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CCU vs. VMI
Chanticleers prepare for Big South opener

National coming out day at Coastal Carolina University

HEATHER EDWARDS
AND BRANDON MCCOY

Two CCU organizations host special event for a special day

National Coming Out Day (NCOD) celebrates freedom of expression and speech. NCOD utilizes those rights by encouraging members of the gay, lesbian, bisexual, transgender, questioning, all-inclusive (LGBTQA) community to express their identity through speech. The event focuses on gay life, but also on the five national teen suicides in 2010, Matthew Shepard, and anyone who ever lost their life because of something as trivial as sexuality.

Monday, Oct. 10, 2011 from 3 to 6 p.m. on the CINO deck, the Women’s and Gender Studies Program, the Gender and Sexuality Club, and SHORE (Students Helping Others Reach Excellence) will cosponsor a National Coming Out Day event where students, faculty and staff can “come out” as a member of the LGBTQA community that includes heterosexuals who come out as supporters and allies. The event is an open mic forum and welcomes many forms of expression including song, poetry, and testimonials. CCU alumni Leigh Hendley will make a speech. Rainbow ribbons will be distributed to supporters, and organizers encourage everyone to come out and support their fellow classmates.

NCOD was established in 1988 to raise awareness about the LGBTQA community, and is an annual, internationally celebrated event. This event is for everyone in the CCU community.

For more information, contact Dr. Juliana Odiy, Director of the Women's and Gender Studies Program at jodiy@coastal.edu.

INTERN INTO THE REAL WORLD

CCU offers real job experience before you graduate

LINDSEY RYON

Trying to decide if your major is right for you? Want more real world experience? Internships are critical in preparing you for post-undergraduate education. The Career Services Coordinator is available to all CCU students and Alumni to assist in finding an internship and a post-graduate job.

“My internship at the Brandon Agency was the best thing I could’ve done for my career interest,” said Amanda Furlow, a May 2011 CCU graduate and Account Coordinator at the Brandon Agency. “It allowed me to work with business professionals in our community to get my name out there and expose my leadership skills to other business professionals.”

While you can learn many skills in the classroom, the Internship Program at CCU offers learning in a professional environment, benefiting both you and the organization. If you declared a major and are unsure of what you want to do, an internship can help decide. CCU offers a program called “Chants Job-Link” that allows you to search and apply for available internships. Also, a talk called “Resume Builder” lets you enter information to create a formal resume instantly ready to send to employers.

“Being a part of a top ten internship program with Northwestern Mutual allowed me to get a better feel for a possible career,” said Zachary Lusk, a May 2011 CCU graduate and Financial Representative at Northwestern Mutual. “I could’ve done for myself.”

The purpose of an internship is to expose a student to a job field related to their career interest. It also exposes you to coworkers in the area and makes you as a graduate with a specific degree. When a student dedicates themselves to an internship, there is a very high chance the student gets offered a position at the business where they did the internship.

“I was one of few interns that got hired after my internship and it meant a lot to me, especially with the time and hard work I put in as an intern,” said Furlow. “As an Account Coordinator at Brandon, it gives me the experience to deal with real world situations.”

There are endless internship offers, and some may not advertise for an open intern position. However, many businesses are very willing to create a position for you. It never hurts to ask.

The Career Services Center at CCU is here to guide you. For best results, schedule an appointment with one of the career services counselors. The Indigo House is located near the parking lot between the Edwards and Prince buildings. For more information visit www.coastal.edu/career or call (843) 953-2341.

Melissa Braunstein a Career Services Placement Coordinator, advises Kano Konaman, a senior RSM major, on CCU internship opportunities.

Photo by Lindsey Ryon

Photo by Lindsey Ryon

Melissa Braunstein a Career Services Placement Coordinator, advises Kano Konaman, a senior RSM major, on CCU internship opportunities.

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Melissa Braunstein a Career Services Placement Coordinator, advises Kano Konaman, a senior RSM major, on CCU internship opportunities.
Where have all the students gone?

CCU Administrators look for ways to help the school's sagging retention rate.

