CORRECTIONS

I n volume 45, issue 15 of The Chanticleer, the following corrections are necessary for the article titled “Game recycling at CCU”:

- Marissa Mitzner is not a senior, but graduated in May of this year and is now a full-time staff member at CCU.
- The students who wish to volunteer meet at 3 p.m. in front of the public safety building, also know as Athenaeum Hall.
- At the end of the day volunteers pick up more than 50 bags and more than two golf carts full of recyclables. One group alone on one round will pick that up. Volunteers will usually pick up around 200 bags if not more per game.
- There is no recycling center behind Waccamaw and Santee hall. The temporary location for the recycling roll off dumpster is located behind The Commons for the purpose of game day recycling. The recycling roll off is locked at all times and is not allowed to be accessible to students at this time.

In the article titled “Students encouraged to utilize clean up options,” the following corrections are made:

- The different recycling programs that are currently in progress at CCU have been in place for several years, and were not started by Mitzner, although she supports and enforces them.
- The cooking oil recycling is for the CCU food service provider to use. It is not meant for students to use.

If students would like to recycle their cooking oil they can take to the Recycling Convenience Center located off of S.C. 544 on Jackson Bluff Rd., behind Campus Edge.

The Chanticleer is committed to accuracy. Please contact the editor to report mistakes at chanticleer@coastal.edu or (843) 349-2330.

Cover photos: Top left: stock photo, Top right: Ashley Clark, Bottom left: Brandon Lockett, Bottom right: courtesy of John Martin
Coastal prepares for scarring budget cut

Ashley Williamson
News Editor

Coastal Carolina University announced its official strategic plan to handle the nearly $2.5 million budget cut proposed by the state.

President David DeCenzo held a town-hall style meeting Oct. 21 to address the current crisis and explain the University’s plan of action.

DeCenzo insists that this cut will be “transparent” to the students of this university, and that protecting the students and the educational environment at CCU is the No. 1 priority.

Due to the current economic crisis, state tax revenues have gone down significantly this year, which means mandatory cuts for several state agencies, including higher learning institutions and even the Department of Health and Human Services.

According to Michael Sponhour, spokesperson for the state’s Budget and Control Board, state revenues are down nearly $500 million this year.

“The state revenues are not what we were expecting at the beginning of the year,” said Sponhour.

The unexpected drop in tax revenue is the contingency which ultimately led to the statewide budget cuts.

CCU’s current budget stands at $118 million, but with the 14.8 percent cut of state appropriations, the university is forced to return over $2 million back to the state.

The plan, which includes minor budget cuts from several university-related departments, will allocate the funds needed to be given back to the state.

CCU even went as far as to add an additional $16,000 allocation on top of the $2.43 million for the anticipated budget cut. This was another part of the plan to ensure that CCU will stay just as educational and aesthetically appealing as it has grown to be, regardless of any budget cuts.

“One of the areas that I have absolutely no desire to cut is what you’re seeing on our buildings and grounds,” the president affirmed. “This university is starting to look phenomenal.”

DeCenzo then publicly thanked the maintenance and housekeeping employees for their hard work.

New series brings language alive

Claire Arambula
Editor

On Tuesday, Oct. 28, a meeting will be held for Coastal Carolina University students and faculty who are interested in linguistics. The meeting will be from 2:30 p.m. to 3 p.m. in Room 242 of the Thomas W. Edwards and Robin W. Edwards College of Humanities and Fine Arts. All majors are welcome.

Conducting the gathering will be CCU English and linguistics professors, Dr. Sara Sanders and Dr. Rebecca Childs.

This initial meeting will evaluate the interest level of linguistics among CCU students for the possibility of a new official linguistics club.

According to Childs, the club will involve discussions, guest speakers, reading discussions and presentations, as well as food.

The formation of the linguistics club is in conjunction with a new guest speaker series on campus.

The Language and Society Speakers Series is co-sponsored by the Department of English and the Southern Language and Society Project of the Waccamaw Center at CCU.

On Sept. 30, the first two guest speakers of the series visited CCU.

Dr. Dieter Kastovsky of the University of Vienna in Austria spoke on “How to Make Sense of New Words.”

Kastovsky covered puns, reference and explanation, comprehensive and complex formations, made up but understood words, context, intensification and clipped or blended words.

His wife, Dr. Barbara Kryk-Kastovsky, also gave a lecture titled “How Pragmatic Can You Be in Language?”

Kryk-Kastovsky, from the Adam Mickiewicz University in Poznan, Poland, presented on presupposition, implicature and socio-cultural context.

She illustrated the importance of context, time factors and of understanding the subtle meanings of

Photo courtesy of Sara Sanders
Kastovsky (left) and Kryk-Kastovsky spend a day at the beach.
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Plans for COI underway

Elaine Urban
Features Editor

Every year, Coastal Carolina University’s Celebration of Inquiry replaces class time on campus for three days of educational seminars. This year, the quest for knowledge is kept alive through the theme, “Sharing Stories: Learning through Discovery to Build a Better World.”

