

10-11-1993

# On Campus, October 11, 1993

Coastal Carolina University

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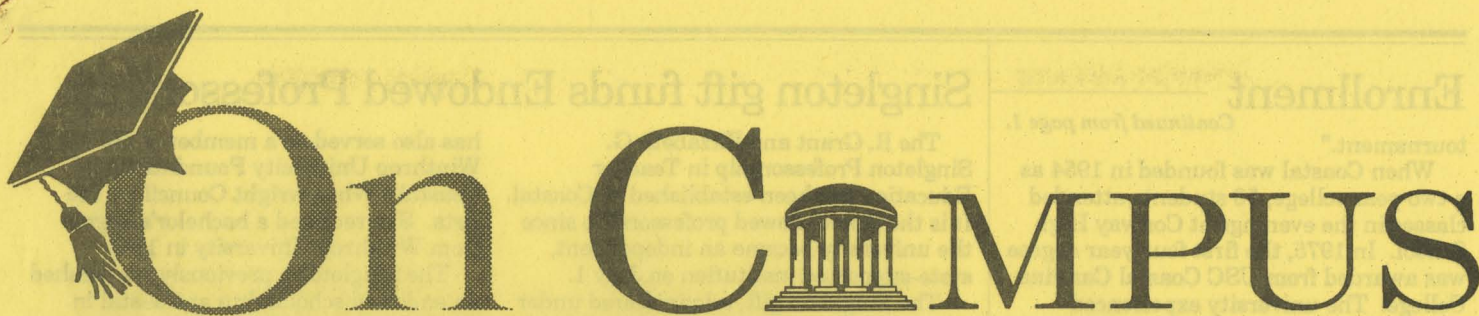
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# On Campus

A Newsletter for Faculty and Staff of Coastal Carolina University

Vol. 2 No. 16

October 11, 1993

## Campus Calendar

### Tuesday, October 12

- Volleyball: South Carolina State at Coastal, 7 p.m.
- M.A.T. testing: 3 p.m., Academic Affairs. Linda Ford

### Wednesday, October 13

- Graduate School and Career Information Fair: 9:30 a.m. to 2:30 p.m., SC overflow. Mollie Starbuck
- *Using Your College Time to Prepare for Your Future Career*, forum: 1 p.m., front of Student Center. Thomas Isekenegbe
- Soccer: Coastal at UNC Asheville, 4 p.m.

### Thursday, October 14

- Room Service performance for students, faculty and staff: 3:30 p.m., WA. Wheelwright Box Office
- AIDS Forum, Get Smart Series: 1 p.m., SC 205. Vicki Gardner

### Friday, October 15

- Room Service performance: 7:30 p.m., WA. Wheelwright Box Office
- Soccer: Creighton Invitational, Coastal vs. Drake, 5:30 p.m.

### Saturday, October 16

- Room Service performance: 7:30 p.m., WA. Wheelwright Box Office
- Soccer: Creighton Invitational, Coastal at Creighton, 8 p.m.
- Volleyball: Coastal vs. UNC Greensboro at Radford, Va., 9 a.m.; Coastal vs. Radford, 1 p.m.

### Saturday, October 16 (continued)

- Women's Cross Country: USC Gamecock Invitational
- Men's Cross Country: USC Gamecock Invitational

### Sunday, October 17

- Room Service performance: 3 p.m., WA. Wheelwright Box Office

### Monday, October 18

- United Nations Day: 10 a.m. to 3:30 p.m., Wall Building Auditorium. *For specific events and times, see related article on page 3.*
- Codependence program, Get Smart Series: 12:30 p.m., Wall 224. Vicki Gardner
- Auditions for *A Fish Story*: 4 p.m., WA. Sandi Shackelsord.

### Tuesday, October 19

- Dating Turned Violent (CASA), Get Smart Series: 1 p.m., SC 205. Vicki Gardner
- Auditions for *A Fish Story*: 7 p.m., WA. Sandi Shackelsord.
- M.A.T. testing: 3 p.m., Academic Affairs. Linda Ford
- Volleyball: Coastal at UNC Wilmington, 7 p.m.

### Wednesday, October 20

- Working Woman Videoconference: 1 to 3 p.m., registration 12:30 p.m. GCEC. Continuing Education
- Soccer: Winthrop at Coastal, 7 p.m.

