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University Hurricane Procedure

It is the policy of Coastal Carolina University to view each hurricane threat as an extremely hazardous condition, and to minimize the risk to students, faculty and staff; and second, to protect university property. Please listen to emergency warnings on local television and radio stations, and take such warnings seriously.

If the university cancels classes due to severe weather or other emergency situation, area media are notified immediately. All official announcements will be made from the Office of the President. The university's decision to cancel classes or special events is made independently of a decision made by the Horry County Schools. Unless an announcement specifically says Coastal Carolina University has cancelled classes, students should assume classes will be held as scheduled. In the event of an emergency closing, the following media are notified by the Office of Marketing Communications:

Television: WBTW TV 13, WPDE TV 15, WFXB FOX 43, HORRY TELEPHONE CABLEVISION, WIS TV 10, WMWB UPN 21, TIME WARNER CABLE
Radio: WDAI 98.5 FM, WEZV 105.9 FM, WGTR 107.9 FM, WJXY 93.9 FM, WKZQ 101.7 FM, WQOB 1050 AM, WMYB 92.1 FM, WQJM 1450 AM, WYNA 104.9/100.7 FM, CCU Information Line 530 AM, WRNN 99.5 FM, WSEA 100.3 FM, WSYN 106.5 FM, WWSK 107.1 FM, WYAK 103 FM, WYAV 104.1 FM

Websites: www.coastal.edu

Do not call the switchboard for information because a large volume of incoming calls will tie up telephone lines and hamper efforts to relay accurate information.

* Prior to a hurricane emergency, President Ingle, or his designee, will convene the Management Council for preparedness briefings and assignments.
* When classes are canceled, the Office of the Provost will notify all academic deans. Each dean is responsible for notifying the faculty of his or her school or area of class cancellations.
* If classes are canceled, faculty and staff are expected to report to work. If employees are unable to report to work when classes are canceled, they should contact their supervisors to make arrangements for taking annual leave or compensatory time. Employees are not expected to risk dangerous traveling conditions to report to work.
* If a Hurricane Warning is issued by the National Weather Service, students who reside in the residence halls may be advised to travel home or inland prior to the onset of adverse weather conditions. Students who live in the residence halls should communicate, as appropriate, with their RAs and with their parents as to where they will be going and a telephone number, if available, where they may be reached. For residence hall students whose options for travel are limited, the university will maintain space for these students or will assist in the transportation of these students to emergency shelters, as designated by the American Red Cross. Students who reside off campus (not in university residence halls) should seek shelter at sites designated by the American Red Cross.
* Even when classes are canceled, the university will remain open unless the Governor closes the institution. Faculty and staff are expected to report to work, or make arrangements for annual leave or compensatory time, until the Governor issues a closing declaration. If the threat of a hurricane exists, faculty and staff should unplug all equipment - especially computers - in their areas prior to leaving campus.
* The university has NOT been designated as an emergency shelter by the American Red Cross. If an evacuation is ordered, the American Red Cross will issue a list of available shelters. ALL non-residence hall students, faculty and staff must leave campus when such an evacuation is ordered, except for emergency operations personnel. The university is unable to provide basic necessities for students, faculty and staff during or in the aftermath of a hurricane.
* Following a hurricane, movement to and from the campus may be restricted. Persons who must be available following a hurricane, to protect university property, must be on campus prior to the arrival of the storm.

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Blind squirrels and freshmen

by Dr. Tom Woodle

Even a blind squirrel stumbles onto a nut every now and then. That statement may seem as if it has absolutely nothing to do with career planning, but surveys of graduating seniors indicate that college students often take the "blind squirrel" approach to their career planning process. They go to college for three and a half years and then begin to think about a career during their senior year often hoping to "stumble" upon a job that they will enjoy and in which they will be successful. Thus, the blind squirrel approach.

The stark reality of career planning is that if you wait until your senior year to begin, you are running three years behind. The other reality of career planning is that if you follow the Coastal Carolina 20/20 Career Vision Program, by the time you get to your senior year you will have completed career counseling assessments, chosen a major that fits your interests, personality and career goals, completed internships with organizations for which you might want to work full-time, been trained in resume writing, interview skills and job-search strategies and will have developed a career portfolio that includes a list of potential employers which you are ready to contact for the purpose of securing a job that excites and motivates you. The reason for a college education is simple and straightforward: you're ultimate purpose for being here is to prepare yourself for "life after Coastal." Although there are a multitude of interesting and fulfilled distractions along the way, the end result should be preparation for real life outside of college. After all, even if you decide to stretch four years of college into seven years, the time spent in college is short compared to the time you will spend working for a living. By taking the time to follow the 20/20 plan you can assure yourself (and your parents) that you have put thought and effort into your future and that you will finish your college career with well-defined career goals and plans that match your interests and personality.