English professor Dr. Sara Sanders and psychology professor Dr. Joan Prioch sparked the idea of COI in 1999. Sanders’ idea was to bind the community and the University together over a common theme to share and discuss sophisticated matters.

Associate Director of Library Services and Celebration of Inquiry Director, Charmaine Tomczyk, plays a vital part in making the celebration possible. Tomczyk’s enthusiasm about the celebration has made COI a success for the past six years of her being in charge.

The eight committees that help to prepare COI from the start of the school year until February include the Steering Committee, College Liaisons Committee, Conference Communications Committee, Editorial Review Committee, Logistics Committee, Receptions Committee, Scheduling Committee and Student & Alumni Involvement Committee.

The celebration lasts for three days and classes are redirected so students can attend the sessions of their choice or to the sessions that they are assigned by professors.

During the conference, cross-disciplinary discussions are shared over a common theme.

COI is open to the public, and professors, faculty, students and community members are all encouraged to submit a proposal to present a topic of choice.

If desired, presenters can submit their topic on Bridges, an online scholarly journal, to be reviewed and possibly published.

With the sessions being only around an hour long, a session is similar to attending a class. With more than 150 sessions to attend, there is usually a topic that interests everyone.

Tomczyk thinks presenters benefit as well.

“When listeners give their point of view, it makes the presenter think about the topic in different ways, or encourages in deeper ways,” she said.

Session topics range from study abroad exhibits on Prince Lawn to sessions on how to play the ukulele.

The small classroom design at CCU makes an excellent teacher-to-student ratio, which is perfect for discussion and critical thinking after the presentations.

“The conference is about students learning about students academically and personally. The listener also learns something new about themselves,” said Tomczyk.

This year, a brand new component is taking place during COI where undergraduate students can actually submit a proposal and present their undergraduate studies.

Any presentation can be proposed, from personal art discussions to a scientific study that a science major has undergone. The undergraduate presentations only need to be eight to 10 minutes long with a five to seven minute question and answer session afterward.

The presentations will be judged, giving presenters an opportunity to win cash prizes. The cash prizes should be a great encouragement for submitting a proposal. First place will receive $500, second place $300 and third place $100.

It is not too late to submit a proposal, however there is a strict deadline set for Nov. 3. Proposals can be submitted on the COI Web site, www.coastal.edu/inquiry.

Student discovers Civil War artifact

Alicia Barnes
For The Chanticleer

Diving 80 to 90 feet below sea level off the South Carolina coast, Coastal Carolina University senior Rob Curry discovered a rare Civil War artifact.

Tyler Watkins, a local ship wreck historian, organized the dive in June 2007 to continue research for his upcoming book. The dive was focused on a site 21 nautical miles south of Little River Inlet, S.C.

“The ship wreck is a popular dive site and we went for the purpose of finding items that would [identify] what ship wreck it was,” Curry said.

During the dive, Curry discovered a Civil War era two-band Enfield rifle. The military surplus rifle was auctioned off to Santana for his ensuing revolution in Mexico.

Curry, a history major, spent more than a year cleaning coral and other ocean debris from the rifle by soaking it in fresh water.

In September 2008, the restoration was completed, and Curry donated the rifle to Dr. Eldred Prince and Dr. Kenneth Towsend in the history department of CCU.

“I felt that Coastal had provided me with so much that since I had the opportunity, I wanted to give back,” said Curry, who will graduate in December 2008.
Senators get ‘heated’ during final debate

The third and final presidential debate was home to a battle of ethics and character, occasionally straying back to the topic of issues on domestic policy.

The duo kicked off the powwow with the expected talk of the economy. Sen. John McCain focused on bigger and better during final debate, whereas Barack Obama expressed the need for a middle class relief, both using the Plumber the expected talk of the economy.

McCain fervently replied, “So you tonight willing to sit at this table and say to each other’s face what your campaigns and the people in your campaigns have said about each other?”

Both candidates took pot shots at each other, citing untruth in campaigns, mudslinging and intense misportrayal of character.

Obama summed it up when he said, “I think the American people are less interested in our hurt feelings during the course of the campaign than addressing the issues that matter to them so deeply.”

Back on track about issues, Obama and his opponent discussed the expertise and “maverick-ness” of their running mates respectively. They then talked about climate change and America’s independence on foreign oil, where both men agreed on putting resources to research wind, tide, and solar power, and most definitely develop clean coal technology. As far as health care, McCain wanted to give families a $5,000 tax credit, whereas his opponent saw that idea more as a short term solution and wanted to create health insurance at a much more affordable rate.