### Thursday, October 21

- Fall Break: No classes

*See Calendar on page 5.*

## Coastal enrollment increases nearly 10 percent

For the first semester of Coastal Carolina University's independence from the University of South Carolina System enrollment has increased 9.8 percent from fall 1992. With 4,416 students enrolled for fall 1993, the headcount includes 4,159 undergraduate and 257 graduate students. Fall 1992 enrollment was 4,023 students.

According to President Ron Ingle, "The enrollment increase reflects an important level of commitment on the part of our students and their families to the quality educational opportunities offered at Coastal. In the first semester of Coastal's status as an independent university, and especially during such stressful times for higher education in South Carolina and the nation, we are thrilled to report these figures."

According to Executive Vice President Sally Horner, the rise in enrollment is responsible for an increase in student fee revenue of approximately 6 percent. She said total monies collected from student fees account for approximately \$10 million of the university's approximately \$30 million annual operating budget.

Credit-hour enrollment figures are submitted to the South Carolina Commission on Higher Education to be applied to the state higher education funding formula.

From 1992 to 1993, the university experienced a 19 percent increase in first time freshmen who are attending Coastal, according to admissions director Tim McCormick.

"The university experienced unprecedented positive public relations during the last year with the independence process," McCormick said. "Additionally, new publications were created to highlight the university and its academic programs, and it certainly did not hurt when our basketball team received recognition during the nationally-televised NCAA basketball

*See Enrollment on page 2.*

## Coastal to dedicate Wall Building

The E. Craig Wall Sr. School of Business Building will be dedicated Friday, Oct. 22 at 10 a.m. The ceremony is free and open to all.

Davidson College President John Kuykendall is the guest speaker.

The 101,069-square-foot building is the largest on the university campus and features state-of-the-art teaching facilities including case study rooms and

computer-enhanced classrooms, a 250-seat auditorium, a board room, and 82 faculty and staff offices.

The more than \$12 million building was constructed with \$9.6 million in state capital improvement bonds and the remainder from private funds through the Coastal Educational Foundation, Inc., Campaign for Progress. ▀

## Enrollment

*Continued from page 1.*


tournament."

When Coastal was founded in 1954 as a two-year college, 53 students attended classes in the evenings at Conway High School. In 1975, the first four-year degree was awarded from USC Coastal Carolina College. The university experienced unprecedented growth in the 1980s: in fall 1980, there were 2,252 undergraduate students; and in fall 1989, there were 4,101 undergraduate students. *See chart.*

### Coastal Carolina University Fall Term Headcount Enrollment Trends

1978	1979	1980	1981	1982
1,759	1,888	2,252	2,379	2,512
1983	1984	1985	1986	1987
2,470	2,631	2,923	3,176	3,650
1988	1989	1990	1991	1992
3,989	4,101	4,080	3,983	4,023
1993				
4,416*				

\* Preliminary enrollment figures for Fall 1993

Figures for this chart are from the 1992-1993 Coastal Carolina University Fact Book. 


## Gmuca to present lecture

Jacqueline L. Gmuca will speak Thursday, Oct. 14 at 7 p.m. at the Waccamaw Neck Library in Pawleys Island. The lecture is the third in the library's "Let's Talk About It" series on children's literature entitled "Not for Children Only." The presentation is free and open to the public.

Gmuca will focus on the origin of Kenneth Grahame's *The Wind in the Willows* and will discuss elements that make the fantasy a classic for all ages.

Gmuca is the author of numerous articles on the writers of children's literature. She has published essays dealing with the image of the South in children's books and is currently conducting a study of the award-winning children's author, Lois Lenski.

Gmuca joined the Coastal faculty in 1984 after six years of teaching at the University of North Carolina in Charlotte. She received a master's degree and Ph.D. from Kent State University in Ohio.

For more information about this program or others in the "Not for Children Only" series, call the Waccamaw Neck Branch Library at 237-4646. 

## Singleton gift funds Endowed Professorship

The R. Grant and Elizabeth G. Singleton Professorship in Teacher Education has been established at Coastal. It is the first endowed professorship since the university became an independent, state-supported institution on July 1.