Administrators at the Wednesday, Sept. 28
Town Hall meeting in Conway evaluate the falling CCU retention rate.

JOSH FATZICK

The retention rate for first-year students at Coastal Carolina continues to decline. It peaked at just more than 60% in the spring semester of 2007 and is now down almost 30 points to around 33 percent. However, that number is not out of line with national statistics for four-year colleges.

According to a study recently conducted by Complete College America, the study, which OCA conducted at colleges in 33 states, found only approximately 58 percent of students graduate in six years - only 33 percent after four years.

"It varies across colleges. We're in the middle of the pack in terms of retention, there's some schools better than us and some that are worse," said CCU President David DeSman. Other administrators present echoed this same sentiment.

"We have not found anything special, we have not found anything in particular," said Bobbi Sherman, Senior Vice President and Provost. "One thing we've seen is an increase in the number of students who tell us their families only had money to come to Coastal for one year. They came, and then they went somewhere else."

Another factor playing into the national economy scenario, according to Vice President Judy Vogt, is that parents can no longer afford to supplement their children's education expenses with Parent Plus loans or private loans.

"What you're finding now is the parents, they've used all the equity in their home, they've used all of their available resources, they're tapped out," she said.

The school hopes to find out exactly what is causing the drop in student retention by hiring a consulting firm to come to campus to talk with undergraduate and graduate students.

"The firm is going to ask us for a whole pile of data, then we're going to give them our retention rate, our GPAs, our college scores...they just going to do a huge data dump," said Sherman.

The consultants will study recruiting data, such as how and where the school is recruiting students and the school's yield, which is the actual number of students who come to Coastal as opposed to the number of students who are accepted, and use that data to find meaningful patterns to explain what actions administrators should take.

The consultants will ask students about difficulties they run into at school and things they like about the campus and, their classes. They will also ask students about the processes they go through every day, like walking from class to class and maneuvering around campus.

"They will take the life of a student and walk through every minute a student would have to find out how many steps he takes each day. He will have to put in the work. It is easy to drop a course...it's easy to do that," said Vogt.

How much financial planning are we doing with the student? And that speaks volumes about how easy it is for students to maneuver the campus," said Vogt.

The school plans to bring students to campus before the spring semester.

Off-campus report

Coastal Kayaking
10/3 at 10:00 a.m.
Murrell Inlet at
Huntington Beach State Park

Coastal Uncorked
Compete
10/4 from 9:00 a.m. - 5:00 p.m.
Blonde and Redhead, Myrtle Beach

Mellow Music Wednesday
10/5 from 6:00 p.m. - 9:00 p.m.
Mellow Mushroom, Myrtle Beach

Josh Brandon Band
10/7 at 10:00 p.m.
Blondey Street, Murrellsboro, SC

The Fat Jack Band
10/7 at 10:00 p.m.
Blondey Street, Murrellsboro, SC

Equinox Dub-Step Party
10/7 at 10:00 p.m.
Kono Lounge

Steven Miller Band
10/9 at 8:30 p.m.
House of Blues
Staying healthy as a student

Tips for a stronger immune system amid a busy college lifestyle

SHANE NORRIS

With midterms approaching and the weight of the full semester growing, the last thing on most students' minds is health and well-being. With increasing stress, decreasing sleep, clear living situations and fluctuating weather, however, health should be a high priority.

Awareness of what you put into your body is crucial for maintaining good health.

"Drugs, alcohol, smoking, unhealthy foods and a lack of sleep can all have a negative effect on your health," according to CollegeHealth.com.

Fueling your body correctly and giving it enough rest are great ways to keep a strong immune system. Pat Reeves, of foodie.org, suggests removing as much unhealthy food from your diet as possible to strengthen your immune system. Reeves also says the intake of water is vital.

"It does depend on a person's bodyweight, exercise regime and the type of food one eats," said Reeves. "This is a general guideline. For two pounds above or below that average and above any other liquid intake on a daily basis." 