The topic of abortion again created clear lines between the candidates. McCain claimed to be a “federalist” and believed the choice to enforce such a law is up to the states. Meanwhile, Obama vehemently supported Roe v. Wade (i.e. abortion is the choice of the mother).

The touchy topic of abortion again created clear lines between the candidates. McCain claimed to be a “federalist” and believed the choice to enforce such a law is up to the states. Meanwhile, Obama vehemently supported Roe v. Wade (i.e. abortion is the choice of the mother).

To viewers and pundits, this was the most ardent debate, where both men took the gloves off.

Even comedian Stephen Colbert later noted that it [the debate] was such a game change, that it looked like “they were running for office.”
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Many students feel embarrassed after a sexual assault incident and try to forget the memories at all costs.

Rape goes ignored

Maegen Sweat
Assistant Editor

Rape is an issue that occurs every day on college campuses and in the rest of the United States. According to the Rape, Abuse & Incest National Network’s Web site, www.rainn.org, one out of every six American women have been the victims of an attempted or completed rape in their lifetime.

This semester, Coastal Carolina University has experienced numerous sexual assault cases and complaints. While a few have been reported, many assaults go unreported and unmentioned.

Sean Pierce, a counselor and therapist for CCU Counseling Services, said there are many different reasons why rape cases are not reported and why even fewer victims seek counseling.

“For some people it’s a feeling of shame. Some fear the people will doubt their story, and some because it’s a fear they have been threatened and their name will be across campus and the community. Some may have been intoxicated or even feel that some part of them question and doubt themselves. In some cases it’s sort of emblematic of other types of abuse they might have suffered growing up,” said Pierce.

Pierce stated that there have not been near as many sexual assaults reported as there should be at CCU.

“When we look at a campus roughly around Coastal’s size the statistics would tell us about 300 to 350 sexual assaults occur in a year. We see nowhere near that number [of victims in counseling],” said Pierce.

According to Pierce, after a sexual assault, a victim just wants to get back to a sense of normalcy, and where they feel that memories aren’t going to be triggered by it, as well as a sense of safety.

“The big thing we talk about, whether it be sexual assault or childhood incest, is that you honor what you did to survive. Some people depersonalize from the experience. Some it’s through anger. We try to let them know these are all normal reactions and that finding your way back to feeling like you can handle this is part of the process,” continued Pierce.

Many people may think that if an assault did in fact happen to them, they would report it to the authorities immediately; however, this is not always the case.

“I think it’s a lot like after 9/11. All of us would want to say that we would be the ones that would fight terrorists on the plane, but you never know unless you are put in that situation. I do admire

Many students feel embarrassed after a sexual assault incident and try to forget the memories at all costs.

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Terms to know: political definitions for college students

Compiled by Barbara Astrini, staff writer

Earmarks
Congressional authorizations for funds towards a program or project, which reduce fund management from the executive branch that no federal agency has requested. In other words, the government is paying for “pet projects,” like not-highly-demanded highways, DNA testing of bears, etc., that benefit only specific areas. The problem with this is that a lot of people see it as “governmental waste,” because taxpayers are the ones funding these unnecessary.

Obama’s earmarks include means for certain hospitals, programs, and universities in his home state of Illinois, and added up to $740 million in the last three years.

Palin’s earmarks during her run as governor of Alaska, which totaled up to $197 million, fund science research and airports in small towns. One of her famous requests, which she later denied, was the “Bridge to Nowhere”

Pork-barrel
Used by McCain during the Sept. 26 debate. Same as an earmark, these are funds given by the government that mainly benefit a campaign contributor.

Bridge to nowhere
Requested in 2005, this project was to build a bridge from Ketchikan, Ala. to the Island of Gravina (population 50), which would cost taxpayers $320 million. Residents felt those funds should go towards a more urgent Hurricane Katrina relief and thus was considered a “national embarrassment.”

Bailout
A bailout is a “loan” given by the government to a corporation or bank, going bankrupt until its short-term problems are solved. Some see it as controversial because it is considered a governmental intervention on free market (i.e.threading socialism), since it is the company’s fault for failing, therefore not the taxpayer’s job to pay for it.

Some see it as a necessity because the fall of such large companies affects many people and can hurt the entire economy. A prime example is Fannie Mae and Freddie Mac, and the $700 billion dollar bailout of many large corporations that lend money to smaller banks and companies.

Fundamentals
McCain recently said, “The fundamentals of our economy are strong.”

The definition of this word is best told by Forbes Magazine: “The qualitative and quantitative information that contributes to the economic well-being and the subsequent financial valuation of a company, security or currency.”

Fundamentals are revenues, assets, earnings, liabilities and growth, etc. For example, a company with lots of earnings and little debt is considered to have good/strong fundamentals.

The controversy with McCain’s quote was because the country is going through an enormous economic crisis, and some people think a change is necessary.

