaline after the show, I like to go out, hang out with friends, or spend time with the cat.”

MEET THE GREEK

CARL NOGAS

Anthony Olson

Junior

Business Management Major

Kappa Sigma

Where are you from?

New Castle, Pennsylvania.

What are your commitments outside of Kappa Sigma?

I am the Inter Fraternity Council president.

Have you held any positions within Kappa Sigma?

I was a rush chair for three semesters, historian, grand scribe and grand procurator (VP).

Have you learned anything about leadership?

You have to be a good follower first to become a great leader and I am very grateful to all the people that have helped me out to get me where I am now. It also taught me not to just think and watch things unfold, but to speak of my mind and always be involved.

What is your favorite part about Greek Life?

Being a part of something that you really can’t explain but you know that in the future you will be taken care of.

THE WEEKLY GREEN

The Chanticleer’s weekly environmental segment

ZACH DERITS

According to Physorg.com, two million tons of debris from the most recent tsunami disaster in Japan is headed for the West coast of the US and Canada. The debris consists of floating junk that got swept out to sea by the tsunami as it made its inland journey into the Pacific. Researchers from the University of Hawaii discovered the debris while on a research vessel, and they were quite surprised by what they found.

The debris consists of televisions, refrigerators, boats and even full houses. The debris field is over 2,000 miles in length and roughly 1,000 miles wide. Scientists estimate the debris will reach the shores of Washington State, Oregon, Alaska and parts of the Canadian coast as late as 2014. The Hawaiian islands, however, are preparing for the floating junk to reach their shores sometime in 2013.

Researchers were able to track the mass of floating trash for a few weeks before the mass dispersed and began spreading throughout the Pacific Ocean as it floated east. Scientists urge all vessels in the area to notify authorities as soon as they see any floating debris so that they can create a plan of action to have the debris field cleaned up before any further damage can be done to the already heavily polluted Pacific Ocean.

Church Services Every Sunday

@ 5:30PM

Lackey Chapel

Free Home Cooked Meal After Service

Club Meetings

Edwards Building

Room 110 @ 7:30pm

Every Monday

GOT LENT?
THE LARAMIE PROJECT

KRISTA GERLACH

On Thursday March 22, Coastal Carolina University’s Theater Department opened the last performance of the 2011-2012 season.

“The Laramie Project,” directed by Professor Robin Edwards-Russell, ran March 22-24 at 7:30 p.m. and March 27-31 at 7:30 p.m.

This show is vastly different from other productions Coastal has done in the past. Rather than scenes like those in typical plays and musicals, “The Laramie Project” consists of moments.

According to author of “The Laramie Project,” Moises Kaufman, “It is a method to create and analyze theater from a structuralist (or ‘tectonic’) perspective. For that reason, there are no ‘scenes’ in the play, only ‘moments.’” A ‘moment’ does not mean a change of locale, or an entrance or exit of actors or characters. Rather than time, which is then juxtaposed with other units to convey meaning.

This play left audience members in tears with reactions from Shepard’s parents, friends, the two boys, Aaron McKinney and Russell Henderson, for Shepard’s death. Audience members fell in love with this type of show that doesn’t try to force an audience member to think or feel a certain way at a certain time.

In this production, the actors play multiple characters that were a part of the real story of Matthew Shepard. Shepard was taken out to a field, beaten by two boys, Aaron McKinney, a freshman BFA Musical Theater Major, and Russell Henderson (Sophomore BFA Musical Theater Major Charles Tingen) and eventually died from the injuries.

The characters are all based on the real Laramie townpeople involved in this event, and much of the dialogue contains exact quotes.

Kaufman did everything he could to accurately portray the story as it happened, according to dialogue from the performance.

The set was designed with projections of Matthew Shepard, Laramie, the fence where Shepard was beaten, etc., as well as various TV screens that were flown in during the second act to portray the chaos caused by the media.

At the end of the story, the boy who did the direct physical damage to Shepard, Aaron McKinney, was tried for Shepard’s death.

Shepard’s father (Senior BFA Musical Theatre Major Christopher Tingen) and eventually died from the injuries. Audience members fell in love with this production for various reasons. BFA Acting Major Mark Jankowski and audience member said, “Laramie is the type of show that doesn’t try to force an audience member to think or feel a certain way at anytime. It merely presents the facts and allows you to make your own choices on what to feel.”

