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Your doctor's note has to come from these guys.
Coastal’s Hurricane Procedure

By Chanticleer staff

In case of a hurricane...

It is the policy of Coastal Carolina University to view each hurricane threat as an extremely hazardous condition, and to minimize the risk to students, faculty and staff consistent with protecting university property.

Prior to a hurricane emergency, President Ingle, or his designee, will convene the Management Council for preparedness briefings and assignments.

When classes are canceled, the Office of the Provost will notify all academic deans. Each dean is responsible for notifying the faculty of his or her school or area of class cancellations. If classes are canceled, faculty and staff are expected to report to work. If employees are unable to report to work when classes are canceled, they should contact their supervisors to make arrangements for taking annual leave or compensatory time. Employees are not expected to risk dangerous traveling conditions to report to work.

If a Hurricane Warning is issued by the National Weather Service, students who reside in the residence halls may be advised to travel home or inland prior to the onset of adverse weather conditions. Students who live in the residence halls should communicate, as appropriate, with their RAs and with their parents as to where they will be going and a telephone number, if available, where they may be reached. For residence hall students whose options for travel are limited, the university will maintain space for these students or will assist in the transportation of these students to emergency shelters, as designated by the American Red Cross. Students who reside off campus (not in university residence halls) should seek shelter at sites designated by the American Red Cross.

Even when classes are canceled, the university will remain open unless the Governor closes the institution. Faculty and staff are expected to report to work, or make arrangements for annual leave or compensatory time, until the Governor issues a closing declaration. If the threat of a hurricane exists, faculty, staff and students should unplug all equipment—especially computers—in their areas prior to leaving campus.

The university has NOT been designated as an emergency shelter by the American Red Cross. If an evacuation is ordered, the Red Cross will issue a list of available shelters. ALL students, faculty and staff must leave campus when such an evacuation is ordered, except for emergency operations personnel. The university is unable to provide basic necessities for students, faculty and staff during or in the aftermath of a hurricane.

Following a hurricane, movement to and from the campus may be restricted. Persons who must be available following a hurricane, to protect university property, must be on campus prior to the arrival of the storm.

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Tackle stress before it tackles you

By Nicole Service
for The Chanticleer

I was on the brink of a mental, physical and emotional breakdown. Three essays due on the same day; newspaper deadline weekend; moved into a new apartment; do not have enough money to pay bills; massive headache; friends are mad because I don’t have enough time for them; parents feel I have bad eating habits and poor sleeping schedule; computer crashed; muscles aching from dragging bookcase up three flights of stairs; 50 minute presentation on ETHICS, of all things.

So what did I do?

Pretended like nothing was wrong and watched Bull Durham.

That’s right. Instead of facing even one of these difficulties head on, I chose to ignore them. After all, if they did not exist, what did I have to worry about? That worked fine until the next morning when everything was still wrong and I had lost precious hours trying to remedy the various situations.

There has got to be a better way.

Healthworks claims that the three most stressful jobs in America are U.S. President, firefighter and Senior Corporate Executive. I agree that those jobs are stressful, but when was the last time a firefighter had to read 300 pages of material in one week or a CEO had to pay $700 worth of bills on Myrtle Beach off-season tips? College student needs to be added to the top 10 at least because I do not ever see the president trying to make it to an 8:30 class by battling 501; the class would wait for him. According to the Stress Management website, “Stress management isn’t a luxury. It’s a matter of mental and physical survival – stress cripples lives, causes illness, and even kills. Management is vital.”

One of the major problems that college students face when managing stress is that the solutions are unreasonable. Take a vacation. Sure. Right. With no money, all the spare time I have and especially all of my professors who are more than thrilled to let me take a few days off to relax. Yeah, a vacation is ideal.

Squeeze a stress ball. Call me crazy but I think that action makes me more anxious. Last week someone actually popped a stress ball in my office and got the gokk all over everything. Then we had to find a way to clean the brand new carpet, which added to the pressure we were all feeling. No, the stress ball did not work at all.

Sometimes a night of rest really can make you feel renewed. The bad news is that most times you need much more to get your life back in order. According to the International Stress Management Association, common signs of extreme stress are mood swings, anxiety, skin problems, tiredness, muscle tension, poor concentration, changes in sleep patterns, changes in eating patterns, low self esteem and poor memory. If you have many of these symptoms, not only will your work suffer, but so will your social life, and it will take more than simply completing the tasks you have in front of you before you start feeling better. The ability to cope with stress as it comes is the only way to assure that you will be able to make it through the next time a truck filled with troubles comes your way.