GOP
“Grand Ole Party,” abbreviated, GOP is a moniker for the Republican Party. It was instigated by Abraham Lincoln, and was perceived to be the party that won the Civil War. The GOP instills individualism and doesn’t like governmental interference.
Energy drinks negatively impact guzzling students

Kasey Ann Vitale
For The Chanticleer

The energy drink craze has risen among people between the ages of 18 and 30 years-old. The canned or bottle beverages that are sold almost everywhere from convenience stores, grocery stores and bars have taken over the caffeine rush.

Many students at Coastal Carolina University said they prefer to grab an energy drink from the refrigerator and get to class on time, than wait for their coffee to be ready in the morning or having to go out of their way to stop at Starbucks. They know they can still get their caffeine rush in the morning and don’t have to waste time getting it.

According to www.about.com, most energy drinks are carbonated drinks that contain large amounts of caffeine and sugar with additional ingredients, such as vitamin B, amino acids and herbal stimulants such as guarana. Some popular energy drinks include Red Bull, Monster, Full Throttle, AMP, XS, Redline, Rock Star and Sparks. The caffeine level in most of these drinks is equivalent to that in coffee, but most consumers are young and high levels of consumption are common. There is potential for health risks due to energy drinks.

The typical energy drink provides about 80 mg of caffeine per can (although this varies between brands). This is about the same as the amount of caffeine provided by an average strength cup of coffee, and about twice that in a cup of tea. It is also about twice the level of caffeine found in a can of carbonated, cola-flavored soft drink, as stated on the nutrition Web site www.nutritionaustralia.org.

One of the biggest concerns of energy drinks is the mixture that is used at the nightclubs and bars.

“Mixing powerful stimulants contained in some energy drinks with depressants in alcohol could cause cardiopulmonary or cardiovascular failures,” said David Pearson, a researcher in the Human Performance Laboratory from www.sciencedaily.com.

“It is scary to think that these energy drinks are being used as a mixer with vodka and whiskey,” he said. “You are just overloading the body with heavy stimulants and heavy depressants.”

Nutrition consultant Barbie Casselman, from www.observer.thecentre.centennia college.ca, said that those people not used to caffeine are at a higher risk.

“If you’re drinking a fair amount of caffeine and you’re not used to caffeine,” she explained, “It certainly can cause anxiety and insomnia, and for some, can cause [panic] attacks,” she said.

“There is a lot of sodium in many energy drinks [as well as other supplements] and depending on persons condition, this can be the issue,” said CCU nurse practitioner, Tina M. Doud Kears.

Several students expressed their concern on the issue.

“I have heard it over and over again. But it does not have a negative effect on my performance and me. It helps me focus in my classes, and I do need the caffeine to get through my day,” said CCU student Christina Monaco.

“Red Bull and Vodka is my favorite drink to get at the bar. I can’t see myself not having one when I go out. I am aware of how bad it is, but I have not had a problem with it yet. I don’t drink 20 drinks when I go out, I only drink one to two drinks,” said another student, Marisa Scavilla.

Jacklyn Yocum, a bartender at Jackass Saloon stated, “Our bar goes through about 10 bottles of Jaegermeister a day for Jaegerbombs, and we are not even a busy bar.”

“Energy drinks mixed with any type of alcohol are the most popular at the bar,” continued Yocum.

It is interesting to see what positive effects people think that these energy drinks have on them, but perhaps they will come to the realization that excessive consumption may not be the best answer, after all.
Nearing holiday season brings good tidings and new movies

Jessica Green
Staff Writer

With two more months left in the year, many movies are being released every week. November and December seem to have the holiday season packed with great films and here are eight that might catch your interest:

If you like spy thrillers and action, then watch "Quantum of Solace," the new James Bond film. A sequel to "Casino Royale," the movie is about an English aristocrat (Kidman) going to Australia to sell a cattle farm and ends up falling in love with the terrain and a cowboy (Jackman). The movie releases on Nov. 7.

If you like adventure movies with elements of romance, then watch "Australia." Starring Nicole Kidman and Hugh Jackman, the movie is about an English aristocrat (Kidman) going to Australia to sell a cattle farm and ends up falling in love with the terrain and a cowboy (Jackman). The movie releases on Nov. 14.

If you like heartwarming tales of unique friendships, then watch "The Soloist." Steve Lopez (Robert Downey Jr.) is a journalist who discovers a former musical prodigy turned homeless man, Anthony Ayers (Jamie Foxx) playing his violin on the streets. He then attempts to help Ayers get his life back. This movie releases on Nov. 21.

If you like wizards, magic, and series, then watch "Harry Potter and the Half Blood Prince," the sixth movie in the popular Harry Potter book adaptations. Steadily darker, this movie tells the grim back story of Tom Riddle/Lord Voldemort. Although only one book left in the series after Half Blood Prince, the final book is rumored to be made into two movies. This movie releases on Nov. 21.

