BREAK? WHAT BREAK?

CCU support staff works hard while students are away

JOSH PATZICK

So it’s the end of the semester, and after the last student turns in the last final exam, somebody shuts the lights off and everyone goes home for a month, right? Wrong. While students are away spending Christmas break with their families and thinking about everything under the sun (even for those of us who have been in the classroom or lab scenes are hard at work keeping Coastal Carolina’s campus in top shape.

“Sarah Brown is my name, and I’m always in the same place,” quipped one student. “I’m usually in the same room working on something. I’m always here.”

Shunk said to roll new landscaping around the Marshal and Welding building and the new Bryan Information Commons as well as put some new plants around Bill Bailey Hall.

Crunchy crescent rolls are the last work between Christmas and New Years, but the grape stuff grows while they are gone, and when they get back there will be a lot of work to do getting campus ready for the new semester. However, they may have to do it without the help of their student workers and community service appointees.

“If they want to come back after the first week when we do, they can, but typically they don’t,” Shunk said.

While not as busy as normal, campus police will still be on the scene to make sure nothing happens to students’ property while they are gone over break and to do their normal job of keeping campus safe.

“Our call volume does drop off, but we still have quite a few, so we won’t be taking much time off,” said Scott Smith, lieutenant of Public Safety.

Since some students choose to leave, their cars and other valuables at school while they go home, police are concerned about break-ins and other crimes, so they continue to patrol campus as they normally do and work at the various sporting events planned for Christmas break, according to Smith.

Work will continue on the Swain Science Center, the energy plant, the Bryan Information Commons, and the new academic offices over break as well, according to Reina Mungo, Director of University Projects and Planning.

“All the major projects will continue,” she said.

Mungo and his crew plan to start painting all of the bathrooms in the academic buildings on campus, and possibly some classrooms.

“We do a bunch of little in-house projects,” he said. “We’re going to start at the Wall building and try to do the academic classrooms and bathrooms over Christmas break.”

Maintenance crews will also install new carpet in some of the academic buildings and change all of the air filters to the residence halls over break. So if you come back in January and notice your room no longer smells like old pizza and body odor, it wasn’t a miracle; they just changed the filters.

AWAKENING TO AMERICA’S ANTI-ECONOMY AND LEARNING SOLUTIONS

Student’s views on liberal economics vs. American economics

ROBERT BRIDGES

Current Occupy Wall Street reports, as well as stories on the status of the American economy, fill the headlines but constantly shift between ascending and descending stars and the majority of reports are, “Confusing; boring and overall are ineffective at informing CCU students and the general public about true economic problems and don’t provide solutions,” according to Marissa Terry, senior Education major.

Economies are systems in which goods and services are produced, sold and bought in a country or region, according to Merriam-Webster’s online dictionary.

The definition goes on to describe how an economy should be thrifty and efficient in the use of material and non-material resources while being mindful of its expenses.

“It’s safe to see how far our country and society have strayed away from the literal definition of an economy,” said Dina Corradetti, junior Biology major.

“Right now as a species, we just blindly spend, there are no checks and balances and we can get our hands on and aren’t taught to collaborate to find ways to preserve and sustain the planet.”

“Sustainability in today’s world is seen through a variety of perspectives, ranging from a subject the tree-hugging, college youth like to embrace; to a business typically viewed as being non-profitable or too expensive,” Corradetti added.

Johanna Wolfgang von Goethe was a German writer and political activist known for famously noting, “Nouns are more hopelessly enslaved than those who falsely believe they are free.”

“Wolfgang’s quote can relate to the CCU community and most people on earth,” said Leigha Peterson, CCU Econ and senior Marine Science major.

“My friends and I talk about how Americans, early on, hardly learn about being free, but essentially end up being slaves of a monetary system they never fully understand.”

“However, I think everyday people are steadily going through a global shift in consciousness and are seeing the flaws in the ways today’s systems operate, thus resulting in a variety of drastic global movements occurring around the world,” Peterson added.

CCU students and all of America currently operate under and see an economic system known as Modern Money Mechanics.

The complete book on this system was originally produced and distributed for free by the Public Information Center of the Federal Reserve Bank of Chicago.

The booklet can be obtained and read for free anytime simply by doing a Google search for Modern Money Mechanics.

The purpose of the book is outlined on the first page and overall describes the basic process of money creation in a fractional reserve banking system.

Overall, the booklet explains the use of money via the use of a central bank in today’s world using heavy banking terminology.
**STUDENT CLUBS REQUEST MORE HELP FINANCIALLY**

CHRISTIAN GAMBLE

Universities often push their students to join student organizations. However, the façade student organizations depict doesn't always show the financial woes many of them are faced with.

Kissimmee International Kingley President Tarriecy Parish said that outside support always supported their organization. In discussing the Kissimmee International website, the foundation is a "multi-million-dollar organization that awards grants to Kissimmee clubs." However, the Circle K club at CCU, after losing support from their sponsors, is facing financial troubles.

After requesting money from CCU's Student Government, the club only received $500. Now, Parish said the club is turning to its own members to help.

"We have an annual club due which is $20, and we are going to use that money to pay our Kissimmee fees," he said.

All that fall is paid off, Circle K will have a standing balance of $10. Parish said Circle K is a community service organization, so it does not pay on any penalties. Parish is seeking funding for this fall. However, if it does travel extensively and the money it requested would have helped greatly.