This was unlike anything the townspeople of Laramie ever dealt with.

Reactions from Shepard’s parents, friends, the town police officers, school officials, priests and pastors, news reporters, neighbors and the two boys that caused Shepard’s death are all portrayed through the actors.
PROTECTING OUR OCEANS

ALIXX ALTMAN

It is no secret a lot of students come to Coastal because of the beaches and the warm weather. With summer approaching, the beaches are going to be packed with people and the trash they bring with them. Instead of putting out your cigarette in the sand or abandoning your coke bottle on the beach try locating a trash can first.

According to Surfrider Grand Strand, the longevity of a cigarette butt is one to five years, a plastic bag is 10 to 20 years, foam cups and tin cans is 50 years, aluminum cans is 80 years, plastic bottles is 450 years and a glass bottle can take up to 1 million years to decompose.

Trash is not only an inconvenience to beachgoers, but it also endangers and kills marine wildlife. One million sea birds are killed every year by the trash in our oceans as well as 100,000 turtles, dolphins, whales, and seals.

Plastics are the most common man-made object in the ocean, with 11,000 pieces of plastic litter scattered among every square mile of the world's oceans.

"Cigarette butts, food wrappers, caps and lids make up nearly half of all the litter collected each year," said Breanne Hein, Co-Chair for Surfrider Grand Strand.

The next time you mistake a trash bag for a jellyfish, try considering how important it is to keep the beaches clean.

"It's horrible that people litter on the beach and everywhere else," said Amanda Shank, junior Music major. "I think jobs should be given to people to clean up the beaches and people should teach their children not to litter and explain to them why it is bad."

Surfrider Grand Strand will celebrate Earth Day on Sat., April 21 in the Grand Strand at Market Common to further educate the public.

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WCCU RADIO UPDATE

The shows are back! All of last semester's on-air shows are on the air again! Make sure to tune in and listen to your favorite shows.

WCCU Radio is excited to announce the new shows premiering on this week! The new shows are advice, music and comedy. Look out for new station posters with the dates and times for all of our on-air shows!

As the end of the school year approaches, all of the management staff is looking for those who have an interest in becoming the new managers of WCCU Radio. If you have a passion for radio and would like to take part in an amazing opportunity, contact the station's advisor, Ms. Patricia O'Connor at pocmorn@coastal.edu or set up an interview.

WCCU Radio will host another benefit concert sometime in the spring! Express your interest now in what local artists you would like to see on our Facebook page. Like us at WCCU Radio.

If you are having trouble listening to the station online, it is available on iTunes Radio, then College Radio, search "Coastal Carolina." There is also an app available on Android and iPhone, "Tune In" and search "Coastal Carolina." Listen live every hour of everyday to WCCU Radio.

CORRECTION FROM THE LAST ISSUE

In the last issue of The Chanticleer, Volume 50: Issue 20, on the sports schedule on page thirteen, there was a typo under the softball section. The last game listed should have read "Gardner-Webb" instead of "Gardner-Wein."
In lieu of our article last week on CCU’s alcohol policy and the fines even for possessing paraphernalia, I was reminded of how often this system seems to punish the wrong people. I don’t like complaining when it’s not due, but I understand the necessity for rules and enforcing them, but sometimes in my experience here, I’ve run into quite a few cases where the system is just not right.

Now I know the group of students required to live on campus (freshmen and sophomores) are, for the most part, under 21 and thus a dry campus makes sense. Personally though, I don’t understand how our school can give someone a strike on the alcohol policy for having paraphernalia. For those of you that didn’t read the article last week or are not familiar with the system, at our school there is a three strike alcohol policy. Strike one is a $100 fine and a parent notification. Strike two is a $300 fine on one-on-one class and another parent notification. Strike three means you’re out of a room...kicked out of the campus by being with no refund AND community service.

Now, if someone gets a strike for actually being caught drinking underage, then I can understand the penalty. You may not agree that the drinking age should be 21, but it is and drinking underage is against the law. I’m not saying I never did it, but I can see the school punishing you for breaking the law. What I don’t get is getting punished for having paraphernalia of simply being near people who are drinking when you’re underage. I know people who have gotten a strike for each of those examples.