If you like dogs and computer animated films, then check out "Bolt," the story of a dog (voiced by John Travolta) who is the star of a television show of a superhero dog. The German Shepherd, however, thinks he has powers for real. Miley Cyrus also lends her voice to the human owner of "Bolt," a girl named Penny. The releases date is set for Nov. 26.

If you like remakes of classic science fiction, then watch "The Day the Earth Stood Still." In this remake of the 1951 black and white film, Keanu Reeves plays Klaatu, an alien messenger warning the leaders of Earth that the planet will be destroyed if they do not change. The movie release Dec. 12.

If you like comic books and comics turned into movies, then watch "The Spirit," the classic comic about criminologist Denny Colt (played by Gabriel Macht) who is murdered then returns from the dead as The Spirit. It is directed by Frank Miller, author of 300 and co-director of "Sin City." Samuel L. Jackson plays The Octopus, "The Spirit's" nemesis, and I'm pretty sure he yells. The movie releases Dec. 25.

If you like family comedies and Adam Sandler, then watch "Bedtime Stories." Sandler plays a handyman who tells bedtime stories to his niece and nephew that end up coming true. The trailer has raining gumballs, ancient Rome, and even escapades in space. The movie releases Dec. 25.
T.I. singles hit top of chart

Elijah Black
Staff Writer

After a controversial dispute, rapper T.I. was arrested for possessing illegal and unregistered firearms.

While the multi-platinum artist was going through court cases, house arrest and a $3 million payout, T.I. was in the process of making his sixth album.

Before his album released which was on Sept. 30, 2008, T.I. released some singles before the album’s actual release. One of the first promotional singles was “No Matter What,” which was premiered on April 29, 2008.

T.I. fans were graced with another a second promotional single called “Swing Ya Rag,” which featured and was produced by rapper Swizz Beatz. The key single of “Paper Trail” was released on July 29, 2008 known as “Whatever You Like.” The “Whatever You Like” single broke a Billboard Hot 100 record with the highest jump from No. 71 to No. 1.

T.I. surprised more of his fans with “Live Your Life” (featuring Rihanna) with another Billboard Hot 100 jump from No. 80 to No. 1. If you want quality rap music “Paper Trail” is the way to go. Whenever someone needs that certain inspiration, get you iPod or jump into your car and listen to “On Top of the World.” The song features artist like Ludacris and B.o.B.

The album is perfect those of you with those loud Best Buy® speakers and amplifiers. Set your equalizer on your iPod and turn up the bass, and then let everyone know you got a future all-time favorite album playing in your car.
Diet pills can have serious side affects and consumers rarely see desired results.

**Poppin’ pills kills**

*Annie Ibach*
For The Chanticleer

The seductive labels on diet pills lead people to believe that by popping a pill a couple of times a day, the pounds will evaporate. The unwary become victims to the diet pill craze and begin throwing their money into a product that is more dangerous than helpful.

Sharon Thompson, a professor in the Health Promotion department at Coastal Carolina University and an expert in nutrition, labels these pills as the American way to quickly fix the problem of weight loss.

"If you haven’t learned the proper skills to lose weight, even if the pills do cause a minor weight loss, the weight will just be gained back," said Thompson.

The mission to lose weight and obtain the perfect body by a quick fix seems to be one that many people are joining in on. According to the Safety and Health Information Web site (www.safety2005.org), people are spending about $1.6 billion a year on weight loss supplements.

The cost of these over the counter diet pills can range up to $70 and there is no guarantee they will even work. According to Thompson, the only way to lose weight and obtain the perfect body is through proper nutrition, exercise, and hard work.

**DIET**, page 15

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**CCU enters new Quiz Bowl**

*Nick Mamary*
Sports Editor

Every year the brightest minds of the Big South Conference gather for a brainy competition.

Several years ago, there were discussions on how to place an emphasis on academics, as well as athletics. The result was the inception of several programs. One of which was the Big South College Quiz Bowl.

This is a jeopardy style game, where contestants will have to answer questions that are chosen by National Academic Quiz Tournament, which is an organization that has been around for more than 10 years, and hold events all over the country.

"I’ve talked to students who participated in high school and really enjoyed it, I’ve also talk to students who just enjoy ‘Jeopardy’ and watch it every night," said Charmaine Tomzyk, associate director of library services at CCU.

Tomzyk also explained that the questions include subjects other than trivia, and focus on subjects like history and pop-culture.

The tournament is done under a Round-Robin, or double-elimination format. Teams consist of four members and one alternate.

"Anybody who wants do it can, and I think it will be fun," said freshman and assistant for the Quiz Bowl Nikki Brown.

Brown also feels that it is a good way to meet people and gain knowledge in different areas.

When asked about CCU’s participation in the Quiz Bowl, Geoffrey Parsons, director of international programs said it was great.