Kissimmee International is the President of the Coastal Carolina Women's Club Soccer team. Schroeder said that unlike the school's athletic teams, club sports have to request money in order to stay active. Student athletes are sponsored by CCE, where club sports are not.

"We requested about $6,000 to $7,000 for this year," Schroeder said. "We didn't get any of that." 

In fact, Schroeder's club only received 13 percent of what it was granted, which only amounted to $900.

"It's not enough to function and play. If we did not have equipment to use, we would not be able to play," said Schroeder.

 Schroeder said the club hopes to go to the Carolina Soccer Tournament in the spring, which will cost around $1,000 to attend, not including travel and housing expenses.

 Schroeder said the clubs depend heavily on fundraising such as car washes, and is sponsored by Huddle House. 

"Wags Frou even allowed our members to work their stand at the mail, giving 20% of the profit that was made," said Schroeder.

From working at Wags Frou for two hours, Schroeder said the club was able to raise $200. Going to outside sources for financial assistance seems to be the way most clubs support themselves.

The people who control the funds given to student organizations are those in CCU's Student Government Association. According to the Vice President of Finance Thomas Kelly, SGA is given $3,000 to distribute to more than 30 organizations on campus. If divided evenly among the organizations, each would roughly receive around $90. Instead of simply dividing funds equally among clubs, Kelly said that SGA asks all clubs to propose a budget of how much money their organization will need.

"The finance board meets and reviews budgets as well as have a chair representative come in and speak on their organization. If a club needs additional funding, Kelly said that SGA suggests that clubs request money in order to stay active.

"It's not much but it would help," said Kelly. "If a student on the board is a member of that organization, he or she would be likely to inform the board."

Kelly said SGA tries to give as much as it can to each organization. If a club needed additional funding, Kelly suggested that it increase membership dues and do more fundraising.

According to Parish, the money allotted to student organizations at the beginning of the year is supposed to last the entire school year. However, according to Schroeder, Dodson and Parish, who are responsible for keeping their organizations financially stable, the funds given to them by SGA do not last long.

"Chubs should receive no less than $1000 each year," said Schroeder. "It's not much but it would help." 

Kelly said SGA is given a set budget and expected to distribute to the student organizations at least 90 percent of their abilities. Kelly said simply giving each organization $1000 is not possible.

"Mathematically speaking, the number of clubs that are requesting more funding than we budget would have technically not add up," said Kelly.

The anonymous source expressed immense dismay about not receiving that, regardless of this supposed separation, it seems as though the RA's spend a lot of time helping the desk assistants with their work.

When asked, several Resident Directors (RD) declined to comment, saying they don't have time because they were doing other duties or selecting new RAs to fill the positions.

Sophomore UP Phase I RA Breia Hernandez is transferring to Clemson rent semester, but claims that aside from some of the issues, she enjoyed her time as an RA and she and her RA team spent $20,500 on outside sources for financial assistance to be the way clubs support themselves.

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AWAKENING TO AMERICA’S ANTI-ECONOMY AND LEARNING SOLUTIONS CONTD.

ROBERT MUSIC

A YouTube movie featuring Wolfgang’s quote, titled Zeitgeist Addendum on Modern Money Mechanisms, also goes over the book’s highlights:

“The Zeitgeist films are amazing and go over what I feel can be an uprooting of the way we think about how things are done and why we do what we do. Many people should watch them,” said Alvis Heilmann, CCU alumna and AmerCorps member.

“This was a modern monetary theory review of the book’s highlights on our current central banking economic system.”

“It explains how our economy is fueled by cash, which essentially is created from debt, and describes how it’s nearly impossible for people to understand this system if unfamiliar with banking terms,” according to Heilmann.

“The movie goes on to discuss how the Federal Reserve system of creating money out of debt is spiraling out of control and overall is a doomed anti-economic system,” Heilmann added.

Solutions to solve today’s systems are constantly growing, but typically not reported by mainstream media due to agenda setting in the industry. However, stories can be found in a variety of places by searching online and on campuses.

Mountains.com is a great source for CCU students who want to learn more about innovations in sustainable technology. Mountaineers can stumble across a huge variety of alternative energy websites.

These websites contain stories, pictures and videos about sustainable innovations and products seeking publicity.

GOODBYE MICHELLE

As a personal thank you to our faculty advisor, we would like to acknowledge the hard work of Michelle Carroll and her dedication to The Chanticleer, as well as WCCU Radio, where she holds the same position.

Next semester, Michelle will take her talents to Madison, Wisconsin as a lead anchor in the 5th ranked television market, a huge step in her life.

For any of you who may know her personally, make sure you congratulate her and wish her the best of luck in her future endeavors.

For her replacement as advisor for The Chanticleer, the status is currently unknown, but either an interim or full time advisor will be named by the department at some point.

We are very fortunate and grateful to work with someone of Mrs. Carroll’s knowledge and passion for journalism. Those of us have enjoyed her and helped only improve our paper as a whole.

Best of luck, Michelle.

“I DJ for a radio show, the Positive News Network at Coastal Carolina University or PNNC CCU that reports on positive news here on campus for those seeking an agenda free positive news source,” said Kyle Dickson, junior Communication major. “A good majority of the sustainability topics discussed on the air come from stumble.”