The Singleton gift, administered under the auspices of the Coastal Educational Foundation, Inc., matches funds from the South Carolina Commission on Higher Education.

Grant and Elizabeth Singleton's involvement in secondary and higher education in South Carolina is widespread. Grant Singleton is a Coastal Educational Foundation, Inc. board member. He has chaired several educational boards, taught commercial law gratuitously at Coastal, and was appointed by Governor Campbell to the Commission on the Future of South Carolina. He received a juris doctorate degree cum laude from the University of South Carolina School of Law in 1949, and a master's degree from New York University in 1951.

Elizabeth Singleton, a former school teacher, has been a member of the Conway City Schools Advisory Board, the Horry County Department of Education Curriculum Advisory Committee, and the Winthrop University Alumni Association Council. She served on the Winthrop Board of Trustees for six years and received the Mary Mildred Sullivan Medallion in 1988, the highest honor bestowed upon a Winthrop alumna. She


has also served as a member of the Winthrop University Foundation and Coastal's Wheelwright Council for the Arts. She received a bachelor's degree from Winthrop University in 1946.

The Singleton's previously established an endowed scholarship at Coastal in memory of Grant Singleton's brother, Joseph Edwards Singleton.

Sally Z. Hare is the first recipient of the R. Grant and Elizabeth G. Singleton Professorship in Teacher Education. The South Carolina Commission on Higher Education awarded only three Endowed Professorships in the state this year.

Hare is one of three endowed professors on the Coastal campus; she joins history professor Charles Joyner, and marine science professor Richard Dame.

After Coastal gained its independence, Hare became director of Coastal's Center for Education and Community, formerly known as the Rural Development Center.

The center is responsible for projects including Calling All Colors, a unity conference for third through eighth graders of all economic levels and nationalities. The conference has received national awards for two consecutive years. The Summer Youth Institute for Leadership and Self-Esteem helps children age nine to 15 to develop leadership skills. Another program, Third Quarter, provides citizens age 55 and older opportunities for continued intellectual, cultural, and social growth. 

## Professor's art part of national shows

Several exhibits by Charles Wright are on display nationally in North Carolina and Washington, D.C.


As a member of the Tri State Sculptors Educational Association, Inc., Wright participated in three shows as part of the group's spring conference in Greensboro, N.C. Two drawings were part of "Critical Mass: Sculptor's Drawings," and one large wood and plexiglass electronic sculpture was displayed at the Green Hill Center for North Carolina Art as part of "Critical Mass: Responding to Contemporary Sculpture."


Critical mass, in scientific terms, refers to the minimum amount of fissionable material that can sustain a nuclear chain reaction.

At the Greensboro Arboretum, Wright's large red steel structure was on display until Oct. 2., and then was moved to Washington, D.C. where it will remain until Nov. 20.

Wright has received a grant and fellowship, created numerous sculptures, and presented several lectures and workshops.

In 1976, as a Coastal undergraduate, he painted murals in the Williams Brice Gymnasium and was named the George C. Rogers Outstanding Male Student of the Year.

Wright joined the Coastal faculty in 1985. He received a master's degree from Washington University in 1983. 

The next issue of *On Campus* will be Monday, Oct. 25; deadline for information is Tuesday, Oct. 19. 

## "United Nations Day" scheduled at Coastal

Coastal will sponsor "United Nations Day" Monday, Oct. 18 from 10 a.m. to 3:30 p.m. in the auditorium of the E. Craig Wall Sr. School of Business Building. The celebration is free and open to the public.

The theme is ethnic conflict and worldwide peace efforts. A schedule of events follows:

- 10 a.m. – a poetry reading from the Dame Edith Sitwell collection performed by the Minimouth Opera Company under the direction of Sandi Shackelford;
- 10:30 a.m. – a talk entitled "The New World (Dis) Order" by Richard Collin;
- 11:30 a.m. – African music performed by Don Harrell and students;
- Noon – slide show on Kenya presented by a Coastal student;
- 12:30 p.m. – Hebrew folk songs performed by students from the Chabad School in Myrtle Beach;
- 1 p.m. – a Middle Eastern dance and slide show by a student from Saudi Arabia;
- 1:30 p.m. – an overview of the University of South Carolina's graduate program in international business (MIBS);
- 1:30 p.m. – (to be shown during MIBS talk) five short films representing the people and cultures of all five continents; and
- 2:30 p.m. – a talk entitled "Guerrillas, Drugs, and Rock and Roll, or, Sleepless in Bogota" by James Henderson.

