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Coastal Carolina College This Week, November 26, 1990

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THIS WEEK

A Weekly Newsletter for Faculty and Staff of Coastal Carolina College Vol. 1 No. 14 November 26, 1990

Campus Calendar

Monday, November 26th

- **Free Aerobics** – 2:30 to 3 :30 p.m., PE Center dance studio. Contact Intramural Office.

Tuesday, November 27th

- **Health & Cholesterol Screening** – 10 a.m. - 3 p.m., SC. Contact: Patti Loebis
- **Women's Basketball** – East Carolina at Coastal, 7:30 p.m.
- **Financial Management for Small Business** – seminar sponsored by SCORE and Small Business Development Ctr., 6 to 9 p.m., H- G'town Tech, room 801. Contact: Patrick King. (Continues Nov. 28, registration fee.)
- **ODK Initiation** – time and location TBA. Contact: Kathy Watts.
- **Free Aerobics** – 6 to 7 p.m., PE Center dance studio. Contact Intramural Office.

Wednesday, November 28th

- **Men's Basketball** – College of Charleston at Coastal, 7 p.m.
- **Free Aerobics** – 2:30 to 3 :30 p.m., PE Center dance studio. Contact Intramural Office.

Thursday, November 29th

- **Persian Gulf Crisis: round table discussion** – 7 p.m., G&CE conference room. Contact: Richard Collin.
- **Free Aerobics** – 6 to 7 p.m., PE Center dance studio. Contact Intramural Office.

Friday, November 30th

- **Casino Night** – 8 p.m. - midnight, SC overflow, students and guests. Contact: Vicki Gardner.
- **USC System Retreat** – 2:30 - 6 p.m., KH 104-7. Contact: Sally Horner
- **Free Aerobics** – 2:30 to 3 :30 p.m., PE Center dance studio. Contact Intramural Office.

Saturday, December 1st

- **Women's Basketball** – Coastal at NC A & T, 3 p.m.
- **Women's Golf** – Stetson University Tournament, Debeary Plant CC. Continues Dec. 2.
- **Saturday Afternoon Tour** – 2 to 3 p.m., beginning at Horseshoe. Contact: Admissions

Monday, December 3rd

- **Men's Basketball** – SC State at Coastal, 7 p.m.

Professor offers stress counsel

Paul Stanton is doing his part to ease the tensions brought on by the deployment of area soldiers to the Middle East. Stanton has conducted a stress workshop at the Myrtle Beach Air Force Base for the families of those who have been called to active military duty.

Co-sponsored by Graduate and Continuing Education and the Myrtle Beach Air Force Base Morale, Welfare and Recreation Office, the workshop provided a 90-minute overview of stress, including the common perceptions and misconceptions of stress, and how to best deal with stress. The workshop attracted 17 participants.

Stanton said "stress is often perceived as a challenge or a threat." But the best way to deal with stress is to be aware of its presence; only then can stress be dealt with functionally, he said.

"I've also given those who are interested access to me on an individual basis for counselling — and have gotten a pretty good response," Stanton said. "I would like to do what I can for the guys," he said. ∞

December Commencement time changed

The time of the December commencement ceremony which will be held Thursday, Dec. 20 at the Carolina Coliseum has been changed from 7 to 8 p.m.

The university made the change to allow more time for travel from system campuses. ∞



This Week is published every Monday by the Public Relations Office. Information to be included should be submitted by noon on the Wednesday before publication.

Students to present Madrigal feast

Students in the music and theater departments will present a Yuletide Madrigal Feast on Thursday, Dec. 6 and Friday, Dec. 7 at 7 p.m. in room 003 of the Graduate and Continuing Education Building.

Dinner will be provided by Carolina Caterers. Tickets are \$25.

For more information, contact Sandi Shackelford or Carolyn Cox. ∞

Wellness Committee hold Christmas luncheon

The next Wellness Committee meeting will be Thursday, Dec. 6, 11:30 a.m. in EMS Conference Room. It also will be the group's annual Christmas covered dish luncheon.

All members who attend are asked to bring a healthy dish, and each member may bring a guest. Patti Loeb will coordinate the menu. For more information, contact Loeb at 2329. ∞

Archarios to arrive this week

The 1990-91 Archarios will arrive Nov. 30. All published artwork will be on exhibit in the Gallery of the Graduate and Continuing Education Building throughout the week of Dec. 3.

A public reception will be held in the gallery Tuesday, Dec. 4, from 3 to 5:30 p.m. ∞

Birthdays This Week

November

26 Amy Nelson
27 Brenda Goldberg

Our apology to Bob Gamble for omitting his birthday last week. It was Nov. 20.

Chautauqua short courses available for science faculty

The Grants Office has received the 1990-91 brochure for Chautauqua Short Courses available this summer for science faculty.

Eighty-one short courses will be offered around the nation in all fields in the natural and social sciences and mathematics. There are no deadlines for application, but enrollment is limited and is on a "first-come, first-served" basis.

Interested faculty should check with the Grants Office or their dean for more information. ∞

Writers group to meet Dec. 4

The Writers Group will meet Tuesday, Dec. 4 at 7:30 p.m. in room 204 of the Student Center.

The meeting is free and open to anyone interested in writing or to those interested in sharing stories, poems or other pieces of writing.

For more information, contact John Beard, extension 2462. ∞

Mac Frampton performs for Mercy Hospice

The annual Mercy Hospice Christmas Benefit Concert, featuring pianist Mac Frampton, will be held Friday, Nov. 30, 7 p.m. at the First Presbyterian Church in Myrtle Beach.

Tickets for the performance are \$10 and are available at all Peoples Federal Savings and Loan locations and at Swanner's Music Emporium.

Mercy Hospice is a non-profit organization that has been caring for terminally ill patients in Horry County for nine years. Charmaine Tomczyk serves on its board and will be pleased to answer any questions about Mercy Hospice programs or the Frampton concert. ∞

Students to host discussion on Persian Gulf

Political science students are hosting a round table discussion on the Persian Gulf crisis on Thursday, Nov. 29, 7 p.m. in Graduate and Continuing Education Building, room 003.

Richard Collin will be the moderator.

A panel of specialists in various aspects of the crisis will be available to lead the discussion and answer questions.

The round table discussion is free and open to the public. Community members, students and faculty are encouraged to attend and participate in the discussion.

For more information, contact Graduate and Continuing Education. ∞

Coastal Carolina People

Karen Carpenter and Sharon Guffey attended a seminar, *Legislative Health Care Policy*, Nov. 7. Sponsored by the American Association of Critical Care Nurses, Charles Town Chapter, the seminar presented an overview of the function of South Carolina's State Board of Nursing. Other topics discussed were mandatory proof of competence when re-entering the field from a lapse in active practice.

Al Hall recently attended the joint annual meeting of the American Association of Teachers of German, the American Conference on the Teaching of Foreign Languages, and the Southern Conference on Foreign Language Teaching.

Martha Davis and Pat Taylor attended the fourth annual National Conference on *Computers on Campus* sponsored by USC's Division of Continuing Education. More than 200 educators from the U.S. and abroad attended the conference. ∞

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