A new innovative socioeconomic plan whispering to reform our global economy has come into existence, known as the Venus Project, and this project aims to provide enough for everyone on Earth.

The Venus Project offers a comprehensive plan for social reclamation in which human beings, technology and nature will be able to coexist in a long term, sustainable state of dynamic equilibrium, according to the project’s official website, thevenusproject.com.

A variety of videos show and review the true potential of sustainable human technology on the website. Videos about future cities of the sea across all the cities of the land, energy, transportation, housing, construction and space usage all can be viewed, and everything in the program is created with the literal definition of an economy in mind.

“A wise friend once told me how resources are finite on Earth, but human imagination and ingenuity are infinite, so I do believe anything is possible,” said senior Communication major Susan Menard. “We must not dodge this, and use communication to collaborate to either reform our flawed systems in existence or establish new ones capable of sustaining our species.”

Global fisheries are overfished beyond capacity by about 75%.

Recycling glass bottles helps save resources and can be surprisingly inspiring.

Our society wastes enough sporks to circle the earth, and then some.

We Americans today create double the amount of garbage today than we did 50 years ago.

World – Mexico failed plan to smuggle in Gaddafi son

Reuters - Mexico uncovered and stopped an international plot to smuggle late Libyan leader Muammar Gaddafi’s son Saadi into the country using fake names and false papers, authorities said Wednesday.

A Canadian woman, a Danish man and two Moroccans were arrested on November 19 and 11 over an alleged plan to bring Saadi Gaddafi, who is now in Niger, and his family to Mexico using forged documents, safe houses and private flights, they said.

Mexican officials acted on a tip in September about the network, which planned to settle the family near the popular tourist spot of Puerto Vallarta on the Pacific coast, Interior Minister Alejandro Pena said.

In preparation for the family’s arrival, the criminal ring bought properties around Mexico and opened bank accounts. It also arranged for private flights to smuggle in the family and set up identities under assumed names, including Moah Bejiga Said and Amira Said Nader, authorities said.

The plotters themselves used a network of flights between Morocco, the United States, Canada, Kosovo and the Middle East to plan the route and organize the logistics for Saadi’s arrival, Pena said.

The plan was to bring Saadi - a businessman and former professional soccer player - and his family to a multimillion-dollar estate in Punta Mita, the Canadian newspaper National Post reported.

USA – Virginia Tech shooting claims two lives

Reuters - A shooting left a police officer and another person dead Thursday, Dec. 12, at Virginia Tech University.

The incident took place during a routine traffic stop that was a result of an exchange of gunfire, Virginia Tech reported in a statement that another victim was found in a nearby parking lot.

After the shooting, the suspect fired on foot and soon after police swarmed campus. Students and faculty were directed to bunker down in school buildings and dorms as the police searched for the shooter.

Police declined to say if they suspected a murder-suicide. They offered no motive for the crime in a press conference held after the incident. They also would neither confirm nor deny that the second body found at the gunman’s home did mention there was a gun found near the body.

Police were investigating the possibility that the shooter was involved in a drug-related incident or a drug-related robbery that took place earlier that day.

Several hours after the incident the university declared an end to the active threat on campus, but final exams, which were scheduled to start next week were postponed.

State - Colbert tried to sponsor SC presidential primary

The Sun News - Comedian Stephen Colbert tried yet again to get his name on South Carolina’s presidential primary ballot — only this time he wanted to sponsor the Republican contest.

GOP officials in the state said they met with Colbert twice this fall to discuss a potential sponsorship of the first-in-the-South Republican primary. Colbert offered more than $100,000 to name an endorsement. "The Colbert Nation Super PAC Political Presidential Party." The Republican Party has been scrambling to raise money to $300,000 needed for the primary, but they have said they will be able to do it. Also, several counties sued challenging the state’s right to hold a primary at all, but last week the state Supreme Court green-lighted the balloting. GOP officials said that decision ended discussions.

"Stephen Colbert, the world’s most famous living South Carolinian, approached the party with a sponsorship opportunity," executive director Matt Moore said. "The party respectfully declined. We wish Mr. Colbert everything but the best of luck." Colbert also sought naming rights for a debate several days before the Jan. 21 primary, but Fox News Channel held the exclusive rights.
THE SHATTERING TRUTH
ABOUT CRIME
ON CAMPUS

Criminal acts during the holidays and preventing them

RHONDA TAYLOR

While the holidays are rapidly approaching, so are the criminal acts on Coastal's campus. Just recently, a former student's back window was shattered by a fairly large rock near Ingle Hall.

"The officer that helped me out came immediately and was very cooperative. However, I do think more working cameras should be installed," said Sarahanne Griggs, freshman English major.

Although Griggs felt the Department of Public Safety (DPS) did its best for the most part, there are mixed feelings according to other Coastal students.

Julian Pirnion, a freshman finance major, felt the Department of Public Safety was not up to par with their duties after his Xbox, along with other items, were stolen out of his room in Oak Hall over Thanksgiving break. The same goes for Juan Olguin, sophomore Accounting major, whose tires were slit near the building. Accoring to DPS, there was nothing the officers could do about it, since the one camera installed by the building didn't catch the act.