The good news is that there are feasible ways for college students to manage stress simply and effectively.

Do not use alcohol, junk food or self-medication to dull your senses. College students are experts at procrastination, and these actions are only ways of postponing the inevitable. So if you think that grabbing a beer is going to make you feel better, grab a glass of water to rehydrate for more energy and eat some complex carbohydrates that will help control your mood swings. You will end up thinking more clearly and without the guilt the next morning. Keep sugar, salt and caffeine consumption to a minimum; although they give your exhaustion a brief reprieve, the effects of healthy foods such as fruits and vegetables help you sustain a state of alertness for longer periods of time.

You probably do not have time to train for a marathon, but regular, moderate exercise such as walking or doing yoga can help you ease physical tension that results from stress.

One of the biggest stress endurers for college students are those darn exams. Many times an entire grade is based upon two tests that can make or break your GPA. Students are understandably unnerved when it comes to these seemingly impossible challenges. Luckily, as with anything, there are steps you can take in order to minimize anxiety before the big exam.

The ISMA offers these suggestions for handling your fears before taking a test. 1) Don’t try to be perfect. An A+ does not mean all that much more than an A- or even a B. 2) Take steps to overcome problems. Form a study group with people in your class or get a tutor if you do not understand something. 3) Don’t keep things bottled up. If you are worried about a test, tell a friend who will assure you that you are a genius and are going to do fine. 4) Keep things in perspective. Even if you do fail a test, it is not like you failed in life. Whatever happens on a test is not going to kill you, nor will it solve everything. Good or bad, it is what it is: simply another test. 5)

Believe in yourself. Hey, you made it this far. There is nothing stopping you from making it all the way through college.

The most important thing to do is take active measures when dealing with stress. If you feel you are disorganized, buy a planner and get yourself on a schedule. If you take on too many projects at a time, learn how to say no. If you procrastinate, make it a goal to complete projects two days ahead of time. Whatever you do, do not sit back and let your problems build until they seem insurmountable.

Stress is something that college students cannot avoid. We get it from our professors, parents, employers, friends and even our own ambitions. The difference between successful and unsuccessful students are some can manage stress and some cannot. By taking active measures to minimize stress in your own life, you will find that you are better able to cope with all aspects of existence, now and hereafter.

And maybe after all this you’ll be able to squeeze a stress ball without breaking it or watch a movie simply for enjoyment and not as an escape from your horrible, crazy, all-too-busy life.

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These shoes were found 46 yards from the crash caused by a drunk driver.
Carnit Denon was thrown 30 yards and not even her father, a doctor, could save her.

Friends Don't Let Friends Drive Drunk.
Recipe for clean clothes

Ingredients:
Dirty clothes
Detergent
Dryer Sheets
Washing Machine
Dryer

Washing:
It is recommended that you separate light and dark clothes. Although the colors should not run together in cold water, bright red shirts have occasionally been rumored to transform white underwear into a nice girly pink shade. You might also want to take note of the washing directions on the tags of your clothes.

Pour the directed amount of detergent into the washer.
Check pockets for loose change, gum, chap stick, etc.
Add dirty clothes.
Adjust settings on washer for size of load.
Choose temperature settings. It is usually best to use cold/cold to prevent colors from running together and fading.
Put correct change in washer and start.
Take a half hour break to play video games or watch in fascination as your clothes spin and tumble around.

Drying:
Clean the lint panel, which is usually toward the front of the dryer. You may be the first person and probably the last person to do this.
Put wet clothes from washer into dryer. Note: 100% cotton clothing tends to shrink and you might want to hang it up to dry.
Insert one dryer sheet.
Put in correct change to set the desired time for dryer to run. Clothes usually take about one hour but sometimes it can take longer. Note: Check your clothes for dryness before the timer runs out then you won’t have to put in as much change to get more time.
After done drying, clean the lint panel.
Fold clothes as soon as they are dry to keep them from getting wrinkled.

Put your clothes up. Do not just throw them on the floor.

For Stains:
Add liquid detergent or stain remover directly onto stain. Rub in.
Put into washer with other clothes.