Watching your diet is not the only important factor in developing a healthy immune system. Getting proper rest also plays a key role. As a college student, it is often hard to find time for those seven to eight hours of sleep at night, but your body will thank you.

"According to some research, "shaking deep sleep" is one of the body's ways to prevent immune-enhancing substances that strengthen immune function," said Reeves. 

Of course, even with a strong immune system, sickness is not always avoidable. If you find yourself feeling ill, the Student Health Services (SHS) is open from 8:30 a.m. to 3 p.m. Monday, Tuesday, Thursday and Friday and 10 a.m. to 3 p.m. on Wednesdays. Students are encouraged to make appointments, but walk-ins are accepted on a first-come first-serve basis. SHS is located on campus and is open to all students. SHS can be reached by calling 843-394-6549.


table

Early Bird Special

Senior CCU students rewarded for turning in graduation applications early

SHANICE ISAAC

Robert Sheehan, Provost and Senior Vice President, along with John Bead, Associate Provost, are working on a new program to smooth out the senior graduation process. The pilot program is meant to minimize last minute submitting of graduation application and allows the Provost Committee to identify and correct glitches that may lead to any delays in a student's estimated graduation date.

"The process is simple," said Bead. "Only those students who have completed all their course requirements in May with no extra credits left to be completed in any following semesters should first schedule an advisory meeting with their advisor to go over their records to ensure that all course credits for their major is completed and counted for.

Bead advised advisors also need to approve spring semester classes.

"Secondly, register for those approved classes on WebAdvisor or secure positions in the class and to have documentation that those are the final classes to be taken. Third, submit all completed paperwork and documents to the department of your major on or before November 1st."

According to Bead, if everything is completed before the deadline, students can receive a waiver on their processing fees. Bead believes this program is a great opportunity for those students who enjoy doing things early and it is highly encouraged that all students planning to graduate in May take advantage of this opportunity.

"Doing so will ensure some peace of mind, save money and allow students and their families to think about graduation school, career opportunities and other things beyond graduation," said Sheehan.

The program is completely voluntary, and students can submit their applications in early February. If the program proves effective, with cooperation from all graduated students, the program may become permanent on CCU's campus.
Get some sleep... it's good for you

Four ways to keep your mind and body rested and ready for mid-terms this fall semester

JOSH PATZICK

1. Get Eight Hours of Sleep.
You probably heard this since you were in first grade, but for your brain to function properly you need about eight hours of sleep each night. Sleep helps your brain retain information, so staying up all night before a test to study is not going to help if you are still half-asleep when you show up for class.

2. Meditate, Pray, Do Yoga
Prayer is not just something to do while sitting at your desk before your teacher passes out the test. Meditation, yoga and centered prayer are very effective stress relievers, and for centuries students used these techniques to find peace of mind before long study sessions. Studies show that slowing your body and quieting your mind will improve blood flow to your major muscles and increase your ability to concentrate.

3. Eat Breakfast
Donuts and Egg McMuffins are not going to cut it, you need a well-balanced breakfast to get you through until lunch. Fruits and whole grains are good, but if you really want to kick your brain into high gear eat an egg. The protein will be just what you need to fuel full and keep your mind focused on the test and not on your growing stomach. Studies show that people who eat a healthy breakfast have better concentration in the classroom, and more strength to perform physical activities.

4. Take a Nap
It’s not just for kindergarteners, according to a study released by Harvard Medical School, a quick mid-day nap may be just the thing you need to get past the hump. The study found that people who took naps were better able to remember information they just learned, and were also able to separate the important information from the superfluous information at a higher rate. So find a nice, quiet place, like the couch in the back of the library, and take a nap off. But not more than 30 minutes, if you do you will be groggy, and sometimes that is hard to shake off.

20th Annual Cultural Celebration and Study Abroad Fair

KRISTA GIERLACH

Coastal Carolina University's 20th Annual Cultural Celebration took place on Prince Lawn Wednesday, Sept. 28 from 11:30 a.m. to 2:30 p.m.

This year, participating clubs researched their chosen country and compiled the assignment to "unlock diversity" and, as the theme states, "Discover a hidden treasure" about the country and its culture.