"'The only security that on campus is good, it could definitely be better. If someone was abducted at night and because Coastal doesn't have cameras the attacker runs free,'" says Andrea Robinson, junior Political Science major.

Robinson expressed her concerns after hearing about Juan's tires being slit. She felt the incident could have been solved in a better manner if there were cameras to catch the suspect.

"It makes me think that someone could have been getting mugged or hurt and no one would have noticed," said Griggs.

Although these Coastal students have different opinions about how DPS conducts, the overarching concern is the lack of cameras on campus.

There should be more preventive precautions students should take when checking out for winter break. When driving around campus or anywhere else, it is best to make sure check personal items with them wherever they go.

By doing this, students don't have to worry about those things being stolen. When driving around campus or anywhere else, it is best to make sure check personal items with them wherever they go. People can spot those items from the outside and try to break in. Personal items should be put in the trunk or out of sight. And the most obvious of all; lock your doors.

Ways to get involved in activism

Making a difference in the community

CHRISTIAN GAMBLE

The international "16 Days of Activism against Gender Violence Campaigns" ended on Friday Dec. 9, on Human Rights Day.

Paige Whaley, assistant director at the Women's Resource Center, said the purpose of the event was to shed light on gender violence.

"Gender violence is not limited to just one area," said Whaley. "And it is important to cover as many of the issues as possible in the limited time frame."

Even though the 16 days are over, Whaley said students still have the opportunity to involve themselves in organizations that focus on activism in the Conway/Myrtle Beach community.

"I believe students should get involved in activism," said Whaley. "They'll develop relationships and skills that can be used for the rest of their lives and they'll have a chance to make a difference in people's lives and in their community."

Whaley said that a club is being formed now to help the fight against human trafficking. If students are interested, they can contact Cynthia Storer at cstorer@coastal.edu. If students want to get more information about the Women's Resource Center or their events they can call 843-549-2218.

Places students can contact to get involved in activism:

- Committee Against Spouse Abuse (CASA)
  843-628-7305 or 843-448-6226

- Children's Recovery Center
  843-448-6400

- Eastern Carolina Coalition Against Women Traff.
  843-448-0879

- Family Justice Center of Georgetown
  843-534-3901

- Greenville Center
  843-448-7275

- Myrtle Beach
  843-997-2015

- Charleston
  843-534-2218

- Savannah
  843-534-2218

BUYING USED OVER NEW FOR THE 2012 HOLIDAY SEASON

Thrift and buy used to get the most for your money

ROBERT MUSIC

Shopping during the holiday season can be a stressful experience thanks to the lack of finances, but learning to thrift and buy used can help get the most out of any college student's holiday money.

Store like the Salvation Army and Goodwill offer used clothes and items for really low prices. Selections vary by store and typically depend on what is donated locally.

"Thrifting is like gambling; it takes time but you can win if you're lucky," said CCI EcoRep and Marine Science major, Leigha Peterson.

"The best part is how much money you save and how much more you can get."

Besides clothing, some Goodwill's offer used furniture and appliances at affordable prices, and if anything you buy wrong you can return appliances within the first three days.

"My parents and I were shopping at Goodwill for my place to save," said Lindsey Proctor, senior Political Science major. "I got a used vacuum for $20 and it works perfectly fine, and it totally be going back with my Christmas money."

Other than saving money, transitioning to buying used helps prevent waste from ending up in landfills and helps contribute to saving the planet.

"The age old saying 'one's trash is another's seems to be forgotten sometimes," said Haven Hillard, junior Music Major.

CHARGE BATTERIES VIA SOLAR ENERGY

Quad Travel Charger Plus

ROBERT MUSIC

Spendng money on common battery chargers for Cei, QUAA or other consumers can now become a thing of the past due to the Quad Travel Charger Plus, currently for sale on siliconsolar.com.

This travel charger is a solar battery charger ability to ensure your AA or AAA rechargeable batteries are always charged and ready to go when you need, according to the product details listed on the website.

Features described on the website include a belt clip able to adjust for maximum sun exposure and a Quad Travel Charger able to charge up to 4 AA or 4 AAA batteries at a time.

Solar battery charger

Price Courtesy of siliconsolar.com

The cost of new batteries is ridiculous," said Kyle Nichols, a senior Art major. "My parents and Wii controller are always dying so I just don't use them. Anyone spending money on batteries can benefit from using a Quad Travel Charger."

The product details mention batteries are not included with the charger, and users must charge four batteries at the same time.

The AA and AAA Solar Battery Charger is ideal for campers and hikers who want to be able to charge their electronic devices along on their travels.

Siliconsolar.com currently lists the charger price at $68.90 prior to tax and shipping fees.

With the start of the Quad Travel Charger Plus essentially oversees for itself, and is a sustainable holiday gift for college students or anyone seeking to save on battery expenses.
HOLIDAY SHOP AND SAVE

Ways to save with tight pockets
LINDSEY RYON

A little tough to reach into your pocket this holiday? Here are a few ways to save a few bucks this year when shopping before the big day.

Everyone looks forward to the biggest shopping day of the year, Black Friday. Whether you’re shopping for yourself or for gifts for others, Black Friday is a day when stores put up extra ‘red-dot’ signs on a few more items than usual. There are no real bargains. The excitement of midnight shopping just doesn’t do it for some people. But for others, it’s the night of their life.