Rules to survive freshman year

By Nicole Service
for The Chanticleer

I want to start this article by saying that my first year at Coastal was a great experience. After all, it’s a fun place to be: awesome nightlife, lots of people the same age as you, and the beach just a stone’s throw away. If you follow a few simple rules, I can guarantee that you’ll have a good freshman year, too. I hope this will help some of you not make the same mistakes I did.

Rule #1: Be open-minded. I’m from Kansas, so needless to say that this was an entirely new atmosphere for me. Instead of limiting myself to what I wouldn’t do, I expanded my horizons and decided to embrace what Myrtle Beach had to offer. Maybe it meant hanging out with a group of people I previously would’ve shunned. Maybe it meant eating something that seemed a little off. Whatever it was, I tried to be up for it. Every person here has something unique to offer; it’s up to you to find out what that is. A word of warning: being open-minded doesn’t mean doing things that you know to be dangerous. Please, for your sake, use good judgment. Thinking, “Huh. I’ve never freebased cocaine and then gone water-skiing before,” will get you nowhere.

Rule #2: Let your roommate be your best friend. I have to say that I was lucky in my roommate assignment. We had a lot in common, spent a ton of time together, and had a whole group of mutual friends. Of course we bickered and fought every once in a while, but overall we went out of our way to get along with each other. The point is that you shouldn’t go into your room assignment expecting to not get along with your roommate. Spend time together, learn from each other, take interest in what they like to do, and do what you can to not be annoying yourself. When the person you live with is your biggest ally and friend, your first year will be much easier. Remember that you will get into probably one big fight, which happens when you live in close quarters.

Rule #3: Get involved. That doesn’t mean join every club that there is available. It means that do things that pertain to your interests. If you like to write, join the newspaper staff. If you like to fish, join the fishing club. If you like doing community service, join STAR. I decided not to go Greek, but my friends who did love it. The more you do, the more people you’ll meet, and the better your first year will be, no question. Just remember that when you’re on your own, money spends like water. Pace yourself, and you won’t end up with a broken car, books to buy, a plane ticket to pay off, and a bunch of field trips with your clubs that you can’t really afford to take.

Rule #4: Your R.A. is not there to be your friend. Granted, there are a few R.A.’s that are cool, but for the most part they are watching out for you and making sure you are following the rules. So if you do not get caught doing anything stupid then you should have a nice friendly relationship with your resident assistant.

Rule #5: For goodness sake, have a little fun. I know that your grades are important, as are your job and other activities. But for crying out loud, go out on the weekend, even during the week if you’ve got the time. If you don’t procrastinate terribly, you’ll have more than enough time to go out and forget your troubles. College shouldn’t be all work and no play; it should be fun! There are things to do here, so go and do them. On the flip side, if all you do is party, well, I guess I won’t have to worry about you next year.

Welcome freshmen, and good luck at Coastal!
Coastal traditions

By Chanticleer Staff

At Coastal Carolina University, the student experience is not just what goes on in the classroom. Outside the class there are numerous cultural and social connections that can be made. Getting involved in campus activities is at the heart of a successful college experience. CCU has organizations and activities to fit your needs. Coastal is small enough for you to make a difference and large enough to allow you to build your unique connection to the university and the world.

Chanticleer Days
Named after the Coastal Carolina University mascot, the crafty rooster from Chaucer’s Canterbury Tales, Chanticleer Days is a series of events that provides students with a fun and entertaining welcome to the university. The campus community greets new students and joins in the activities to make new and returning students feel the Coastal spirit.

Family Weekend
Held every fall semester, this fun-filled weekend gives families the opportunity to experience a taste of campus life. Activities include the Parents’ Forum and the annual Family Golf Classic, as well as an opportunity to visit with faculty.

Honors Convocation
Each April, students are recognized for their scholarly accomplishments during the Honors Convocation. In addition to academic achievement honors, highlights of the event are the announcements of the Distinguished Teaching Award recipient and the Ronald D. Lackey Service Award recipient, the latter recognizing a senior student for conspicuous service to the university and the community.

Homecoming
The Homecoming Tradition at Coastal is highlighted by the participation of current students in week-long events including a spirit float contest, the football game and tailgating. Celebrating homecoming during football season began in the fall of 2003.