Also featured during the day will be a foreign food fair sponsored by the International Club; an international flag exhibit; an Amnesty International exhibit; a conflict resolution workshop sponsored by the Baha'i student organization; and a Cyprus exhibit organized by Marios Katsioloudes.

For more information, contact Eva Fuchs in the English Department, Mondays and Wednesdays from 12:30 to 2:30 p.m. and Tuesdays and Thursdays from 11:30 a.m. to 2:30 p.m., at extension 2447. 📞

## A note of thanks

*The following information was received from Joyce and Marshall Parker.*

"We would like to thank everyone who helped with classes, visited, sent food and cards, called, and kept us in their prayers.

Marshall is much improved and will be gradually assuming his normal schedule." 📞

## Coastal Carolina Theater to perform "Room Service"

Coastal Carolina Theater will perform *Room Service*, Friday, Oct. 15 and Saturday, Oct. 16 at 7:30 p.m., and Sunday, Oct. 17 at 3 p.m. in Wheelwright Auditorium. Tickets are \$8, \$5 for students. A special performance for students, faculty, and staff will be held Thursday, Oct. 14 at 3 p.m. Admission for the Thursday afternoon performance is \$1 with a Coastal ID.

The play, described by director Charles Whetzel as family entertainment at its very best, centers around a nimble-witted producer who is desperately in need of a good script, and who is living on credit with several actors in a Broadway hotel. After a script is found, the plot develops into a hectic chase involving supporters, creditors and unexpected obstacles.

According to Whetzel, the play is filled with broad physical comedy. "It's more like an episode from the television classic *I Love Lucy* than a modern Broadway comedy," he said.

Whetzel calls it wild and wacky family entertainment filled with hysterical chases, food fights and physical humor of all sorts. "There's no thinking necessary," he said, "just sit back and enjoy the outrageous predicaments."

*Room Service* was written in 1937 and has been revived successfully on Broadway several times. A 1953 revival featured the New York acting debut of Jack Lemon as innocent young playwright, Leo Davis. The play was later adapted as a Marx Brothers film.

The comedy features a cast of 12 men and two women. They are:

- Dargan Baldwin – junior theater

major of Pawleys Island; actor (role: Gregory Wagner)

- Mark Duncan – senior theater major of Mechanicsville, Va.; actor (role: Joseph Gribble)

- Robert Gardner – junior theater major of Myrtle Beach; actor (role: Simon Jenkins)

- Eric Lavoie – sophomore theater major of Little River; actor (role: Faker England)

- Michael Matthews – junior theater major of Johnsonville, S.C.; actor (role: Gordon Miller)

- Kerry Nale – Conway High School senior; actress (role: Christine Marlow)

- Greg Parente – freshman communications major of Mechanicsburg, Pa.; actor (role: Timothy Hogarth)

- Robert Pierce – 1993 University of Alabama graduate of Murrells Inlet; actor (role: Leo Davis)

- Mike Puskar – freshman theater major of Connellsville, Pa.; actor (role: Dr. Glass)

- James Ryan – sophomore theater major of Myrtle Beach; actor (role: Senator Blake)

- Sol Steinberg – local theater veteran and retired Myrtle Beach resident; actor (role: Sasha Smirnoff)

- Jason Vail – senior theater major of Lancaster, S.C.; actor (role: Harry Binnion)

- John Wallace – freshman undeclared major of Provo, Utah; actor (role: bank messenger)

- Michelle Winn – freshman psychology major of Greenville, S.C.; actress (role: Hilda Manney)

For information, reservations or tickets, call the Wheelwright Box Office at extension 2502. 📞

## Professor wins art competition

Treelee MacAnn has won first-place in the 40th annual Pee Dee Regional Art Competition sponsored by the Florence Museum and Pee Dee State Bank.