Holiday Shopping (Phone Apps):
- DealDigger (FREE). Geographical map of stores.
- Google Shopper (FREE). Price comparison and reviews.
- Coupon Sherpa (FREE). Mobile coupon delivery.
- Flipp (FREE). Download map of deals.
- Gift List (FREE). Digital shopping list in your budget.

Tips on ways to save (Source: BankRate.com):
- Decide how much money you can spend. Set a budget.
- Make a list and check it twice. After creating the budget, make a list of who you want to buy for and then decide how much to spend on each person.
- Buy in bulk if you have a credit card that has the lowest interest rate and pay it off immediately after the holidays.
- Don’t just budget your money, budget your TIME! Planning now can save you time and money.
- Buy a few of the biggest, most expensive gifts a few months before the holidays. Prices skyrocket once the holidays begin.
- These gifts add up to a lot of money. You can save up to 50% on last year’s gifts.
- If you’re stuck on what to buy for someone, you can never go wrong with a gift card to a department store or restaurant.

Because of the shopping craze, 40 percent of Americans this year are doing their holiday shopping online. Technology like smartphones, tablets and computers is helping people bargain hunt, using things like print-and-save coupons and BOGO (Buy one, get one) events. Check out new apps for your smartphone on ways to save while you shop. Let just say that technology in Santa’s little helper this year.

There are just a few steps to keep in mind when trying to save money on holiday shopping. About 53 percent of shoppers are redeeming credit card reward points to use towards gifts. Also, remember that a homemade gift, or offering to help out at an event is a lot cheaper than any material gift would ever be.

Give yourself plenty of time to do your shopping. When you are rushed to buy gifts, you will pretty much buy anything and go way beyond your budget. Check out the Dollar Store for stocking stuffers and local thrift shops for great deals. Follow these tips to keep your pockets a little fuller during the season.

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NUTRITION TIPS FOR THE HOLIDAYS
ALEX ALTMAN

Turkey, honey ham, mashed potatoes, pumpkin pie and egg nog. All are foods that find culprits for the holiday weight gain one might adopt over the month-long Christmas break.

Not much participating in the wonderful activity of nothing.

Instead of avoiding those delicious foods, use these tips and have a guilt-free binge.

We all know that alcohol may be involved on this special occasion.

"Alcoholic calories do add up to total calorie intake and cause us to self-control in food choices," said Sharna Thompson, professor of Nutrition and Wellness at Coastal Carolina University. "Drink water between beverages with alcohol."

You can have your desert without coffee.

"Holiday coffee beverages can also provide many calories," said Thompson. "Try looking up the calories before having some."

According to JoAnn Cydulka, a Merry White Mocha has 365 calories.

Try to have some variety for dinner.

"Rice for color on a plate rather than brown and black, and add more fruits and vegetables," said Thompson.

Living in the South can help to add on the pounds as well.

"Try to avoid anything fried," said Thompson, "5, 4, 3, 2, 1. Happy New Year!"

While waiting for midnight on December 31st, the late night munchies can hit.

"Don't skip breakfast and keep to a minimum," said Thompson. "Again, there can be less self-control at midnight when you're tired."

After a night of partying, it's always best to avoid an empty stomach and eat.

"Don't skip breakfast," said Thompson.

"I won't care much when I'm eating Christmas dinners with the family," said Christine Doos, freshman Marine Science major. "Otherwise I'm going to watch it to a point so that I don't gain a lot of weight over break."

Whether you plan to pig out before break or watch what you eat is up to you.

Just some food for thought.
The Chanticleer Vol. 50 Issue 11

6 student life

The full list of classes and times are as follows:

**Dec. 9**
12:00-1:00pm Spinning
12:00-1:00pm Pump
4:00-5:00pm Boot Camp
4:30-5:30pm Zumba
4:30-5:30pm Pilates

**Dec. 10**
12:00-1:00pm Spinning
1:00-2:00pm Yoga and Flow
12:00-1:00pm Yoga and Core
6:00-7:00pm Power Flow Yoga
7:15-8:15pm Cardio & More
8:00-9:00pm Zumba

**Dec. 14**
12:00-1:00pm Pump
4:00-5:00pm Boot Camp

**Dec. 16**
12:00-1:00pm Spinning

**Dec. 17**
12:00-1:00pm Spinning

**Dec. 19**
12:00-1:00pm Spinning
12:00-1:00pm Pump
4:00-5:00pm Boot Camp
4:30-5:30pm Zumba
4:30-5:30pm Pilates

**Dec. 20**
12:00-1:00pm Spinning
1:00-2:00pm Yoga and Flow
12:00-1:00pm Yoga and Core
6:00-7:00pm Power Flow Yoga
7:15-8:15pm Cardio & More
8:00-9:00pm Zumba

**Dec. 21**
12:00-1:00pm Pump
4:00-5:00pm Boot Camp

**Dec. 22**
12:00-1:00pm Spinning

**WCCU Radio Update**

LINDEY CHAVEZ

WCCU Radio is excited to announce its very first benefit concert hosted on Friday, Jan. 13 at Good Daddy’s Bar and Grill from 8:00 p.m. to 1:00 a.m. WCCU Radio is holding this benefit to raise money for a new programming system to help the station succeed. With the help of the community, the station will run for years to come. There is a five-dollar cover charge, with all proceeds going to WCCU Radio. Death of Paris, American Pie, and The Sauce will perform at the concert. Come out to support the station while having a great time!