"This event's goal is for each organization to learn facts about their representative country and inform CCU students of the culture and treasures it has to offer," said Ebony Bowden, Coordinator of Diversity Programs.

With Prince Lawn filled with balloons and flags, people walked around enjoying all the booths. The clubs and organizations compiled for a prize of $200, awarded to the group which best displayed an understanding of their country's culture.

The Cultural Celebration also provided free food from the many cultures. In addition to egg rolls, rice, tacos, and churros, the event showcased the Myrtle Beach Pipe Band, CCU World Music Ensemble, Let's Dance, and music selections from several countries.

A few local vendors came out for the event. The most popular, Sonia's Homemade Jewelry, made its second consecutive appearance at the celebration selling handmade jewelry pieces, and clothing by Sonia Alvarado from Colombia, South America.

"We are excited to be working with the study abroad program this year," said Bowden. "Because together we can expose students to new international cultures."

Students received positively to this event, and found it a great experience. "It is a good opportunity for students to really enjoy what other cultures have to offer," said senior Communication major Jade Baker. This year the Rotaract club won with their representative country India.

"We really enjoyed this whole experience and like to give back to the local community," said Joey Gross, club member and senior Recreational Sports Management major.

The Rotaract club informed their listeners about the importance of the Polio vaccine, as it is still a relevant issue in India by painting people's pinkies like they do when children are vaccinated.

"India is a very important country to the club because of the issues with Polio," said Aaron Floyd, club member and junior Accounting major.
Coastal tapis in with water saving fountains

Sustain Coastal water bottle refill stations are popping up all around campus.

Green resources are steadily growing around campus every year. One recently added resource on campus does more than just boost green attitudes around CCU.

Coastal’s new water bottle refill stations located at some on-campus water fountains can potentially boost the amount of green in your wallet.

This past summer, CCU installed five new water refill stations. The stations were installed in various buildings around campus to help promote green water usage among students and faculty.

Reviewing a study in the Journal of Environmental Science and Health, the study noted Walmart’s Share’s Choice brand among the 10 brands tested. Tests from the lab showed that Walmart’s Share’s Choice brand had the most contaminants in the water.

About 25% of the tested brands had more contaminants than the standards set by the Environmental Working Group (EWG) and analyzed the samples taken from the 10 popular water brands. The EWG list detailed results from the universities’ experiments on their website, www.epsg.org. Both university labs attempted to find contaminants from chemicals regulated in tap water and chemicals that are detected in the water from plastic bottles themselves. The EWG’s review of the study states one-third of the chemicals found in the bottle water are not regulated.

In the United States, bottled water is regulated by the FDA and tap water is regulated by the EPA. The EWG states the production of bottled water relies on tap water systems, and testing water rather than conducting their own independent testing.

The EWG does not recommend bottled water systems to those who are concerned about the environment. The EWG encourages consumers who choose to purchase bottled water to carefully read its label to understand what they are buying.
Sidewalk suggestions

I would like to issue my version of a public service announcement for Coastal students. Please be wary of your surroundings when walking on campus. Our sidewalks are large in most places, so there should be plenty of room for two lanes of travel. That, however, is not always the case.

This PSA is aimed mainly at three types of people: the headphone-wearing groupwalkers, and the sidewalk-talkers.

The headphone-wearing people are the people who like to have a tune in whatever way you look at it. The issue is that they completely block out their surroundings, if you get a chance to pass them, you are usually met with a surprised shout because of their lack of awareness.

Next are the groupwalkers. These folks like to go out on those big, wide sidewalks on Prizer Lawn, they just start up and out so you can't go in between or around them. When they finally realize they're blocking someone's path, you are usually met with an annoyed look, or at least a frown.

The final, and possibly most frustrating group, is the sidewalk-talkers. The people who decide that instead of stopping off into the grass, or better yet walking and talking, that it's in everyone's best interest that they simply stop right in the middle of the sidewalk to converse. I just don't get it, our campus is filled with benches and nice, shady areas to have a conversation. So why stop in the sidewalk? You would never just stop in the middle of a highway for that? I ask, so why make a sidewalk any different?