"I think we have a wonderful group of students with a lot of academic talent, and I think it’s a great way to showcase it," said Parsons.

Practice games will be held in the Wall Building, Room 322, beginning Wednesday, Oct. 29. Students are encouraged to attend these events. The Quiz Bowl will be held Saturday Feb. 7, 2009 at Gardner Webb University.

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RAPE
from page 08

the courage of anyone to come forward and take a stand and I think that people coming forward sends a message to other students that it’s ok and that it’s a good thing to do,” said Peirce.

Sophomore economics major and peer mentor Briana Madison said that many victims do not come forward because they are afraid that people are going to judge them, including family, friends and even the person who committed the assault.

“If both [people] are drunk, maybe the girl doesn’t want to be seen as a drunk. Also, if victims wait too long to come clean, they feel like there isn’t enough evidence,” said Madison.

The CCU’s Students Helping Others Reach Excellence is a campus organization where members educate fellow students and hold events to obtain awareness about various psychological issues.

The president and peer coordinator of SHORE, senior psychology major Christie Lawnick, explains the recent “Take Back the Day” and “Take Back the Night” events held on campus.

“We had people sign a pledge stating ‘I pledge not to commit and sexual assault crimes. I pledge to be a good friend and help anyone that has been sexually assaulted,” said Lawnick.

“For ‘Take Back the Night’, we had about 300 students, faculty and staff. We passed out whistles with lights. We did chants like ‘Two, four, six, eight, no more date rape.’ We were screaming it across the dorms and it attracted a lot of attention,” she explained.

According to Lawnick, the chanting group of supporters marched to the track where the Gospel Choir sang, and the Victim’s Advocate Jillian Stackhouse spoke, along with another speaker from the Silent Witness Program.

“They opened up the microphone for anyone, and two students had the courage to go up and share their stories. It was powerful to hear from your peers about what has happened to them,” continued Lawnick.

“It was a really successful event that so many students came out, were concerned and wanted to stop the violence on campus,” she said.

DIET
from page 12

interest the FDA has in the diet pills is whether they cause health problems not on their effectiveness. Many of the pills that are approved have shown no evidence to even cause weight loss.

Junior Alli Manstoff admits to falling into the diet pill craze. “I took the diet pill, Hydroxycut and I saw no results” she said. “All it did was make me feel nauseous and shaky.”

What Alli felt was not an uncommon effect of taking diet pills. Despite being approved by the FDA many of these pills can have serious side effects such as: nervousness, tremor, diarrhea, bulging eyes, racing heartbeat, elevated blood pressure and even heart failure.

It seems that with all the risks involved in taking these pills, the high price and the probability of them not being successful people wouldn’t waste their time. Many see these pills as an alternative to a healthy diet and exercise and use them as a fast solution to their weight problem.

“If you do choose to take diet pills make sure you consult with your physician first, always follow the directions on the label carefully and combine them with a healthy diet and plenty of exercise.

Still the healthiest way to lose weight is by staying away from fried foods, eating at least five fruits and vegetables a day, and drinking plenty of water.

“Make sure you don’t starve yourself because you’ll binge to compensate and that causes weight gain,” said Thompson.

The only guaranteed way to lose weight is with a healthy diet and exercise not by simply taking a pill.

“Everybody wants a simple solution to solve their problems and I admit I feel that way too” said Manstoff. “As much as I hate to say it a balanced diet and exercise is the only way it works.”

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Halloween: when fetish becomes festive

The Chanticleer Staff
Editorial

Halloween is the single day of the year where the whole world becomes a brothel and no one is putting out.

Decent, respectable, classy girls set their morals aside on this infamous night and not only dress like skanks, but get away with it.

On Halloween, girls get to fulfill their career fantasies of being nurses, actors, athletes, police officers, soldiers and construction workers; playboy bunnies, Disney characters, vampires, fairies, devils and angels, witches or whatever else they can come up with.

The thing is, though, these otherwise decent costumes are just short enough to reveal the crease of the butt cheek — just not enough cheek. The necklines of these outrageous ensembles plunge deeply, revealing mind-blowing cleavage — a product that is one of Victoria’s many secrets. The fishnet stockings and hooker boots are merely accessories put on to be ripped off. The cherry red lipstick and innocent-eyes look only add to the parade.

When all is said and done, why do girls (and some guys) subject themselves by such degrading measures?

Simple — attention.

Guys look at girls differently when they are scantily clad, and generally enjoy wondering about that which is left to the imagination.

An additional explanation is that nobody is going to judge the girl who turns the children’s story character Little Red Riding Hood into Little Red Riding Ho.

Who are we kidding? Girls have to dress degradingly because if nothing else, everyone is doing it! Our country has simply accepted — no, allowed — no, BEGGED that girls become these atrocities.