WCCU Radio management is looking for more on-air staff! If you are interested in hosting your own radio show, please contact anytime on the WCCU Radio staff to set up an audition date. Come prepared with a complete concept of a show, your availability and ready to show off your radio voice!

If you are having trouble tuning to the station online, it is available on iTunes Radio, College Radio, search “WCCU Coastal Carolina.” There is also an app available on Android and iPhone; “Tune In” and search “Coastal Carolina.”

Listen live every hour of every day to WCCU Radio! 
THEY CAGE THE ANIMALS A MIGHT

CHAD YATES

Last week, the Myrtle Beach Training Complex hosted a pretty exciting night of cage fighting. I know it’s stertotypical for me and a bunch of my guys to watch some people get their faces turned into mashed potatoes, but I don’t care. For me, as someone who has never seen a fight like this in person, there’s nowhere else I would rather have been for those four and a half hours.

Perhaps it was just the adrenaline and immensely high levels of testosterone at the fight, but something about it made me just want to hop in the cage. While I’m fairly confident in my athletic and physical capabilities, I know those dudes would kick my ass.

What really impresses me is the dedication those guys have to their sport. It’s just ridiculous.

One of my friends from high school was actually fighting in the 155 lbs. weight class, and he was easily 190 lbs. about six months ago. It’s not like he was an out-of-shape guy; rather, I worked out with him at the beginning of last summer and he put me to shame. Just the fact that he dropped that much weight in such a short amount of time while still gaining strength speaks for their training.

Unfortunately, my friend ended up losing his fight, but it was definitely my second to favorite fight of the night. I was confident heading towards the end of the night that he was going to be my favorite, but the heavyweight bout between two 260 lbs. animals was enough to change my mind.

Know how I said above that I wanted to hop in the cage? For this one, not so much.

The power of these dudes blows my mind. As I sit here writing this, my roommate mentions that a punch from one of these fighters exerts 1,000-1,300 lbs. of force. Needless to say, I won’t want to be on the receiving end of that.

I guess I sort of consider my watching this awesomeness as a reversion to a somewhat primitive nature. In my opinion, these fights almost allowed me to forget socially acceptable behaviors out the window and induced a semi-barbaric feeling. And to be honest, the feeling was rather nice.

THEIR GOVERNMENT ASSOCIATION

COURTNEY MULLIS

It is important for students to be involved and form opinions about their education and their university. There are always ways a school can be improved, and there are often many things students would not want to see.

Senior Accounting major Ly Pham said she likes Coastal’s Student Government Association. “It’s really cool,” says Pham. “Especially the Student Body President. He works really hard to improve the student experience at Coastal.”

This shows university life is only what the students make of it.

In addition to diligent and involved students, Coastal boasts professors who care about their students.

Freshman Shaun Payne, who is work­ ing toward a double major in Marketing and Business Management, said what he likes most about Coastal is “how most of the faculty will go out of their way to help students.”

On a similar note, freshman Exercise and Sport Science major Jonathan Brown said, “I like the fact that tutoring sessions are offered.”

However, like at any university, there are things students dislike. Freshman Applied Mathematics major Damien Wright thinks the First Year Experience class is “a waste of time.”

“Being an Exercise and Sport Science major, classes are really quickly,” said junior Ryan Cox.

Con thinks Coastal should employ more professors so there could be more sections per class.

Freshman Marine Science major Allison Mur­ phy wishes students showed more school spirit.

Murphy feels the school needs improvement from the inside, starting with students’ attitudes.

Over Winter Break, take time to consider what you like and dislike about Coastal. Decide what you can do about it, and if there is something you would like to tell The Chas­ ticle, write us a letter to the Editor and let us know.

A NOT-SO-SAPPY REFLECTION

SHANE NORRIS

As the semester draws to a close, I realized this is my last fall semester of college, at least at the undergraduate level, and it occurred to me how fast it has gone by. Don’t worry, this isn’t about to be one of those sappy looking-back-stories...I’ll save that for next semester. This is just going to be a list of some observations I’ve made in my three and a half years here so far.

One of the most important parts of college is to remember why you’re here. I love to have fun, and I don’t think you’re living if you can’t let some things just slide off your back or kick back and relax, even if it means rushing later. That being said, you’re in college for a higher education, and that’s an opportunity that a lot of people never even get. So have fun, party, go to the beach, do what you find entertaining, but from there you have to learn when it comes down to it. Because, in four to five years, you’re most likely going to be going into the real world and your future beings to care how many killer parties you threw, but they will care if you learned how to write in AP style, or know how to get a spreadsheet, or whatever skills your professors are trying to teach you.

Another important tip I can give you is to be smart about who you choose to live with. Freshman year, you don’t have too much of a choice, and I think that’s kind of a good thing because it forces you to develop personal skills. But as you get older, you get a choice. Living with friends is generally a safe choice, but make sure you have a close friend to go to if you have a problem. I know there are those who have never even got to the point where they would want to have a girlfriend or boyfriend over.