This fact that alcoholic paraphernalia is a very gray area. How can you define a glass as strictly a beer, wine or liquor glass? I have a friend that was at a small party with his friends and the police break up a huge party it’s tough to distinguish between the drinking age or any of that. I can see the school punishing you for breaking the law. What I don’t get is getting punished for having paraphernalia of simply being near people who are drinking when you’re underage. I know people who have gotten a strike for each of those examples.

I’ve come to know well the idea of ‘paraphernalia’ as for actually consuming the illegal substance makes absolutely no sense. Let’s compare this rule with another illegal substance, drugs, in South Carolina. The penalty for possession of drugs, on the other hand, is a fine of up to $150,000, not to mention the suspension and jail time. However, our school thinks it makes sense to charge the same fine for something that is both legal and alcoholic.

I don’t see any punishment for someone who wants to start in May. This means if we are处罚ed for underage drinking and having paraphernalia in our room that a friend gave her as a gift from a trip to the Bahamas, the glass had dust in it, and she got a strike after the spring break room check. Explain to me how that makes sense. Okay, now you’re guilty by association. I have another group of friends who were all at a small party (10-12 people maximum) and the party got busted. None of my friends had a drop to drink that night, in fact only three people there were drinking, but everyone there got a strike on the alcohol policy. Don’t get me wrong, I understand if police break up a huge party it’s tough to distinguish sometimes between who is drunk and who isn’t. But most of the time when it happens it’s a small group. It’s pretty easy to distinguish between a drunken kid and a sober one. The biggest thing I have with this, though, is that it draws designated drivers. It also discourages people from going out with their friends when they don’t want to drink. Think about it, if you know that if you go to a party with your friends to drive them home and the party gets busted and you get punished, how likely are you to go out with them again? How does this make sense?

Like I said, I’m not campaigning to abolish the alcohol policy at Coastal, but we should drop the drinking age or any of that. I’m saying it needs to be looked at seriously and re-evaluated. Being punished for underage drinking makes sense, but being punished for having a souvenir or being a designated driver is not.

Leah Barcellona

Spending the summer lounging on the beach is one thing on all college students minds, especially right now while we are all cooped up with at least two to three years of experience, here, you will make bank.

I’ve been spending a lot of time job searching in the Myrtle Beach area and found a lot of places have either already hired to capacity or won’t hire people who want to start in May. This means if we want a summer job, we have to start immediately. I don’t know about the rest of you, but starting a job during finals week is the last thing I want to do.

My goal for the summer is to make money, get tan and have a great time. I’m sure half of you would agree with me, especially if this is your first summer staying in Myrtle Beach. We are one of the vacation capitals of the United States, how could you leave?

If you haven’t started looking for a summer job yet, here is my advice to you: start! If you are an experienced server or busser you have a great chance of getting a job in the restaurant industry. Most businesses are hiring people for serving tables with at least two to three years of experience, which is great because if you serve tables around here, you will make bank.

In my opinion, summer jobs are really important, and everyone should have one. You can still have fun and work at the same time, so get out there and start looking because the clock is ticking.
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**TRIVIA**

1. Douglas Fairbanks wrote and starred in the 1922 version of what story?
2. What Beatle owns a second only to Pete Rose in total major league baseball games played?
3. Who revealed that the U.S. had a hydrogen bomb in its last State of the Union speech?
4. What was the name of the Atlanta Hawks when they started out in 1948?
5. What was the name of the only song from a Hitchcock film to ever win an Oscar for Best Song?

**QUOTES**

“Our belief at the beginning of a doubtful undertaking is the one thing that ensures the successful outcome of our ventures.”
—William James

“When people ask if I can spare some change, I ask them if they can break a 20.”
—JoeBid

“Not the power to remember, but its very opposite, the power to forget, is a necessary condition for our existence.”
—Sholem Asch

“Falling in love consists merely in uncorking the imagination and bottling the common sense.”
—Helen Reardon

**CRIME LOG**

3/25

**Vandalism**

A CCU DPS officer responded to University Place in reference to a vandalism complaint. The officer interviewed the victim at the scene. The subject was located and interviewed at a separate location. During the interview the victim described an argument that occurred earlier and led to the vandalism. The subject denied doing the damage but confirmed the argument. University Housing staff were requested and responded. Both subjects were given no contact orders and released. This incident is being referred to the Student Conduct process for the University.