The Career Services Office is located in the Indigo House. Specific career counselors are assigned to each college of the university so that students will have access to career planning professionals that understand their major and how it relates to the job market. Call 349-2341 for an appointment or drop by the office to find out more about the Coastal Carolina 20/20 Career Vision Plan. Blind squirrel or 20/20 Career Vision? What are YOU looking at?
Local bands in Myrtle Beach

by Caroline P. Smith and Christine Lyon
Staff Writer & Squawk! editor

If Not Winter

Members: John Navarro - lead vocalist
Josh Zurnowski - guitar and supporting vocals
Andrew Cossar - guitar
Chris Wilhite - bass
Mike Schmitt - drums

History: A few years ago, two band members from a napock band named Releasement founded rock Locomotion. After collaborating ideas, the three guys decided to form their own band and began the search for a bass player and lead vocalist. Zurnowski, Schmitt, and Conner found Wilhite at one of Coastal's POP 101 concerts, but finding Navarro took a lot more auditions, disappointments and aggravation.

"We needed a singer who had a strong, versatile singing voice and the ability to transfer emotion into the lyrics," said Conner. Navarro completed the band in August of 2004 to form If Not Winter, a "straight up, in your face rock band mixed with tinges of emo and metal."

Venues Played: The Littlelight, The PourHouse, O'Reilly's, Remedy's, Mother Fleachers, Coconuts, Rioroom, and Home of Blues.

Recent Shows: If Not Winter played at the cancer benefit at the House of Blues on Jan. 22, which was attended by more than 1,700 people. The band also participated in a Bring Your Own Band Battle of the Bands Competition at the Rennell House Ballroom at UNC on Feb. 20. The band ended up winning the competition. In addition, this past weekend at Coastal's Battle of the Bands, If Not Winter came out on top over Sedgefield Drive and the Jazz Band.

Contact: www.ifnotwinter.net

Sedgefield Drive

Members: Aaron Milz - Lead vocals
Sean Johansen - Acoustic guitar
Kenneth Long - Drums and supporting vocals
Joe McKelvy - Bass
Keith Long - Keyboard
Josh Swindler - Electric guitar

History: It all started in 2003, when guitarist and vocalist collaborated and realized the chemistry they had was melt together and one-of-a-kind. They decided to form a band, but the going was slow, at first. They opened a few shows for If Not Winter just as an acoustic act with the name of Just Another Season, a spin-off of If Not Winter's name. As the band started to grow, they changed the name to Sedgefield Drive for the name of the street Johansen's girlfriend lived on.

"Our song '1725' was originally called Sedgefield Drive. As we decided to change the name of the band to Sedgefield Drive and the song to Sedge's House address." Johansen met K. Long and Swindler at the Christ United Methodist Church Refuge program. The drummer was acquired through a couple of phone calls and contacts through McFayden Music and he also became the band's manager, being the oldest and most experienced.

K. Long has lived in Myrtle Beach his entire life and has a lot of connections, so he was put in charge of booking shows and promotional events for the band. The last member to join the band was McKelvy, who was discovered through Coastal's POP 101 course that K. Long was also a participant in. The band was completed in August of 2004, and ever since then they've been making their way into the music scene of North and South Carolina.

Recent Shows: Sedgefield Drive has most recently played at Coastal's Battle of the Bands Competition, a Battle of the Bands in Wilmington in which they advanced to the semi-finals and in the Blazes-A-Palooza event put on by the House of Blues Restaurant. For their participation in that event, they won the privilege of opening up for a band TBA in the concert hall.