Cultural Celebration
Every spring, people from the school and community bring crafts, traditions and food from around the world in order to celebrate cultural diversity. On this day, the Prince Lawn is transformed into a festival of music, dancing, socializing and learning.

CINO Day
CINO (Coastal is Number One) Day is an annual celebration held each spring semester for Coastal students, faculty and staff. This outdoor party features free food, music and games. It allows for a little break in the hectic everyday class schedule.

Football Tailgating
Tailgating first came to be a part of Coastal tradition in the fall of 2003, the inaugural season of Coastal football. Students, faculty and the community were able to join with family and friends, cook out and have some fun before every home game. For those not wanting to drink, events were planning on the Student Center deck, an area designated as “alcohol free.”
New Students 2004

Ten ways to combat homesickness

By Rebecca Parker
for The Chanticleer

You move away from home leaving all that is familiar. You leave your family, your friends, and maybe even a pet or two. Change is essential to life, but it can sometimes leave you feeling a little lonely and maybe even a little homesick.

Here are just a few tips to getting over this not so good feeling:

1. Take advantage of free movies and other campus activities and athletics events.

2. Do not, I repeat do not, bury the feelings in alcohol or sex. They'll just make it worse.

3. Talk to someone—a roommate, a friend, RA, or if necessary a counselor.

4. Call home.

5. Acknowledge that you may be sad and uneasy but that eventually these feelings will go away with time.

6. Get together with new people. Don't sit in your room all day and moe.

7. Decorate your room with pictures of your parents, siblings and old friends to make it more comfortable and colorful.

8. Realize that new situations take time to get used to.

9. Get more exercise by using the recreation center or the pool. It not only allows you to get in shape but you can let off a little anxiety and steam as well.

10. Take advantage of free movie and other campus activities and athletics events.

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Life as a transfer student

By Brian Martin
for The Chanticleer

Many of the new students arriving at Coastal this fall are wide-eyed freshmen eager to take their first steps into the college world. But not to be forgotten are the transfer students, those seasoned college-goers who, for one reason or another, decided to leave their chosen universities and make Coastal their alma mater.

After spending time and money at a college, the decision to transfer to a new university can be a tough one to make. It was a decision I made last year, when I left the University of South Carolina after three years in the school's journalism program.

USC had become comfortable to me. I was familiar with the environment and the people in the program, but I was becoming increasingly dissatisfied with the school. I just didn't feel that I was reaching my potential in my studies. Professors seemed fairly inaccessible, especially in huge lecture classes, and the massive student population made it difficult to sign up for courses I needed. I finally decided that I needed a smaller university. A large school might work for others, but for me, it just made life more difficult.

So I left behind the friends I had made, crossed my fingers in the hope that my credits all transferred and made the trip back home to attend CCU. Many of my old friends were surprised by my decision. Back in high school, attending Coastal was taboo, set aside for those didn't want to leave Myrtle Beach after graduation. Maybe that had stopped me from going to Coastal initially, but it sure wasn't going to stop me now.

As I started classes here in the fall of 2001, I was very nervous. I was a senior in college, and this new start was going to set me back. What if it didn't work out? What if my credits didn't transfer? What if I found myself yearning for the days when my lecture professors wouldn't notice if I took a morning off to stay in bed?

All my fears were allayed quickly. Class sizes were outrageously small compared to what I was used to, which made for a more involved learning environment and more familiarity between teachers and students. My professors actually started taking time to get to know me, which was something I was very unfamiliar with.

As my first year at Coastal continued, I found myself not minding that I was going to have to attend classes an extra year to graduate. If that was the only bump my transfer had created, then I was going to be fine.

So, for all of you incoming transfer students, welcome to the neighborhood. I hope your experience here is as pleasant as mine has been.
What to do in Myrtle Beach

By Rebecca Parker
for The Chanticleer

Looking for something to do? Need a little entertainment and a break from studying? Well, do not worry. There is so much to do in the areas surrounding CCU that you may forget why you are really here, which is for school, of course.

Since Coastal is located so near the beach there are tons of tourist attractions nearby. These are always a fun time, but they can get a little expensive. Ocean Boulevard, otherwise known as "The Strip," is lined with nightclubs, arcades, amusement parks, and of course The Pavilion. Just up the road, Broadway at the Beach provides shopping, dining, drinking (for those old enough), and dancing. There are also a variety of special events and festivals that take place there.