3/25

**Fire alarm activation**

CCU DPS officers and Conway Fire units responded to University Place in reference to an alarm activation. The alarms were reset and the building was re-opened. This incident is under investigation.

3/25

**Criminal sexual conduct, assault and battery**

CCU DPS, Conway PD and Horry County PD officers responded to University Place in reference to an assault complaint. Officers were approached by one victim at the Security building. This victim was interviewed at that location. The victim was injured and EMS was requested and responded. The second victim was located at the scene and interviewed. The victim was then transported to Conway Medical Center. A description of the subject was distributed to all officers and the subject was located near the scene. The subject was arrested and transported to the Horry County Detention Center. The subject will be served with warrants. Evidence was collected and seized. This incident is under investigation.

**5 What was the name of the only song from a Hitchcock film to ever win an Oscar for Best Song?**

6. What was distinctive about the British press in 1996?
WHAT’S THE WORD?

CHAD YATES

Each week the Chanticleer ask our readers a random question.

We asked CCH students...

What are your summer plans?

“I plan to have a full time job, while paying rent, as

well as enjoying my last summer as an under-

grad.”

Maggie Delaney, Senior

Middle East Education

“I’m going to Ohio.”

Yasmine Rastegar, Peace Corps

Thailand

“I’m going to Lebanon.”

Samantha Paul, Peace Corps

Biology

CHAUNCEY’S CINEMA

The editors weigh in on upcoming movies

Titanic (in 3D) (April 4)

Talk about epic. The James Cameron film that stole everyone’s heart, starring a young Leonardo DiCaprio and Kate Winslet, is back on the big screen, but this time in 3D. As if it wasn’t intense enough the first time around. You would be crazy not to check this movie-out, guarantee it will make you cry.

American Reunion (April 6)

All the previous American Pie cast members are back. While this is a hilarious crew, it’s pretty much guaranteed it will be the same movie we have all seen before. It may be funny, but not a must see.

The Hunter (April 6)

Based on a Jura Leigh novel, this story follows Martin (Wil- lem Dafoe) on his journey as a mercenary as he is sent to track down the last Tasmanian Tiger. This film is rated 6.7 out of 10 by IMDB.com

TEAL TUNES

What’s coming from the headphones of The Chanticleer staff?

Shane

Some Night

Fun.

“Ten times better than their #1 hit ‘We are Young.’”

Chad

Music Box

Emblem

“Nasty nasty nasty nasty.”

Jenna

Skinny Dippin’

Whitney Duncan

“It’s a catchy tune.”
OPEN TO THE PUBLIC AND ALL CCU ALUMNI, STUDENTS, FACULTY & STAFF ARE ENCOURAGED TO REGISTER
Come out and participate in our inaugural 5K obstacle race:

**CHAUNCEY’S CHALLENGE**

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9 AM - 12 PM

**WHERE**
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(registration includes t-shirt and entrance to post-race party)

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free food & drinks provided by

live music provided by
FALL 2012
ADVISEMENT and ADVANCE REGISTRATION
for Currently Enrolled Students
MARCH 21 - APRIL 12, 2012

- Course Offerings are available online at webadvisor.coastal.edu (select “Search for Sections”)
- See your adviser to schedule an advisement session.
- Plan your upcoming term via e-advising (on WebAdvisor).
- Obtain your registration appointment time on Wednesday, March 7, 2012.

Eligibility for registration is based on credit hours earned plus credit hours currently enrolled.

SENIORS (90+ CREDIT HOURS)
& GRADUATE STUDENTS
Group 1 - Beginning 6 am Wednesday, March 21 via WebAdvisor
Group 2 - Beginning 6 pm Wednesday, March 21 via WebAdvisor
Group 3 - Beginning 6 am Thursday, March 22 via WebAdvisor
Group 4 - Beginning 6 pm Thursday, March 22 via WebAdvisor

SOPHOMORES (30-59 CREDIT HOURS)
Group 1 - Beginning 6 am Monday, April 9 via WebAdvisor
Group 2 - Beginning 6 pm Monday, April 9 via WebAdvisor
Group 3 - Beginning 6 am Tuesday, April 10 via WebAdvisor
Group 4 - Beginning 6 pm Tuesday, April 10 via WebAdvisor