Contact: www.sedgefielddrive.com www.myspace.com/sedgefielddrive

Virtue Trap

Members: Steve Hamelman -Drums
Dan Ennis - Bass
Cliff Saunders - Keyboards
Ari Platow - Vocals
Scott "The Pimp" Pleasants - Guitar

History: Virtue Trap was formed in 2000 by four CCU Professors: Steve Hamelman (drums), Dan Ennis (bass), Steve Nagle (guitar/vocals) and Brian Nance (guitar/vocals). Ennis and Hamelman are still active in the band, but the other members have fluctuated from year to year. The current guys are certainly not your average college professors. Who knew that four English professors and one visual arts professor could be such talented musicians, not to mention exceptionally cool outside the classroom? When they're rocking out on stage, they look just like the typical bar-room rock band, but they definitely appreciate their roots. According to their website, the members of Virtue Trap feel that "Being part of university life makes us different from other rock outfits in our area. The students in our classes attend our shows, and their youth and enthusiasm keep us playing hard year after year."

The band is known to play an awesome show, and you can take my word for it; I've seen them several times. They usually consist of an array of well-known classic rock covers, blues and original songs. So check out some of Virtue Trap's upcoming shows, listed below. Some may think it's weird to spend a Friday or Saturday night with a few of their professors, but pay no heed to the ignoramus out there. This particular group of professors rocks, literally.


Contact: www.virtuetraps.com
Love, college style

As you move into your rusty, dusty dorm this fall, you may notice some very exciting things going on in the world around you. If you are a freshman guy, you may detect the faint scent of feminine perfume and the clustering of giggle-box girls wafting through the corridors of Santee Hall. If you are a freshman girl, you may discover the abundance of sweaty, brawny males that seem to flock to the Campus Recreation building—to start chiseling their muscle frames into the statuesque form of a Grecian god.

That's right, my little freshman fraternizers—forget Valentine's Day—fall is the season for love, college style. And I, the well-versed upperclasswoman, am here to aid you in the pursuit of a multiplicity of mates. For all you freshman girls out there, life is fixing to get long, dimly-lit, completely over walks on the beach...well, forget about all that. This is college. For the next four years, you'll need to know one simple formula concerning the typical college male:

Formula: 10 - 7.5 * 2.5

Observe, ladies: 10 is the average number of times you might get asked for your phone number by a guy. Out of those 10, the number of guys who will never use your phone number is 7.5. This leaves you 2.5 times that the guy will actually get in contact with you—and that's actually one real phone call and 3 text messages (which, you will discover, are merely a half—or 2.5—if a phone number is exchanged). And the one real phone call? Fifty percent of the time, that one real phone call arrives not during daylight hours, but closer to around 2 a.m., and after ingesting copious amounts of lemonade.

I don't want to be a kill-joy for you girls. I just want to warn you of the challenge that you may find if you are a "relationship type" of girl. For the majority of collegiate females, finding a boyfriend-type of guy just isn't going to happen—and if you do happen to pass that typical, sickeningly cute couple in the hall of the Edwards building, praktically wapping your time to play the field—and the best way to do that is to mimic the boys. Go out, raise hell, be loud, be unappetizing to pass that typical, sickeningly cute couple in the hall of the Edwards building, praktically wapping your time to play the field—and the best way to do that is to mimic the boys. Go out, raise hell, be loud, be unappetizing to your conduct on the campus is how you let every guy in your life know that you are somebody with an actual life. However, it is true that you can be a bit more attractive to a female than an actual woman.

Finally, remember your manners. Just imagine that your own mother is viewing your conduct on the date—from opening doors to avoiding the good-night-slobber-fest. Don't do anything that she would consider disgraceful. If you play your cards right and get a second date or score—some good action, don't be boisterous around campus about it. The last thing you want your new hottie hearing is how you let every guy in the weight room in on the secret answer to their questions about bikini, thong or commando.

Well, that's about all I can tell you newbies to the college dating scene...well, actually it's not, but I couldn't possibly bear to give all the secrets away. You have to learn at least a little bit of the game for yourself. So, good luck to you, my lazy learners—study those books hard, and study each other even harder.

Now, for the boys...

Ah, the man (assume slightly-Australian sounding, Discovery Channel researcher voice): He is a wayward animal, untameable by even the most precise and exacting hunter...He is wild, aggressive, and unstoppable in the pursuit of his prey. He is vicious, ravishingly craving sustenance, and thirsty for...beer.

For all you collegiate guys out there, slap on a faded white hat and a John Mayer and don't plan on cracking a book until you've gathered the digits of some foxy females at one of the bustling school start-up parties. From College Park to Kryptonite, there is no shortage of sites for you to try and seal the deal with one of the lucky ladies of CCU. But there are some things you ought to know first.