Most of the incoming students are not of legal drinking age, and this will limit the ability for you to get into some places. However, there are a lot of places that cater to underage patrons. The Freaky Tiki, Mother Fletchers, Club Boca, and the Kryptonite are just a few nightclubs that welcome people that are 18 and over. You can also listen to the local radio stations for special "college" or "teen" nights at the other clubs. Some bars allow for young adults (under 21) to come in and hang out without partaking in alcoholic beverages, but you might want to check it out before you look silly getting turned away at the door.

If crowds of dancing people are not your idea of fun you might want to think about going to a movie, playing miniature golf or even bowling. Newly released movies can be seen at the Carmike Broadway 16 or Cinemark Myrtle Grand at the new Coastal Grand mall. Discount tickets for Carmike Broadway 16 are sold in the on-campus bookstore. For less than half the price of regular theaters, you can go to Dunes Cinema 8, located on 44th Ave. North to see some recent releases that have not quite made it to video. If you want to feel like you are in the movie, try out the IMAX Discovery Theater for that 3-D effect.

There are miniature golf courses all over the place in Myrtle Beach. Not only is the Grand Strand considered the golf capital but also the miniature golf capital of the world. Just take a short drive down Business 17 and you can take your pick from numerous courses. If you want to stay indoors but still have good clean fun, bowling is always a winner. Waccamaw Lanes, located behind Fantails on 501, has theme nights and specials that run all during the week. Just call ahead and make sure a lane is open. Surfside Bowling and Billiards may be a little farther to drive but you can't miss it on Highway 17, and it is a good place for the under 21 crowd to legally play pool.

If you want to see some live music, you will have to travel a little farther from campus. The House of Blues of North Myrtle Beach brings in top acts and offers a small venue to enjoy them in. Located in Barefoot Landing, HOB pulls in a variety of music genres from alternative to reggae, rap to '80s comebacks. Top billings such as Dashboard Confessional, Blues Traveler, Kanye West and Fuel have graced the stage at the House of Blues in the past year. Ticket prices vary by show, so check out www.hob.com and listen to local radio stations for listings and upcoming events.

Don't forget that when the weather is nice, the beach is always free and surprisingly peaceful after the crowds of tourists desert the area. Even when it is cooling off outside, it is still a nice place to hang out and chill with friends.

These are just a few examples on what you can do to have fun while at college. There are, of course, many other entertaining and exciting things that you can enjoy so just use your imagination. There is always something to do.

Life is a beach: Finding the best beach atmosphere

By Anne-Marie D Onofrio
editor-in-chief

With one long stretch of beach, one might think that finding a beach access to spend the day would be as simple as driving down Ocean Blvd. until you find an empty parking spot, right? Well...almost. Different areas of Myrtle Beach have different atmospheres and with just the right information, you can find the beach that best suits your fancy.

The Surf Spot: If you are looking to hang ten and are in need of good waves, Surfline.com recommends 29th Ave. South. According to the website, surfing is restricted from 9 a.m. to 5 p.m., however, 29th Ave. is a legal spot as well as 38th-44th Ave. College students often head towards the 60s to find good surf, and of course the waters surrounding the piers also have good surf. However, surfing within 300 feet of a pier can get you a ticket.

The College Spot: Want to spend the day in the company of your peers? Pick a spot at one of the beach accesses in the upper teens and you will be sure to run into plenty of Coastal students. Another perk to these beach access spots is that they are

deeper closer to the school, which is great when it comes to fighting traffic.

The Serene Spot: One of the more serene areas of Myrtle Beach is the area between 44th and 46th Ave. North. These beaches tend to be less crowded, as there are homes on the beaches in this area rather than hotels. If you are interested in getting away from the crowds, this is the place to be. Of course, in a tourist-driven town one can never completely escape the crowds, but these beach accesses will get you a little more distant from them.

The Date Spot: If you want to spend a day at the beach with that special someone, 45th Ave. North is a great location. As previously mentioned, it is more serene than some of the other locations, but as an added bonus, there is a secluded park nestled between 45th and 46th Ave. This area would be great to go have a picnic or just spend some time alone. Also, if you cross over to Kings Highway, you will find Dunes Cinema 8, a discount movie theater right across the highway.