And, if I can do is warn you straight through traffic as well, I can and ask nicely, that you please BE AWARE of your surroundings next time you walk around campus. This concludes your PSA.

Be aware of your surroundings

The Chanticleer Vol: 50 Issue: 6

We want you!

We are currently seeking as many contributing writers as possible. We encourage any prospective writers to attend our weekly 6:30 PM Monday meetings in the Lib Jackson Student Center 206. The Chanticleer is a great way for prospective writers to acquire published material and gain valuable experience for possible internships and job opportunities.

Story ideas can be submitted to The Chanticleer via email at chanticleernews@gmail.com. You can follow us on Twitter @TheChanticleer and look for us on Facebook at The Chanticleer Newspaper. We look forward to receiving your articles and welcoming you to our staff!

Don't want to be stuck in traffic

Not too long ago, I read The Last Lecture by Randy Pausch. For those of you not familiar with the book, it's basically a Carnegie Mellon professor's reflection on his life and experiences as a terminal case of Pancreatic Cancer ran away from time on Earth. It chronicles his memories, very humbly leading to his discoveries; very humbly leading to his memories of room for two lanes of travel. That, however, is not always the case.

This book touched me, and I started to think about things I want to do during my time here. Consider it my bucket list, if you will.

For all those years, he's urged me to think, to think about things I want to do during my time here. Consider it my bucket list, if you will.

This book made me realize that my life in the southern part of the United States. Don't get me wrong, I love my background. It made me who I am today, and nothing can take that away from me. However, I feel that in order to truly live, you have to experience new things, places and cultures. Even if it's for a short time, maybe just one month or so, I know without a doubt it would be an experience that would change my outlook on life.

Another thing I want to do is skydive. As a matter of fact, about ten minutes ago I visited my girlfriend, asking her if that is something she would want to experience as well.

My desire to skydive is twofold. I think the feeling would be a rush you can't get anywhere else, but it would also be something that would mean a lot to my dad. Skydiving is something he picked up when I was in grade school. Almost every weekend, you can find my dad either in Walterboro, SC or at George, SC, jumping like a madman from ridiculous heights.

For all those years, he's urged me to think about things I want to do during my time here. Consider it my bucket list, if you will.

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Paper Day!

Pick up your copy of The Chanticleer

SHANE NORRIS & CHAD YATES

With an all-new staff, we are very excited about the work we put in for you all to enjoy. Lots of work was done over the summer to revamp the paper, with new distribution boxes placed at several location an off campus, including: the bus stop by the bookstore, around University Plaza, and the Woods dorms.

With a new layout and logos, we are really trying to brand The Chanticleer as the student voice of Coastal Carolina University. We are excited to deliver the fruits of our labor to you! Every Monday you can find The Chanticleer staff delivering and handing out papers all around campus. Let Mondays now be known as "Paper Day!" Be sure to pick up your copy of The Chanticleer and spread the excitement!
WHAT'S THE WORD
Each week The Chanticleer asks our readers
“What’s the WORD”
wih SHANNON WATSON

We asked a question to random OCU students...
Are internships important and would you want one?
Here’s what they had to say...

“Yes, I feel that internships are very important. Having one over the
summer helped me get a real life experience. Internships can also help you gain
connections within your field of study.”

Rachel Hogan
Senior
Dramatic Arts

“Internships are the best way for aspiring students to get a real-world experience. It’s amazing
how many graphic artists I’ve heard say how much they regret not interning when they had the
chance. It’s a great jumpstart to your future career.”

Kevin Mabey
Senior
Graphic Design

“Yes, I think an internship for any college student is necessary.
Not only does it prepare you with skills you can use in your future
career, but it looks great on a resume.”