It can be annoying if you’re paying rent and utilities with an extra person staying at your place using your water and electricity and not paying a cent. So, if you do that, living with a friend is most likely going to work out great, but I would advocate against it is living with a random roommate. This is highly risky, because if it turns out that they aren’t the most responsible or best roommate for you...then you’re stuck with them for the next 10-12 months.

Those are the two most important things I can think of now, without getting too sappy. Just be smart and enjoy it, because it’s gone before you know it.
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TRIVIA
1) Who lived at 221B, Baker Street, London?  
2) Who is the main actor in "Cocktail"?  
3) What's the largest city in India?  
4) When did the Second World War end?  
5) How many squares are there on a chess board?  
6) What does the female praying mantis do after she's made love?

QUOTES
Act in the valley so that you need not fear those who stand on the hill.  
- Danish proverb

If you can't describe what you are doing as a process, you don't know what you're doing.  
- W. Edwards Deming

All my life I've wanted to be someone; I guess I should have been more specific.  
- Jane Wagner/Lily Tomlin

Each problem I solved became a rule, which served afterwards to solve other problems.  
- René Descartes

Don't stay in bed, unless you can make money in bed.  
- George Burns

CRIME LOG

Breach of the peace - 12/7
CCU DPS officers responded to University Place for a noise complaint. This was the second time officers responded to this location on this date. The officers located the subject apartment and contacted the residents. The four residents were issued citations and the other occupants were told to leave the apartment.

Grand Larceny - 12/5
CCU DPS officers responded to the baseball field in reference to a larceny complaint. The officers interviewed the complainant who described the missing property and the circumstances of the incident. The property was entered into NCIC as stolen. This incident is under investigation.

Simple possession, possession of paraphernalia - 12/5
CCU DPS officers responded to Ingle Hall in reference to a complaint of possible drug use. The officers located the subject apartment and contacted the occupants. The occupants were interviewed and found to be in possession of marijuana and paraphernalia. All the occupants of the apartment are being referred into the Student Conduct Process for the University.

Additionaly one subject was issued citations and released.

Intimidation, stalking - 12/4
A CCU DPS officer responded to University Place in reference to suspicious activity. The officer interviewed the victim at the scene. The victim identified a possible subject and described the circumstances of the incident. The subject was contacted by telephone and located. The subject was interviewed, arrested and transported to the Horry County Detention Center.

Courtes of CCU Dept. of Public Safety

Answers

CRIME LOG

Upscale Salon

Features:
- LED Rejuvenation Light Therapy (Promotes Collagen Production)
- Multi-Level Tanning Packages
- Airbrush Spray Tanning
- HCC Weight Loss System
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Women's Resource Center

Stressing over exams? Need a quiet place to study? Stop by the WRC!

The Women's Resource Center offers a quiet environment for you to get your study on!

In 1996, Congress unanimously passed the Drug Free Workplace Protection and Family First Act, which provides severe sentences of up to 20 years for the acquisition or possession of a controlled substance with the intent to commit a crime of violence, including sexual abuse.

Source: http://www.vlclimilosliver.org/dps/rapes.html

GOOD LUCK ON YOUR FINALs!
**WE WANT YOU!**

We are currently seeking as many contributing writers as possible. We encourage any prospective writers to attend our weekly meetings on Mondays at 6:30 p.m. in the Lab Jackson Center room 206. The Chanticleer is a great way for prospective writers to acquire published material and gain valuable experience for possible internships and job opportunities.

Story ideas can be submitted to The Chanticleer via email at chanticleernews@gmail.com. You can follow us on Twitter @ ChanticleerNews, and look for us on Facebook at The Chanticleer. We look forward to receiving your articles and welcoming you to our staff.

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**WHAT'S THE WORD?**

**COURTNEY MULLIS**

Each week the Chanticleer asks our readers a random question.

*We asked CUC students... How do you handle the stress of exam week?*

- "I don't study until the day before. I just put it off."
  - Emaj Jackson, Freshman, Middle Level Education

- "I play video games."
  - Paul Beers, Freshman, Mathematics

- "I try to do the least amount of last-minute studying as possible."
  - Crystal Hert, Freshman, Accounting

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**CHAUNCEY'S CINEMA**

The editor weighs in on upcoming movies.

- **Elf:** Buddy the Elf what's your favorite color?" pretty much sums up this 2003 instant classic. Not much can go on the Christmas spirit quite like the shenanigans pulled by the oversized elf, like loading up onto a heart of spaghetti or waving the streets of New York for "free candy." An annual viewing is definitely in order.

- **Nightmare Before Christmas:** Tim Burton's stop-motion film classic the concept of Halloween and Christmas into perhaps one of the most well-known seasonal films. When the notion of Christmas is introduced to Jack Skellington, the Pumpkin King of Halloween Town, our protagonist sets out on an uphill battle to brighten up the gloomy town with some good old-fashioned Christmas spirit.

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**TEAL TUNES**

What's coming from the headphones of The Chanticleer staff?

- **Shane:** A Simple Christmas by Jimmy Buffett
  "One of my favorite Christmas songs from one of my favorite artists."

- **Chad:** Family Business by Kanye West
  "Too bad Kanye strayed from his roots."