For starters, we women are not very receptive to beer breath, the laddering of freshman man-slobber on our mettically made-up lips or a number of other disgusting results from the overzealous guzzling of Natty Light by under-weight 18 year old boys. We are also not fixated in the slightest by your cliche usage of the phrase "fresh meat" (such a clever pun on the word freshman, don't you think?). In describing your nubile female classmates. Contrary to popular belief, freshman boys can be taught "the ways of the world" by an upper-level collegiate female quicker than you can say "Stifler's Mom."

In order to woo a woman, you must have finesse...the gentlemanly qualities that rarely accompany those not-so-subtle movements of a hand up a skirt as you sway opposite the actual rhythm of the music at Icon. When greeting a potential piece of arm candy, you should introduce yourself as if you are somebody with an actual life...avoid "Yo, Supa', WUZZUP?!" If you're going on a date, please don't visit the gym prior to that date without making an appointment with your shower sometime soon after the gym or before the date. Just as a general rule, B.O. is probably more attractive to a female than an actual woman.

To Remind you to Never Answer This Phone Number, ladies, don't despair. This is one very exciting game! And don't want to be a kill-joy for you girls. If a guy seems cool to hang out with, keep his number—if not, keep his number anyway and file it in your phone under some discreet sort of moniker, like "AAGHHH!!" (so as to remind you to never answer this guy's calls again). Oh, and don't forget one more, vitally important piece of college-dating equipment: The Reject Number, 1-310-495-5412. Works like a charm whenever that guy just isn't going to happen—and if you do happen to go for flowers, chocolates, expensive date and half—or .5—of a phone call). And that one real phone call and 3 text messages (which, you will discover, are merely a half—or 2.5—if a phone number is exchanged). And the one real phone call? Fifty percent of the time, that one real phone call arrives not during daylight hours, but closer to around 2 a.m., and after ingesting copious amounts of lemonade (so, as a general rule, B.O. is probably more attractive to a female than an actual woman.

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Doing your laundry

Recipe for Clean Clothes

Ingredients: Dirty clothes + Detergent + Dryer sheets + Washing machine + Dryer

Washing: It is recommended that you separate light and dark clothes. Although the colors should not run together in cold water, bright red shirts have occasionally been ruined to turn white clothes into a wonderful shade of pink. You may also want to take notice of the washing directions on the tags of your clothes. Pour the directed amount of detergent into the washer, and remember that sometimes less is more. Check your pockets for any loose change, pens, chap stick, etc.

Toss in the dirty clothes, then adjust the washing machine settings for the size of the load and the temperature. It is usually best to use cold water to prevent colors from running or fading, and to prevent anything from shrinking.

Drying: Clean the lint panel, which is usually located toward the front of the dryer, because chances are whoever used the dryer before you forgot to do it when their clothes were finished. Put wet clothes from washer into the dryer. Clothing that is made of 100% cotton tends to shrink so you may want to hang these pieces up to dry. Toss one dryer sheet in with the clothes. Put in the correct change to set the desired time for the dryer to run. Clothes usually take about an hour, but if you pack the drying full it may take a little longer. Before your dryer time runs out, check your clothes to be sure they will be dry. If you add extra change before the time completely runs out, it will be cheaper than resetting the dryer for another cycle.

After you take your clothes out of the dryer, be sure to clean the lint panel for the next person. Fold your clothes as soon as they dry to avoid wrinkles, and be sure to put them away, even though Mom or Dad isn't around to yell at you about your messy room.

For Stains: Add liquid detergent or stain remover directly onto the stain. Rub it in, and then put the item in the washing machine with the rest of your clothes.
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At Coastal Carolina University, the student experience is not just what goes on in the classroom. Outside the classroom there are numerous cultural and social connections that can be made. Getting involved in campus activities is at the heart of a successful college experience. CCU has organizations and activities to fit your needs. Coastal is small enough for you to make a difference, yet large enough to allow you to build your unique connection to the university and the world.

Club Recruitment Day
At the beginning of each semester, all clubs and organizations, along with some community businesses providing services to students and staff, are invited to represent themselves on the Prince Lawn for Club Recruitment Day. The event takes place for two to three hours during the middle of the day, allowing students to meander through the lawn on the way to and from classes, finding the right organizations for them. The event also has free drinks and food for lunch. This is the best and easiest way to become involved at Coastal.

Family Weekend
Held every fall semester, this fun-filled weekend gives families the opportunity to experience a taste of campus life. Activities often include the annual Family Golf Classic and trips to Wadges Island.