Courtney Bailleote
Junior
Graphic Design

PROFESSOR PROFILE:
with JOSH FATZICK

Favorites:
Sport - WWE Wrestling! Randy Orton, Alberto del Rio and Mason Ryan are my favorite
active wrestlers.
Singer - Adam Lambert from American Idol whom I was thrilled to have met in person!
Food - Torde Csucza - A Hungarian delicacy
Quote - Carpe Diem “Seize the day”

When you are not teaching what are you doing?
Traveling the world and brushing up on my Bahasa Indonesia and Arabic language skills.

What is your greatest accomplishment?
Becoming a member of the Travel Century Club (I have been to 107 countries as well as
even Antarctica) and mastering the Spanish language.

Who are your Heroes and why?
My heroes are the street children of Bolivia. South America who struggle from day to day
to find the necessities of life (food, shelter etc.) that we sometimes take for granted. I
admire their guts, determination, loving nature as well as their kind and generous souls.

Words of wisdom for students:
Never give up on your dreams and always fol-

ollow your heart.

Like
US ON FACEBOOK
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TEAL TUNES

Shane:
Distraction #74 by The Avett Brothers
“So catchy! I love the Avett Bros”

Chad:
Time’s Up by Jadakiss
“One of the most underrated rappers ever...”

Julie:
White Flag by Dido
“It’s just my favorite song...that’s it...I mean
there’s nothing more to it”

Real Steel (Oct 7)
Remember Rock em Sock em Robots? Ever
wish they were real, life sized and controlled
by new age technology? Shawn Levy did. Real
Steel is the new action feature based on the
Twilight Zone feature “Steel.” Hugh Jackman
plays retired boxer Charlie Kenton who tries to
save his career by building and fighting robots
from scratch.

The Ides of March (Oct 7)
George Clooney’s adaptation of the play by
Richard III showcases a press secretary (Ryan
 Gosling) who gets bogged down in dirty politics while trying to land his candidate
(George Clooney) in office.

The Big Year (Oct 14)
Birds...not usually the theme of a comedy,
but that’s just what you get with The Big Year.
Starring Steve Martin, Jack Black and Owen
Wilson, this comedy covers three men as they
compete to get the best photo of the rarest
bird in an annual event.
Think before you act

How careless use of social media can affect you

CHAD YATES

It's hard to find someone who is not a member of a social networking site. Nowadays, even a lot of senior citizens use accounts on popular websites like Facebook and Twitter. With this in mind, almost anyone can gain access to your page and find out personal information.

So when it comes to things you post on your "wall" or "tweet," the information is open to the public. This information could impact the way both employers and potential employers perceive you, possibly affecting your job status.

Since 2009, the U.S. Chamber of Commerce estimates 130 cases of employees terminated from their job because of things posted on their social media accounts.

As a CCU student and as a young woman, my sorority has taught me how to be a better woman. Also, I feel that I am a part of something that in 10 years when I look back I can be proud of. Greek life is living to a higher standard and living your ritual and values everyday it has been the best choice I have made in college.
PGM student recognized for hard work
Hannah Kim to become fourth female PGM graduate

GILLIAM MICHAELAKIS

"I just imagine walking onto one of the most prestigious golf courses in Georgia to start your day. The only thing standing between you and a great day is the 140 yard shot over the green. That is the reality for sophomore CCU graduate, Hannah Kim. Kim is recognized as the fourth female to graduate with a Professional Golf Management (PGM) degree since the program began in 2002. "I am more than excited to be able to do what I love every day while helping people," Kim said. "I get the best of both worlds. I am able to teach people the game I love for golf while really enjoying what I do," said Kim. Born and raised in Paisley's Island, Kim expressed herself in most courses far beyond the golf capital of the world, Myrtle Beach. These places included West Hempstead, N.Y., Atlantic, NC, and Panama City, Florida. Kim is an international traveler once a young age, as she visited family in Korea. Kim plans to become a club professional at the Golf Club of Georgia, and later pursue her love of golf in Korea. "Korean's are serious about their golf season to have the top notch equipment and top notch technology in just what they expect," Kim replied. "The PGM program at Coastal definitely pointed my future and prepared me for it.""