Now knowing the different areas of Myrtle Beach, grab your towel, something cold to drink, pick a spot and make life a beach.
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The Coastal Quiz

How much do you really know about your university? Take this quiz and find out!

1) What is the newest building on campus?
2) What university did Coastal branch out from?
3) What was the first building on campus?
4) What is the campus symbol?
5) When were the first on campus residence halls opened?
6) What does CCU’s campus motto, “Ex Libertate Veritas,” mean?
7) In the Middle Ages, a mace was used to kill people, but when is Coastal’s University Mace used?
8) In what county is CCU located?
9) What is the capital of South Carolina?
10) What character in Geoffrey Chaucer’s “The Canterbury Tales” told a story about a studly rooster named Chanticleer?
11) What faculty member has been at CCU the longest?
12) Where is the free ATM on campus located?
13) What does “CINO” stand for?
14) Who wrote CCU’s Alma Mater?
15) What minor league baseball team is located in Myrtle Beach?

Answers...
1) The Thomas W. and Robin W. Edwards College of Humanities and Fine Arts, the largest building on campus, was completed and opened for classes in the fall, 2002.
2) CCU was originally a branch of the University of South Carolina, but it has been independent since July 1, 1993.
3) The Edward M. Singleton Building opened its doors to the first 110 Coastal Carolina College students in 1962.
4) The Atheneum, the structure with the columns and dome, is named for Temple of Athene in ancient Athens where professors and students came together. The Greek temple was named for Athena, the daughter of Zeus, who embodies wisdom and reason.
5) In 1987, the Gardens was opened for the first on-campus residents.
6) From Liberty, Truth
7) The mace is carried at the head of the procession during official convocations of the University by the senior member of the faculty. When not being used for a convocation, the mace is on display in the Wall School of Business Boardroom. Coastal is located in Horry County. Remember, the “H” is silent.
9) Columbia, located approximately 149 miles from Myrtle Beach, is the state’s capital.
10) Chanticleer is the main character in “The Nun’s Priest Tale.”
11) Dr. Glenda Sweet, the assistant dean of the College of Humanities and Fine Arts, is the most senior member of the faculty.
12) The Student Center houses a free ATM as well as the office of student activities, the SGA office, a game room, and the CINO Grill.
13) CINO stands for Coastal Is Number One.
14) It was written in 1994 by Bennie Lee Sinclair, Poet Laureate of South Carolina, to commemorate the first year of the institution’s status as a university.
15) The Myrtle Beach Pelicans are an Advanced A minor league team for the Atlanta Braves.
Honors Convocation Caps off School Year

By Bart Collins
for The Chanticleer

This academic year's end was celebrated Tuesday, April 27 by the University's awards presentation, the Honors Convocation. The event took place in Wheelwright Auditorium with the downstairs area full of both faculty and students.

As the presentations got underway the individual awards proceeded with each student being recognized by a familiar faculty member from each student's represented schools. As the honoree approached the stage to receive his or her award, the dean of the school, or one of the student's professors would speak about what made that student outstanding.

A particularly moving presentation occurred when it was time to recognize the winner of the Ronald D. Lackey Service Award. Concerning this award, the Honors Convocation program stated, "The committee considers nominated senior students on the basis of conspicuous service to the University community through involvement and leadership in campus organizations." This year's recipient was Amanda Silva for her tireless work on the Lighthouse Project which ensured no child at that shelter would go without at least two Christmas gifts this past year. Silva and the presenter, Dr. Lynn Willett, both showed emotion when a video about the Lighthouse Project concluded.

The Faculty's Distinguished Excellence Award, which recognizes outstanding academic achievements by a senior student, was presented to Keith Garramone. Garramone competed in the decathlon for CCU's Track and Field team. He was also a Wall Fellow and was one of the school's first two interns to work for Rolls Royce in Indianapolis, Ind. Garramone was honored earlier this year as the Senior Scholar Athlete of the Year.

A field of 10 nominees are involved from which five finalists are chosen to be judged for the Distinguished Teacher of the Year Award. Dr. Paul Peterson, Professor of Political Science, was this year's winner. Peterson has taught at CCU for 22 years and has been a finalist for this award four times.