The funny thing is that girls are not interested in pretending to be Mother Theresa, Harriet Tubman, the president of the United States or any other respectable figure worthy of being a role model. Instead girls aspire to portray the image of raunchy, commercialized, love-less sex.

Don’t know about you, but it sounds to us that we have morally taken a step in the wrong direction thanks to Halloween.

Think about that this weekend, Ladies, before you prance around town in your lingerie.

What are you going to be for Halloween?

Julie Sands: freshman resort tourism management major: “Tom Cruise from ‘Risky Business’ because it’s easy and cheap.”

Kerrie Cribb: freshman exercise science major: “A hot nurse or teacher.”

Dave’on Matthews: freshman computer science major: “Batman - he’s the dark knight. Who’s cooler than Batman?”

Brandon Peluso: freshman marine science/math major: “A sheep. One of my friends is going to be Little Bo Peep.”

Jonathan Mishoe: senior management major: “Gandalf the White. He’s a pimp.”

Amanda Lupitz junior biology major: “Sexy devil. I happened to find a cute black dress, and I want to wear my knee-high leather boots.”
Is chivalrous behavior alive today?

Trevor Arrowood  
Staff Writer

Today many may say that chivalry is dead but I beg to differ. Chivalry is still alive but I believe that one should take a closer look at the definition of the word. According to Webster's Dictionary chivalry means "courteous towards women." "Don't believe me? Look it up for yourself."

According to Webster's Dictionary chivalry means "courtesy towards women." Don't believe me? Look it up for yourself.

Trevor Arrowood  
Staff Writer

I was born and raised in the South where it is instilled into young men that you treat a lady like you would treat your mother. Let's be real, some men treat their mothers like they're worthless and these individuals are the exception. It is also said that those who live above the Mason Dixon have no manners or posses chivalry. This statement may be false whether you want to believe it or not. Remember that there are always a few rotten eggs that spoil the whole bunch.

Let's talk chivalry. Ladies ponder on the next few questions. Has a guy ever opened any door for you? When on a date, does a guy pay for you? Has a guy ever sent you flowers for no reason? Calls to see if you are feeling well if you've been sick? Has he ever cooked for you? Has a guy ever called you "sweetheart" or "babe" instead of "bitch" or "hoe"? If you answered "no" to at least half of these questions then you are correct that chivalry is dead but I'm sure that if you think long and hard you can probably answer each question with a "yes".

It is said by most "good" guys that all girls want are guys who are assholes. Ladies, if you think that chivalry is dead it could be because of you. When the "good" guys get screwed over by the so called "assholes" you are proving to guys that you would rather be treated bad and disrespected than be with a guy who is going to treat you like gold.

So remember there are still men in this world who posses chivalry but if you don't appreciate nice things then all you are going to get is crap.

Amber White  
Staff Writer

To believe that chivalry is still alive and vibrant is a complete understatement in the dating world of college.

In college, the hardest thing to find is a guy who is genuinely being courteous without an anterior motive. I am originally from the South so the terms "southern belle" and "chivalry" are two that I've grown up with all my life. To think that there was a time guys actually liked opening doors, pulling out the chair or just being nice without having a secret motive to this or even just because it's the infatuation stage of dating, amazes me.

The definition of "chivalry" according to dictionary.com is "The qualities idealized by knighthood, such as bravery, courtesy, honor, and of these qualities." Chivalry doesn't just start with being nice to women and catering to their every need, it also has to do with character of a man as well, so starting a big bar fight because some guy was trying to make a pass at your girl, is NOT chivalry.

The oldest excuse I hear from females is "I like bad guys, good guys are too simple." Amber White  
Staff Writer

I can date a guy who has some edge to him, but also someone who demonstrates qualities of chivalry when I am around and when I'm not. Therefore fellas, letting the girl you are dating think you are the nicest guy in the world, but then betting your buddy that you will "hit it" in a couple of weeks, is NOT chivalry.

Hopefully ladies, after college there will be a chance for us to be able to believe in chivalry and have that guy who cherishes us whether he is in front of Mom or in front of the guys.

I am not saying that all guys are obnoxious, sexually driven or jackasses, but hoping to find mister right in college is slim to none.

To the guys who have all of the qualities of chivalry, stand up and be proud that you understand the value of woman. Thank God, I have.
Chants soar past Eagles, 35-10

Nick Mamary
Sports Editor

After back-to-back losses, the Coastal Carolina University Chanticleers hosted the North Carolina Central University Eagles on Saturday, Oct. 18. There were 6,394 fans in attendance to watch the game.

The visiting team entered the game with a record of 1-5.

Before the game, NCCU Head Coach Mose Rison said, “Coastal Carolina is a very good football team. They have tremendous speed on both sides of the ball. Their defense reminds me of James Madison. They have a balanced offense, but they like to run the ball. So, we are going to have to find a way to stop their run game.”