Tri-Sig Philanthropy Week

CARI NOGAS

Tri Sigma Sigma章 celebrated their Philanthropy Week with a full schedule of events. Events ran from Sept. 26 through Sept. 30. Tri Sigma Sigma Phi

Philanthropy is the Robbie Page Memorial. They create their efforts on the theme "Sigma Sigma Chi." They established this in 1995 after the death of a son of the Sorority's National President, Mary Matthews. "Our sisters went to a hospital in Charleston, N.C." said Chaske Hoxey. "Sigma Sigma Phi helped her make her charity to join Sigma Sigma Phi." At the event, "Penny Wars," helped organization with the most points at the end to receive a portion of money towards their Philanthropy. Fundraisers were also held at Benecrest in Caro-

dina Forest, Dreamland, at 9:00 p.m. at O'Bannon in Cam-

Boca Raton, Max and Erire, and last but not least, Myrtle Beach. Last year, the sorority raised more than $1000 for the Robbie Page Me-

nism by the end of the year, their goal is $1200.

Coastal takes back the night

Students plan to rally against sexual violence

COURTNEY MULLS

Tueday, Oct. 4, Studentil Park will host the Take Back the Night rally starting at 9:00 p.m. Take Back the Night is a traditional gathering of individuals who desire to make the street safer for women to walk alone. Particularly in large cities, women feel unsafe walking at night in fear of sexual violence. Take Back the Night aims to make society aware of sexual violence. According to takebacktheight.org, the first Take Back the Night event in the United States took place in Philadelphia in October 1975. After 36 years, it is more dangerous to go out at night for us women by ourselves. Even on our own campus, we are advised to travel in groups, be Chaske Hoxey and stay in well-lit areas. There are all valid reasons why Coastal students, particularly females, should adhere to. Take Back the Night, however, is important because it takes that much care in leaving their homes or dorms. The organization maintains the sig-

nificance of speaking out on issues against women. Leaders, as well as supporters, of Take Back the Night believe the best way to curb sexual violence and other crimes against women is to speak up.

"Survivors of sexual assault, rape, domestic violence, and sexual abuse are invited to 'Shatter the Silence' by posting their stories online. By sharing their stories, victims are 'shredding light' on the darkness of sexual violence," according to takebacktheight.org. Take Back the Night attempts to give students a chance to talk about sexual violence by making the street safer. If you are passionate about this movement, you can contact Coastal's Take Back the Night event.
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Where is the lowest point of the western hemisphere?
Where is the Sears Tower?
Kansas City is on the Kansas River and which other?
In 1968 which city had the highest murder rate of any in the US?
In which state are the Ozark Mountains?

QUOTES

“What lies behind us and what lies before us are tiny matters compared to what lies within us.”  - Ralph Waldo Emerson

“God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.”  - Reinhold Niebuhr

“Learn from yesterday, live for today, hope for tomorrow.”  - Albert Einstein

“Hope is the thing with feathers, that perches in the soul, and sings the tune without words, and never stops at all.”  - Emily Dickinson

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What is going on in the NFL?!?

I'm sorry, but did the Buffalo Bills beat the New England Patriots last weekend? And our next question, did the Detroit Lions really start the season 3-0? To quote the great Vince Lombardi, "What the hell is going on out there?"

Ever since I started following the NFL, two things were customary during the season. First, the Buffalo Bills and Detroit Lions are the bottom feeders of the league and second, both teams are almost guaranteed a top-10 pick in the following years draft. But now, both teams are playing like they are accustomed to winning. The strange thing is I like it.

I like that for once in the NFL, it isn't Manning and Brady owning up all the medals and top plays. Now, it's Fitzpatrick, Johnson and Stockfield taking up the highlights like they belong there. Who would have thought a Harvard graduate could outmatch the Einstein of coaching Bill Belichick. Oh, how about a glimpse of Detroit Lions top-10 picks finally pushing out to success, and one is a wide receiver.

Hopefully, this state of parity becomes a norm in the NFL, because in my opinion, it makes the game fun. It makes all the Sunday football games entertaining, not just one or two. It makes fantasy football owners happy because there's more of a better chance to steal your league with a deeper pick, rather than wasting money and hearing crap from your friends. Most of all, it makes more fans happy because they can enjoy watching their team's success rather than putting brown bags over their heads in shame.