The final award presented was the Distinguished Teacher-Scholar Lecturer Award. As stated in the program, this award is "to recognize the faculty for their roles as teacher, scholars and communicators." This year, the honor went to Dr. Sharon Thompson, Associate Professor of Health.

George David Thomas, a junior from Charleston, S.C. summed up the evening by saying, "The Honors Convocation is really the culmination of what Coastal Carolina University is all about. Our honor, dignity and achievement really shined through tonight for students and faculty."

Career Services

By Mollie Fout
for The Chanticleer

20/20 Career Vision: Do you have it? Do you need it?

Welcome to all new Chanticleer fans! You probably know by now the Chanticleer was the crafty rooster featured in the Canterbury Tales. In that literary masterpiece, a widely diverse group of characters started on a journey to Canterbury, a place they all wanted to reach but did not understand how to reach.

We hope you are excited to be here - to start your own journey and to find your way, with "a diverse group of characters," to a place that you want to be. The college experience includes finding out more about yourself as you meet people who are different from you, gaining knowledge about specific academic studies and connecting that information with ideas about the "place" you want to be at your journey's end.

Career Services at CCU offers 20/20 Career Vision - a four year plan, as a kind of road map to help you get from here to there. You will get your copy of 20/20 at the Academic College Meeting during Orientation. Although our session is titled Planning for Life After Coastal, we know you have lots of choices to make between now and then. The 20/20 plan, provided on a three-hole punched notebook divider, is for you to keep and use, just like a road map, to keep you moving in the right direction - toward the "place" you want to be.

So start your trip with 20/20 Career Vision and join the fun during Chanticleer Days as Career Services staff and the experts from MonsterTRAK host The Ultimate Road Trip - Campus2Career, Tuesday, Aug. 17, 2004 at 10:30 a.m. in Wheelwright Auditorium.

Financial Aid reminders

1. Check your Coastal email regularly for notification of important Financial Aid information. If you do not know your Coastal email address, please contact Student Computing at (843) 349-2908 as soon as possible.

2. If you have not done your 2004-2005 FAFSA (Free Application for Federal Student Aid), do no wait. Do your FAFSA today. Do your FAFSA electronically and save approximately three weeks processing time. Start as soon as you do your 2003 taxes. If this is your first time doing the FAFSA electronically, you and (if applicable) your parent will be required to apply for a PIN number on www.fafsa.ed.gov.

3. Life Scholarship reminder: If you are a Life Scholarship recipient, you should receive an affidavit for the scholarship from our office. This affidavit must be signed and returned to the Scholarship Office as soon as possible. If you did not receive an affidavit, please call our office at (843) 349-2313 as soon as possible.

4. Sign your bill. When received, be sure to sign your "Certificate of Intent" statement on your bill. You must sign this every semester. This is also available online at www.coastal.edu/bursar.

5. Sign the Financial Aid Authorization form. In order to charge your books, supplies, etc. to your financial aid, you must sign this form. This is available online at www.coastal.edu/financialaid/forms.html. Please disregard if you have already signed.

6. Fee payment deadline date: Course schedules will be cancelled at 5 p.m. on August 6 for non-payment. Be sure that your financial aid and other payment arrangements are in order by that date and time. Mail-in fee payments must be postmarked by this date.

7. Sign your Master Promissory Note (MPN). If you are receiving a Federal Stafford Loan for the first time, you must sign this promissory note. The MPS will be mailed to you by your assigned lender. If you do not know who your assigned lender is, please contact the Financial Aid Office at (843) 349-2313 as soon as possible.

8. Complete Entrance Loan Counseling. If you are receiving a Federal Stafford Loan for the first time at CCU, you must complete Entrance Loan Counseling. This is required by the Federal government. Go to www.mapping-your-future.org to complete this requirement online.

If you have questions about any of the above information or about Financial Aid in general, please contact our office at (843) 349-2313.
What is a Chanticleer?

"The Canterbury Tales" by Geoffrey Chaucer was written is unknown, it is generally accepted that they were written in 1387 or thereabouts. Chaucer probably took the idea from Boccaccio's Decameron as they have a number of similar characteristics, but there are no specific references to that work in Chaucer's writing.

The Canterbury Tales is about a group of 29 pilgrims, 30 counting the narrator, who travel from London to Canterbury on a pilgrimage. They strike a deal with Harry Bailley, the tavern-keeper in Southwerk, and he says whichever pilgrim tells the best tale will have their dinner paid for by the other members of the company upon their return to London.