This was not to be, as CCU rushed for 215 yards. After CCU scored a touchdown on their first drive on a 61-yard strike from quarterback Zach MacDowall to Jamarr Anderson, opposing quarterback, true freshman Michael Johnson was intercepted by Chris Walls deep in NCCU territory, CCU capitalized as MacDowall threw for his second score, this time Kenny Jones was the recipient.

After controlling the tempo for the next two quarters, CCU took a 28-3 lead into halftime. The defense kept points off the board until NCCU connected with Wayne Blackwell for a 63-yard touchdown. This made the score 28-10. CCU was able to put the game out of reach as a result of a 42-yard touchdown run by Author Sitton, who rushed for 100 yards on six carries. This pushed CCU’s lead to 35-10. The Chants would end up winning by that score.

Following the game, CCU Head Coach David Bennett said “I’m very proud of the way they played in the first half, but in the second half, 7-7 is not good enough, it’s not championship football.”

Bennett continued, “If we are going to build a championship program, which is our vision, it doesn’t change just because we are not going to the postseason this year, we’ve got to play the whole game the way you are supposed to.”

Receiver Brandon Whiteley said of his team’s offense, “We played decent, but we still have work to do.”

Of his early interception, linebacker Walls said, “I just came in the right spot at the right time, and came up with the pick.”

The win improved CCU’s record to 4-4, while NCCU fell to 1-6.

CCU will be back on the field this Saturday, Oct. 26, when they play host to conference foe Stony Brook.

Eric O’Neal runs the ball, as the Chanticleers close in for a win.
Intramurals encourage athletic, fun competition

Elaine Urban
Features Editor

Many students at Coastal Carolina University were once star athletes at their respective high schools and hometowns. It is hard for some students to come to terms with the fact that they must stop playing their beloved sport while entering college. It is either too big of a hassle to balance school and playing on a demanding college team, or their skills are just not qualified enough.

Fortunately, CCU offers a great variety of intramural sports that can become just as competitive or more than high school. A full ride and scholarship might not be the case, but the love for playing the sport is always present.

“I play intramurals because I enjoy playing in a competitive and challenging environment while being able to meet new people and have some fun playing the game I love,” said an intramural soccer player, Christopher Freeze.

“I play intramural sports because I like competition and it keeps me in shape. The women cheer for me on the sidelines and I make nice plays for them,” said sophomore Richard Maddox.

Intramurals benefit students in more ways than just physically.

Coordinator of Campus Recreation and Intramurals Jake Rosiek said, “More importantly is the social aspect and the mental vacation from the rigors from class loads with a social and recreation atmosphere.”

Each year the intramurals staff runs four phases of intramural sports offered to men, women and coed.

Fall Phase I had a great turn out with 800 to 1000 students participating, a higher number than expected. Along with the choices of sand volleyball, flag football and wiffleball, a new minor sport was added as well: pickleball.

For those who are unfamiliar with pickleball, it is a combination of tennis and ping pong played on a badminton court.

CCU actually had both men and women’s team attend a state cup for flag football at the University of South Carolina. Both teams came very close to victory, especially the men’s team “White Guys in Tie Dye” and “Kappa Phi.”

However, who could possibly beat a team named “Don’t Hassle the Hoff.”

Team member of “White Guys” and “Kappa Phi” Brendon Riley, expressed his thoughts on the game when he said, “Any given Sunday, a team can be beat, it’s no different in flag football.”

Fall Phase II just recently started including soccer, three on three basketball and indoor volleyball. Even though it is too late to create a new team, students can always jump on an intramural team that is lacking players. The three-on-three hoops, however, is completely filled with 45 teams playing.

“I play basketball every year. I played in high school so it’s something for me to do and stay in shape,” said senior Kandice Marchman.

Rosiek has made the decision to add a couple new sports to this year’s spring phases I and II. Soon to come will be five-on-five basketball, inner tube water polo, softball, indoor soccer, dodgeball and because of their popularity in the fall, three on three soccer and four on four flag football. This wide variety of sports gives opportunities for many student athletes.

Students don’t only have to be players but can also be referees as well.

“Intramurals wouldn’t exist without students,” said Rosiek.

As fun and exciting as intramurals may seem, there is always room for improvement. Rosiek always keeps which sports are offered up to the students evaluating which ones are the most popular and listening to suggestions from students to meet their needs. The number of participants is the main priority of intramural sports and Rosiek hopes to see it at half the student population eventually.

Other improvements concerning proper equipment is also a need that need to be met. Hopefully, students will soon be able to play at more convenient times at night so games won’t interfere with classes. New soccer goals and flag football belts that are needed every year aren’t always available.

To make intramural sports even more spectacular than they already are, all students need is participate.

As Rosiek said, “Get out there and play.”

INFORMATION

For more information on intramurals at CCU, visit the Web site, www.coastal.edu/recreation or Rosiek at jake@coastal.edu.
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