- **Jessa:** Colours by Grouplove
  "It makes wanna go to the beach and surf... I wish it was summer!"
The ShaniKA Maddox
Junior Ashton Bennett netted 14 goals in 22 games for the Men's Soccer team as she sparked the team's second half comeback against the UNC-Chapel Hill Tar Heels. Bennett was recently named one of the 15 semifinalists for the Missouri Athletic Club's Hermann Trophy, one of the nation's top soccer honors.

Coastal Carolina's newest athletic team, Women's Lacrosse, released its first signing class two weeks ago. Among the 18 girl signees, two are ESPN's Top 25 defensive player ranking.

ASHTON BENNETT
Forward, Men's Soccer
Junior Ashton Bennett netted 14 goals in 22 games for the Men's Soccer team as he led them to the second round of NCAA Tournament this season, only to fall 3-2 to the number one seeded UNC Tar Heels. Bennett was recently named one of the 15 semifinalists for the Missouri Athletic Club's Hermann Trophy, one of the nation's top soccer honors.

TJ SUNDBERG
Coastal Carolina and Campbell start strong.

TJ'S TAKE
Tim Tebow, taking the NFL by storm
TJ SUNDBERG
For eight weeks now, Denver Broncos quarterback Tim Tebow has stolen America's heart. Why?

Yeah, I know Tebow is one of the hardest working, best-conditioned athletes on his team, but he hasn't even won half his games. If it wasn't for his defense or the sudden reawakening of injury-prone Willis McGahee, they wouldn't even be in half of these games.

I'm not going to take anything away from him, he's winning. But let's not give all the credit to Timmy T. It's the holidays, Tebow fans, spread the wealth.

Every season in the Big South Conference, it seems as if a different school takes charge to battle Coastal. In 2010, it was Winthrop, last season it was UNC-Ashville. This season, the Big South newcomers, the Campbell Fighting Camels, accepted the challenge.

Both schools, to date, are 8-1 with out of conference losses. Both schools have a scorer averaging more than 10 points a game in Darren White for Campbell, and Anthony Raffa for the Chanticleers. Both schools have impressive wins over power conference opponents. And last, but not least, both schools started 2-0 in conference play this season.

If the conference foes keep their impressive resumes up, it makes the January 2 matchup at Coastal all the more important.

"Any conference game is an important game, it's a two game swing. But if both of these teams go into the game with one loss, the game could mean a lot in terms of the Big South," said Ryan Borawski, Lady Chanticleers' play-by-play announcer and Coastal Carolina student.

"I don't know what their arena is like," said Borawski. "But I don't think they can handle Kimbell Arena."
WOMEN'S SOCCER EARNs ACADEMIC RECOGNITION

DAVID TEXEIRA

It may have been ugly for the Women's Soccer team on the field this season as they under-went the rebuilding process, but there was one bright side to the season. The Chants were one of 568 teams chosen for the National Soccer Coaches Association of America Team Academic Award for the 2010-2011 season.

To earn this award, the team's overall grade point average must be at least a 3.0 in the calendar year. This is the 11th consecutive season the team has earned such honors.

"It's great to know that our work in the classroom paid off," said Ashley Day, junior forward, who tallied two points in her nine starts this season.

The men's soccer team did their work in the classroom as well as they received the same award.

THE POLLS SHOW NO LOVE TO THE CHANTS...YET

DAVID TEXEIRA

After two promising conference wins this week, the Chanticleers men's basketball team is yet to receive votes in the AP or Coaches polls, and are yet to reach the top-25 in the mid-major poll, all of which came out on Monday, Dec. 5.

To that date, the Chanticleers boast an impressive 7-1 record, which includes the two conference wins over VMI and Liberty, and big non-conference wins over LSU and Clemson. The Chants dominated on the court, and some may find it disappointing that they are overlooked and put behind teams such as Butler in the mid-major poll, which holds a lousy 4-6 record.

Perhaps the one loss to FIU is the big difference in all of this. Had that Chant not been upset at the buzzer by the Golden Panthers, Coastal would hold an 8-0 record to start their season. Mid-major schools Creighton and most recently Harvard jumped into the AP top-25 poll after undefeated starts.

While some may argue that the Chants are deserving of more respect, others will say that there are a lot more important tasks on hand than just reaching the polls. Brooke Brown, a junior who has attended all six home games to date, is one of those people.

"We just need to win the tournament this year," said Brown. "We don't need any more distractions."

Perhaps she's right. Last year, Chanticleer fans had to deal with the heartbreak of losing to a mediocre Gardner-Webb team, which arguably prevented the Chants from entering the AP top-25 for the first time in school history. Before the loss, the Chants rode a 26-game win streak, were ranked third in the mid-major polls, and were just two spots away from reaching the AP polls. The Chants never picked back up from that point, playing out the remaining four games on their schedule, only to lose to UNC-Ashville in the Big South Conference Tournament, and reach the NIT for the second straight year.

Whether the AP polls are a goal or not for this team, the Chanticleers' season looks promising.
1. Protect the Rooster  
CCU's reputation

2. Take Ownership  
Don't blame others

3. It's about me  
Find your passion

4. It's about others  
Learn to serve

5. Prioritize activities  
What's really important

6. Eat the frog  
Don't procrastinate

7. Persevere  
Learn from mistakes

Want to know more?  
Call Counseling Services at (843)-349-2305

Who is your favorite Christmas Character?  

 Jesús Christ  
Snow Miser  
Mr. Hankey

facebook question of the week