JUNIORS (60-89 CREDIT HOURS)
Group 1 - Beginning 6 am Wednesday, April 4 via WebAdvisor
Group 2 - Beginning 6 pm Wednesday, April 4 via WebAdvisor
Group 3 - Beginning 6 am Thursday, April 5 via WebAdvisor
Group 4 - Beginning 6 pm Thursday, April 5 via WebAdvisor

FRESHMEN (UP TO 29 CREDIT HOURS)
Group 1 - Beginning 6 am Wednesday, April 11 via WebAdvisor
Group 2 - Beginning 6 pm Wednesday, April 11 via WebAdvisor
Group 3 - Beginning 6 am Thursday, April 12 via WebAdvisor
Group 4 - Beginning 6 pm Thursday, April 12 via WebAdvisor

Monday, April 16: Registration OPEN to all students at 8 am.
Information on selecting for sections, adding preferred sections, viewing appointment date and
time, and other general registration information is available online
at http://www.coastal.edu/registration

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PLAYER PROFILE

ROKINA

DANIEL BOWMAN
Men's Baseball

The stat is making his second appearance in the player profile section already this season, and with good reason. Bowman leads the Chants in average (.555), home runs (3), and is second in RBIs (14). He’s been a main contributor to the Chants hot month of March.

TJ SUNDBERG

For the ninth straight season, your Coastal Carolina Chanticleers baseball team is in the top-25. Going into second full month of the season, the Chants are 14-7. After a .500 February in which the Chanticleers started the season 3-3, it picked up in March going 13-4. In the month it took down BCS conference opponents such as Indiana, Illinois, Ohio State (twice), Michigan (twice) and Connecticut. The Chants are hitting .295 as a team and are led by senior shortstop Daniel Bowman. Bowman is owning pitchers, leading the Chants in average, home runs and is second in RBIs. The pitching staff is third in the nation in ERA (2.16).

After opening the season on a 22-game home stand, the Chants traveled to #5 UNCG-Chapel Hill last Wednesday and dropped a 7-4 decision in 10 innings. The Chanticleers actually had the lead with two outs in the ninth inning before Calvy Stubbs hit the game-winning home run to send it into extra. The loss ended the Chants nine-game win streak. The UNCG-Chapel Hill game started a nine-game road trip for the team in which it began conference play with three game series with both Radford and Gardner-Webb, as well as non-conference games against The Citadel and UNC-Wilmington.

From here on out, the Chanticleers play mostly conference opponents. However, seven of their eight remaining non-conference games are on the road. In those games, the Chanticleers play the Citadel and Michigan twice, ACC opponents Virginia Tech and Clemson, UNC Wilmington, and College of Charleston.

Before we know it, the Big South Tournament will be upon us.

CHANTS CRACK TOP 25 FOR FIRST TIME THIS SEASON

COASTAL’S MEN’S GOLF SUCCEEDS AT FURMAN

LEAH BARCELONA
Women’s Track & Field

The senior placed third out of 58 competitors in the 800m at the Wrenn Bankin Invitational as she posted the program’s third fastest time in the event (2:12.30). Last year, Johnson won the Wrenn Bankin Relay and finished the season ranked third in the Big South Conference in the 1500m and fourth in the 800m.

Christian Johnson
Women’s Track & Field

The senior placed third out of 58 competitors in the 800m at the Wrenn Bankin Invitational as she posted the program’s third fastest time in the event (2:12.30). Last year, Johnson won the Wrenn Bankin Relay and finished the season ranked third in the Big South Conference in the 1500m and fourth in the 800m.

For scores and complete recap of each round visit GoCCUSports.com. For live scoring/results visit Golfstat.com.
TRACK AND FIELD BRINGS HOME TOP TEN FINISHES

KIM SHERAYKO

The men and women of Coastal's track and field teams competed at the Weems Baskin Invitational on March 23-24 and brought home 14 top-10 finishes.

On day one of competition, sophomore Tyler Shipkaski and freshman Joseph Keitt recorded the only top-10 finishes of the day. Shipkaski placed 7th in javelin with a throw of 58.03m, a season-best. Keitt competed in the men's 5,000m run and placed seventh with a time of 16:00.79.

Day two of the meet exceeded day one with many more top 10 finishes.

Junior Joesa Denison and RS sophomore Spencer Lange each placed fifth in their 3,000m steeplechase with times of 11:54.94 and 10:24.68 respectively.