Each pilgrim was supposed to tell four tales, two going and two returning. Chaucer never finished his tales, but what remains are some of the greatest and most recognizable fables and fabliaux in the English language.

The Nun's Priest, the Priest who is traveling with the Nun, tells a story about an old woman who owns a farm, and the rooster, the ruler of the farm, is Chanticleer. Chanticleer is a handsome bird with a "comb redder than fine coral, tall and battle-minded like a castle wall," with a jet black bill, white legs and nails, and feathers of a "burnished gold." Best of all, "In all the land for crowing he had no peer." Chanticleer has a harem of seven hens as a great guy like him should, but Pertelote, his wife, was the most beautiful and most honored out of all of them.

One night, Chanticleer has a dream that a large, yellow and red dog chased him, a wild, savage beast who tried to seize and kill him. Pertelote calls him a coward and tells him that dreams are meaningless visions caused by ill humors. Chanticleer is also well-read and intelligent, and he cites many examples for Pertelote of people whose dreams were prophetic. At the end of the day, after all the bickering, Chanticleer praises Pertelote by saying "Mulier est hominis confusio," which literally means "Woman is man's confusion." However, he translates it to her as "Woman is man's delight and bliss." That night, he "feathers" her 20 times before morning. He eventually takes Pertelote's advice and goes in search of the proper herbs to cure the illness that causes bad dreams, and a fox sees him and grabs him. Pertelote begins to squawk, and the old woman heard and chased the fox away. Chanticleer was saved.

That's the story, and Chanticleer is one of the most famous characters from all of the tales. It portrays a healthy relationship, both sexually and emotionally, between two "people," mutual admiration and respect between them, intelligence on the part of Chanticleer and Pertelote and genuine emotion. You'd be hard pressed to find another mascot with such a colorful and detailed history.
If I could turn back time
2003-2004 sports highlights

By David Wetzel
sports editor

The sorrow of tragedy. The agony of defeat. The triumph of overcoming the odds. The excitement and lessons of your first time.

I didn't just get done watching a Lifetime movie. Rather, I described what we have seen as one of the most memorable years of Coastal Carolina athletics.

We have seen tremendous ups and faltering downs, but which was the most memorable? I have decided to try to narrow the list down to my top five of the 2003-04 school year.

1. My fifth pick has potential to be higher on this list, but will continue to linger into the summer. Sophomore third baseman Mike Costanzo is challenging the CCU record for home runs in a season.

2. My fourth pick is the field hockey team. The team achieved its first ever triple crown victory. Coach Shaun Docking has put this university on the map as a national soccer powerhouse.

3. The women's track and field/cross country team has established an unbelievable feat that CCU has never seen before. Coach Alan Connick's team has achieved the first ever triple crown victory.

4. My third pick is the baseball team. A third overall election in the Major League Baseball Draft. It is the highest a Coastal player has ever been chosen to play a major league sport. Nwanyi is currently a rookie for the Los Angeles Galaxy.

5. My second pick is one of the most memorable individual performances CCU has seen. Joseph Nwanyi was highly responsible for the soccer team's unheralded success. Based on the accuracy of the number, the best ever player of the year awards from Soccer America, Soccer Times and the Big South Conference.

The team is currently leading the Big South with 20.6 yards per punt return and was one attempt shy of being eligible nationally, where he would have led the nation.

Freshman running back Andreus Perkins, sophomore offensive lineman Antwon Trice and junior Nick Johnson, junior defensive linemen Rayshun Crosby and freshman Adrian Grady and Williams, as a defensive back, garnered second team honors.

And there you have it, my top five most memorable athletic events for this year. This has been a wonderful and eventful season at Coastal and we hope to continue to improve.

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TO SUCCEED IN COLLEGE!

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Come to the presentation on August 17th at 10:30am at Wheelwright Auditorium.

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- Successfully Managing the Transition to College
- Tips for Getting Great Grades and Managing Time
- The Power of Work Experience and Internships
- Meaningful Extracurricular Involvement
- The Importance of Starting NOW

This program can help you navigate through life and career options - which can ultimately lead to successful experiences in college and beyond.

For more information, check out the website at www.makingitcount.com.
These kids are going to love Coastal!