Hey, it's even giving Panthers fans something to look forward too. And when's the next time that happened?!
Former Coastal standout receiver Simpson detained

KYLE JORDAN

Wednesday, Sept. 27, police found more than six pounds of marijuana at Simpson’s home. Simpson and teammate Anthony Collins were both detained; however police did not arrest either player.

From 2004 to 2007, Bengal wide receiver Jerome Simpson caught passes from his teammate and now current Buffalo Bills back-up quarterback Ty- ley Thigpen at CCU. Simpson started 11 games during his freshman season at Coastal, finishing his career as the CCU record holder for most career receiving yards, most career receptions and most career receiving touchdowns.

When it came time for the NFL Draft, the Cincinnati Bengals drafted Simpson. Before the 2011 season, an article writ- ten about the Bengals season preview brought up the possibility that Simpson could be the most productive Bengal. On week two against the Denver Bron- cos, Simpson hauled in 4 receptions for 136 receiving yards.

TS: Where are you from?
EN: I am from Moseley, VA (near Richmond) and attended Cosby High School.

TS: What got you into XC?
EN: I never thought I'd be a runner. My freshman year of high school was the first time I've ever ran competitively. I started so I could use it as conditioning for basket- ball and soccer. But, after my first race, I finished top 7 and made the varsity team. It then became apparent to me, "I'm actually good at this." So I dropped soccer and basketball, as not to risk injury, and took up running full time. From there it became a routine, then an addiction, then my lifestyle. I now live and breathe running!

TS: What is your fondest memory as a Chanticleer ath- lete?
EN: Our first team practice. Having everyone on the team together was what made me finally realize, "I'm a college athlete." I know that more fond memories are to come.

TS: What are your personal goals for the season?
EN: To improve race after race, have consistent training, and to always do my best without regret.

Coastal Carolina vs VMI

A preview of the game and military appreciation day

DAVID TEIXEIRA

There is a lot to be said about this week’s up- coming home football game against VMI, which opens up conference play. The Chanticleers started the season at an impressive 3-1, with their only loss coming to the University of Georgia out of the SEC. The Chants are looking for their best five game start since 2005, when the team started 6-1 with players such as Terez Thigpen, Mike Tobin, and Jerome Simpson on their roster, who are all currently on NFL teams. A 4-1 start would show a huge improvement from last year’s 1-4 start.

On the other side of the ball is VMI, who is yet to see the highs of their season. The Keydets start- ed their season 0-4 and look to get their first win this weekend. Although they are off to a slow start, they will look for a win in Conway this weekend.

Since CCM started their football program back in 2003, the Chants have enjoyed much success facing the Keydets. In all eight meetings between the two programs, the Chants hold a 6-2 record. Last sea- son, the Chants beat VMI 31-5, in what proved to be a very important game for the Chants, as it was part of a four game winning streak that helped lead them to their second ever playoff appear- ance. Josh Norman, a senior standout cornerback for Coastal made one of two interceptions in that game, and looks to do the same this week. Both teams are coming off of a bye week, giving both a little time to prepare.

The Chanticleers will host Military Apprecia- tion Day at Brooks Stadium. Anyone attending the game who present a valid military identification card will receive admission for only eight dollars.

“It’s a great idea,” said William Kuhel, a retired military veteran from the Vietnam Era. “It is truly great to see that the school recognizes all of the vet- erans in the area, and it is a great opportunity for all the veterans to watch some Chanticleer football.”

The Chanticleers look to improve to 6-1 this weekend and increase their chances of a third ever FCS Playoffs appearance.
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MBA Program
Alumni Relations

To learn more about your upcoming commencement, attend a SENIOR CLASS MEETING Wednesday, November 15 or Thursday, November 16 in the Wall Auditorium at 5:30pm

If you have any questions, contact the Office of Alumni Relations at 843-349-2586(ALUM) or alumni@coastal.edu