Homecoming
The Homecoming tradition at Coastal is highlighted by the participation of current students in week-long events including a spirit float contest, the football game and tailgating.

Football Tailgating
Tailgating first came to be a part of Coastal tradition in the fall of 2003, the inaugural season of Coastal football. Students, faculty, community members and alumni join family and friends to cook out and have some fun before every home game.

Cultural Celebration
Every spring, people from the school and the community bring arts, crafts, music, dancing and food from around the world in order to celebrate cultural diversity.

CINO Day
A celebration held each spring, CINO Day is enjoyed by students, faculty and staff. This outdoor party features free food, music and games. It allows for a little break in the hectic schedule of classes and signals that the school year is coming to an end.

Honors Convocation
Each April, students are recognized for their scholarly accomplishments during the Honors Convocation. In addition to academic achievement honors, highlights of the event are the announcements of the Distinguished Teaching Award recipient and the Ronald D. Lackey Service Award recipient, the latter recognizing a senior student for conspicuous service to the university and the community.
New Student Convocation

The University's official welcome to the start of the new year.

Brooks Stadium
Monday, August 15, 2005 - 9 a.m.
www.coastal.edu
Welcome Chanticleers,

On behalf of the students of Coastal Carolina University, I’d like to welcome you to our little community and introduce you to your student government. My name is John Adamec and I am your Student Body President for the 2005-2006 academic year. Your other elected officers are: Vice President, Janet Shokal, Treasurer, Erin Price, and Secretary, Heather Remley. We are looking forward to a year of serving your interests and making changes, big and small, to improve your experience here at Coastal over the next four or so years.

A little bit about the Student Government Association (SGA). The SGA is the official representation of the students of Coastal to the faculty, administration, and surrounding community. We serve on university decision making bodies, provide input through regular interactions with administrators, and give a defined voice to student concerns. Our purpose is to be here for you and I would like to extend an invitation to all new and returning students, especially if you haven’t had any experiences with student government, to stop by and visit the SGA and see what we’re about. The SGA has open weekly meetings every Monday afternoon at 3PM in the Wall building room 309.

These are our weekly Senate meetings. The Senate is currently comprised of representatives from clubs, organizations, and a number of other university divisions to provide service to the entire student body. This meeting is a forum for communication between administrative offices and the students and often we have speaker coming in from the university to ask our opinions on issues and seek student approval for new initiatives. The SGA is also proactive, passing legislation to suggest solutions to problems seen by students. Lastly, the Senate is the conduit through which student clubs and organizations receive funding from the University. All are welcome at the weekly meetings and I strongly encourage you to stop by and see how we work.

Beyond the weekly meetings, your SGA has an office in the Student Center in room 203. Go upstairs, through the big doors, take a left, through a second set of big doors, the office is on the left side and has a glass door with little gold letters. We’re there most of the time and visitors are always welcome to stop by with questions suggestions or just to chat.

The SGA is going to be undergoing some changes starting in the early fall so I ask you to keep an eye out for promotional materials and information as we make it ready for you.

Now that I’ve made my official SGA introduction, I’d like to get up on my personal soapbox for a few moments and say a few things that I hope you take to heart as you start your careers here at Coastal. We have a very special community here at CCU. Those of us who have dedicated our time here to it truly love it and I ask you to take a few moments, reflect on why you came here, and make the choice to love this school too.

Become part of this school, not just a daily visitor.

Sure, the beach is only 20-60 minutes away depending on traffic, but is it really worth that much money to you or your parents to be going to the beach. It’s really much cheaper to just work and live on the beach if that’s what you want. If you need sun, do like they do at every other school in this country lie out on the grass. We have a really large green lawn in the middle of campus and at any other college, this would be covered by people laying out, playing Frisbee, etc., but all too often our lawn is empty. Try it out.

I assure you it’s really quite nice. Also, get involved in stuff. You will be here for 4 years or so and many things can change in that time. There is room in your schedule to join a club, volunteer, do some resume building extracurricular activities and show that students aren’t apathetic and completely pliable. This will help you to see what goes on at this school and, who knows, maybe be become informed enough to take a stand on something that moves you.

Everything at this school is open to you. The students, faculty, staff, and administration have poured a lot of heart and soul into making this place unique among universities. Consider yourself privileged to have the opportunity to be here. Good luck in your efforts and I look forward to meeting you during this year.