The women's 1,500m came away with four top-10 finishes, while the men's 1,500m came away with two. Freshman Sophie Perry (4:11.89) and Letitia Saayman (4:22.64) finished third and fourth respectively, while sophomores Emily Marchini (4:04.85) and Shelby Morris (4:44.71) finished sixth and seventh respectively. For the men's team, Tyler Cummins placed sixth with his collegiate-best time of 4:23.54, while Cameron Wells finished eighth with his season-best time of 4:04.85.

Senior Christian Johnson placed third in the 5000m with a time of 13:12.11, which marked Coastal's third-fastest time in the event.

In the shot put event, Ryan Minse finished ninth with a distance of 14.68m.

Freshman Danielle England finished second in the javelin with a throw of 41.67m, while teammate Charles Vlahos placed third with a distance of 34.39m.

To end the competition, Mahtaliie Patterson and Bentley Comer brought home the final two top-10 finishes while competing in the hammer throw. Patterson placed third with a throw of 55.32m, while Comer placed fourth with a season-best throw of 53.29m.

SOFTBALL TEAM SPLITS A PAIR WITH CHARLESTON SOUTHERN

CHAD YATES

On March 28, the Coastal Carolina softball team split a series of games with Charleston Southern. In the first game, the Chants came out on top with a 15-0 win.

Coastal had plenty of chances to score, mainly when it loaded the bases in the bottom of the fifth inning but failed to capitalize on the opportunity. But CCU came through in the bottom of the seventh.

Freshman pitcher Kenna Quelos provided the sole run for CCU when she singled up the middle to score sophomore middle infielder Brooke Donov.

Quelos finished the game 2 for 3 with the lone RBI for the Lady Chants as well as earning the win on the mound for her tenth shutout of the season.

In the second game of the series, the Chants were held to just one hit until the sixth inning. Both teams left runners stranded multiple times, but that was when Charleston Southern's pitching stopped dead in the seventh, with a Haynes Holdsworth triple to right field that turned into the deciding factor.

As of March 29, the CCU Women's softball team sits at 22-10.

2012 APRIL SCHEDULES

BASEBALL
4/03: The Citadel
4/06: Gardner-Webb
4/07: Charleston-WWeb
4/07: Gardner-Webb

SOFTBALL
4/06: Radford
4/06: Radford
4/07: Radford

MEN'S & WOMEN'S OUTDOOR TRACK & FIELD
4/06: Duke Invitational
4/06: Florida Relays
4/07: Duke Invitational
4/07: Florida Relays

MEN'S TENNIS
4/06: Winthrop
4/09: South Carolina State.

WOMEN'S TENNIS
4/06: Winthrop
4/10: Louisiana-Lafayette

MEN'S SOCCER-SPRING
4/09: Wilmington Hammerheads
4/14: Alumni Game

T'S TAKE

The National Championship is tonight. How ever since this article is due before the Final Four even occurred, I don't even know who is playing in it. So I'm going to go out on a limb and make a prediction. If I'm wrong, this article is going to be about as useful as a brand new car with no keys.

So there's one seed, two two seeds, and a four seed left in the Final Four as of Wednesday March 28, 2012 at 7:00pm (my deadline). Kentucky, Ohio State, Kansas and Louisville are the respective teams for those seeds. So here's my prediction: Louisville takes on Kansas tonight. Kansas comes out on top.

What I'm not really sure, just a gut feeling. I have honestly been so busy lately I haven't really watched the tournament. And I feel like since the Big East was done this was an odd tournament.

But, here's what I do know about the two teams in my prediction; junior Thomas Robinson and senior Tyshawn Taylor lead Kansas. Both are averaging 17 points per contest and Robinson is a force on the defensive boards. For Louisville, Peyton Siva is an X-Factor. I feel like every time I watch him play he's always doing something you wouldn't expect a 6'9" 180 pound kid to do.

Even if I'm wrong, tonight's matchup is going to be a great game no matter who plays in it. Look at the four coaches that are remaining. It doesn't get much better than John Calipari, Rick Pitino, Bill Self, and Thad Matta. Here's what you can do with this article if I am wrong though:

1. Cut it out.
2. Roll it up and tape it over your eyes.
3. Don't! Now you can walk around campus and look like Kentucky's Anthony Davis.
walk a mile
in her shoes

Thursday April 12
Sign In at 3:30 p.m.
Walk begins at 4:30 p.m.
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