Proud to be a Chanticleer!
John Adamec
Student Government President

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Coastal Carolina University

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Student Government Association

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2005-2006

We can make a difference! Join us this year, and become part of a group who can, and will shape Coastal’s Future! Mondays 3pm Wall 309.

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ww2.coastal.edu/cpb
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Club & Organization
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Prince Lawn
11am - 2pm

Office of Student Activities
Student Center 106
(843) 349-2301
'Persepolis' is the 'Big Read' for new freshmen

by Mona Prufer
for The Chanticleer

Incoming freshmen at Coastal have a summer reading assignment - "Persepolis: The Story of a Childhood" by Marjane Satrapi. "Persepolis" is the "big read" that new freshmen have been assigned as a shared intellectual experience. A convocation for new students will be held Monday, Aug. 15 at 9 a.m. at Brooks Stadium when a faculty speaker will discuss the relevance of the book to students and why it was chosen. Group discussions will follow at 10:30 a.m. at different locations around campus. The author will be the featured speaker in a lecture and reading on Oct. 13 at Wheelwright Auditorium. Published in 2004, the book is Satrapi's memoir of growing up in Iran during the Islamic Revolution. In black-and-white comic strip images, Satrapi tells the story of her life in Tehran from ages 6 to 14, years that saw the overthrow of the Shah's regime, the triumph of the Islamic Revolution, and the devastating effects of war with Iraq. "The intelligent and outspoken only child of committed Marxists and the great-granddaughter of one of Iran's last emperors, Marjane bears witness to a childhood uniquely entwined with the history of her country," states the book jacket. Copies of "Persepolis" are available for purchase in Coastal's bookstore, located in the first floor of University Hall.

We ask that freshmen read the book over the summer, coming to Coastal prepared to participate in a series of events and activities, including a visit to campus by the author," said Lynn Willett, vice president for Student Affairs. To select the book, a campus committee solicited suggestions from campus faculty, staff and students, narrowed those books to four, read them and made the choice based in part on author availability. The three other books considered were 'The Life of Pi' by Yann Martel, 'Into the Wild' by Jon Krakauer and "This Boy's Life" by Tobias Wolff. Criteria considered when selecting a community book include literary worth, wide appeal, themes, issues and topics that would lend themselves to spirited discussion, relevance and timeliness. Since the book is also incorporated into the English 101 curriculum, professors must agree that it is teachable. The decision to assign the same book to incoming freshmen originated with Willett and Lynn Franken, dean of the Thomas W. and Robin W. Edwards College of Humanities and Fine Arts, who felt that students would benefit from the reading experience and subsequent group discussions. "Most forward-thinking universities have a common text," said Franken. Coastal students often gather together to socialize or attend sports events, she explained, but there is no shared intellectual pursuit built into the curriculum that an entire class can embrace as a group. "Close to Shore: The Terrifying Shark Attacks of 1916" by Michael Capuzzo was last year's book, the nonfiction account of a series of shark attacks on visitors to the New Jersey seashore.
Advice from a college graduate: Lessons learned beyond campus

by Janae Mitchell
for The Chanticleer

Every year, all over the world, high school seniors march toward a future of unlimited possibilities. For many, that future includes college. Those of us who have navigated the halls of higher education understand what a transforming four, five or six years the collegiate experience can be. Here's some advice for incoming freshmen, learned the hard way from those of us who have

1. Go to class...every day. After all, college classes are expensive. Get your money's worth. Moreover, you might find that the professor actually heart sings. Don't choose a career based on its income potential after graduation. Don't choose a career based on what your family members do for a living or what they think you would be particularly good at. Find a subject that feels more like play than work. Your natural talent will shine through. Keep in mind that a marketable degree may get you a job, but you want to stay willing to compromise on how you get there. While in college, visualize, implement the vision and celebrate your milestone.

2. Find a major that makes your heart sing. Don't choose a career based on its income potential after graduation. Don't choose a career based on what your family members do for a living or what they think you would be particularly good at. Find a subject that feels more like play than work. Your natural talent will shine through. Keep in mind that a marketable degree may get you a job, but a fulfilling degree may get you a good life.

3. Get to know your professors. Most professors are happy when students make an effort to stop by during office hours with questions. This demonstrates that you are taking a real interest in the class. This does not translate to going to their offices to kiss-up or going every week for no significant reason. Basically, ask questions and make it a point to ensure that you understand the information. This is the purpose of office hours—a relaxed setting; your professor can take time to explain the information in a way that is clear to you. Here's a secret: professors are very likely to give you the benefit of the doubt if you have a borderline grade and have shown interest and initiative.

4. Get organized and prioritize. In high school, it is relatively easy to complete an assignment the night before it was due; however, this will not work in college. Determine what needs to be accomplished and when it should be accomplished. Create daily, weekly and monthly calendars so that you can create and follow a routine; this helps you to better manage your time. Purchase an organizer, Palm Pilot, Blackberry or desk or wall calendar to help you remember due dates of all those essays, projects, exams and homework assignments.

5. Stay focused. College life, like any other meaningful, challenging goal requires a unwavering effort. Know your goal. When you're passionate about your goal, it doesn't seem like work. Make sure college is YOUR goal. After knowing your goal, create a plan of action. Know the steps it takes to get you from where you are to where you want to be; however, keep your mind open to all possibilities. Destiny has an amazing way of twisting a path in directions you may have never fathomed. Know what you want, but stay willing to compromise on how you get there. While in college, visualize, implement the vision and celebrate your milestone.

6. Stay out of debt. There will be people telling you to take advantage of student loans due to low interest rates. Debt at three or four percent interest is still debt. Several of my acquaintances resent that their career options are still limited due to undergraduate loan documents they signed years ago. Many credit card representatives guarantee freedom with that magical plastic. However, financing a dinner out, new shoes or a Spring Break trip to the French Polynesian Islands, and paying back quintuple the amount you originally spent is the easiest path to self-imposed slavery.

7. Take advantage of what Coastal has to offer. There are innumerable opportunities to volunteer, fundraise and network. College is a thriving center of culture and innovative ideas. By becoming involved, you experience a sense of belonging, learn new skills, and this is a great way to build friendships. Be sure to take advantage of as many organizations and activities, both academic and extracurricular. Research shows that students who get involved are more likely to succeed academically.

8. Maintain a support system. Surround yourself with people and ideas that encourage you. Find someone that you can share positive ideas and successes with.

9. Stay healthy and eat right. Be sure to take vitamins, sleep enough and eat right. Instead of hamburgers, pizza and other salt-laden meals, consider healthy alternatives such as baked chicken, vegetables and fruit. Avoid the dreaded "Freshman 15" by maintaining a balanced diet.

10. Take a break once in a while. All work and no play makes Janae burnt out on schoolwork and really, really cranky. Eat, relax and sleep. Being starved, tired and stressed only exacerbates the situation. Regardless of whether it's Play Station, watching reality television or doing yoga, be sure to take time off for yourself—without a doubt you'll need it! 

Editor's note: The Monday following Coastal's commencement, Janae Mitchell began interning at CitiBank in Miami.

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For The Chanticleer
Quiz Answers
by Chanticleer Staff

1) CCU was originally a branch of the University of South Carolina. 2) The Edward M. Singleton building opened its door to the first 110 Coastal Carolina College students in 1962. 3) The Atheneum, the structure with the columns and dome, is named for Temple of Athena in ancient Athens where professors and students came together. The Greek temple was named for Athena, the daughter of Zeus, who embodies wisdom and reason. 4) In 1987, the Gardens was opened for the first on-campus residents. 5) From liberty, truth. 6) The mace is carried at the head of the procession during official convocations of the University by the senior member of the faculty. When not being used for a convocation, the mace is on display in the Wall School of Business Boardroom. 7) Coastal is located in Horry County. Remember, the "H" is silent. 8) Columbia, located approximately 149 miles from Myrtle Beach, is the state's capital. 9) Chanticleer is the main character in "The Nun's Priest Tale." 10) The Lib Jackson Student Center houses a free ATM as well as the Office of Student Activities, the SGA office, a game room and the CINO Grille. 11) CINO stands for "Coastal Is Number One." 12) The alma mater was written in 1994 by Bennie Lee Sinclair, Poet Laureate of South Carolina, to commemorate the first year of the institution's status as a university. 13) The Myrtle Beach Pelicans is an Advanced A minor league team for the Atlanta Braves. 14) Coastal's football team is the newest sport to Coastal, having its inaugural season in the fall of 2003. The team ended its second season as Big South Conference Champions. 15) In the fall of 2004, Coastal Carolina University celebrated its 50th year.