The competition is designed to highlight the best work created by Pee Dee artists through a museum exhibition of works that must first be selected, then displayed. Artists in the Pee Dee area include residents or natives of Florence, Dillon, Darlington, Chesterfield, Georgetown, Horry, Marion, Sumter, Marlboro, Williamsburg, Lee and Kershaw counties. This year, 109 artists submitted 283 entries out of which 84 were chosen.

MacAnn received a cash award of \$600 for her monotype, "Moonlight Reunion."

A monotype is a one-of-a-kind print which can incorporate qualities of printmaking and painting.

The exhibition will remain at the Florence Museum until Oct. 17.

MacAnn has competed at the regional, national and international levels and has led numerous workshops and seminars.

She has 16 years of teaching experience in higher education and 21 years experience as a printmaker, photographer, and graphic artist.

Before joining the Coastal faculty in 1990, MacAnn spent 10 years as a professor at Kendall College of Art Design in Grand Rapids, Mich. She received a master's degree from Bowling Green State University in 1978. 📞

## Working women conference scheduled

The second annual working women conference will be held Wednesday, Oct. 20 from 1 to 3 p.m. in the Graduate and Continuing Education Building. Registration begins at 12:30 p.m.

The two-hour live videoconference (via satellite) on succeeding in the workplace consists of lectures, role playing, and a telephone question and answer session with a panel of experts.

The registration fee is \$10 for faculty and staff, \$5 for students, and \$29 for the general public. The fee includes lunch and registration materials. The registration deadline is Friday, Oct. 15.

Key topics will include communicating vision to co-workers, empowering for success, female leadership traits, minority women issues, the power of negotiation, and how a "woman's place" in the educational system affects workplace performance.

For more information, call Continuing Education at extension 2665.

## Cafeteria Menu

The campus cafeteria menu features a daily lunch special which includes one entree plus three vegetables (or two vegetables and dessert of the day) with a dinner roll and a small beverage for \$3.75.

### Week of Oct. 11:

Monday: Chili Macaroni or  
Lemon Baked Chicken

Tuesday: Beef Stew or  
Orange Glazed Ham Slices

Wednesday: Ham Hocks with Lima Beans  
or Stuffed Shells

Thursday: Chicken and Dumplings or  
Meat Loaf

Friday: Tuna and Noodles or  
Fried Clam Strips

### Week of Oct. 18:

Monday: Spaghetti with Meat Sauce or  
Savory Baked Chicken

Tuesday: Chicken Bog or  
Swedish Meat Balls

Wednesday: Roast Beef or  
Turkey and Gravy with Dressing

Thursday: Roast Pork Slices with Apples  
or Salisbury Steak and Gravy

Friday: Closed

Menu listings are subject to change  
without notice due to product availability.

## Get Smart Series to present variety of programs

The Alcohol and Drug Prevention Program will sponsor The Get Smart Series with educational programs planned throughout the fall semester. The programs are open to the public.

October Smarts programming will be presented to celebrate National Collegiate Alcohol Awareness Week "Smart and Sober" and includes guest speakers to discuss the following topics:

- AIDS Forum (meet people affected by AIDS)  
Thursday, Oct. 14  
1 p.m. - SC 205
- Codependence (what codependence means)  
Monday, Oct. 18  
12:30 p.m. - Wall 224
- Dating Turned Violent (CASA)  
Tuesday, Oct. 19  
1 p.m. - SC 205

- Acquaintance Rape (truths and consequences)  
Wednesday, Oct. 27  
2:30 p.m. - SC 205

The Get Smart Series will continue with programming in November to include:

- Eating Disorders  
Monday, Nov. 8  
2:30 p.m. - KH 110
- Eating Smart for the Holidays  
Thursday, Nov. 11  
10 a.m. - SC 204

Additional programs will be announced later in the fall semester.

For more information, contact Vicki Gardner in SC 206 or by calling extension 2340.

## Coastal Carolina People

**Karen Carpenter** recently served as a one time reviewer for Macmillian Publishing Company for the company's text, *Foundations of American Education*.

**Sharon Thompson** has recently received a Ed.D. in Health Education Administration from the University of South Carolina. Thompson also has been appointed chairman of the Pee Dee Regional Steering Committee for a South Carolina State Department Grant to improve health education in elementary schools.

**Mollie Bethea-Floyd** attended NASFAA's Instructor Training Workshop as a South Carolina state representative. The workshop was held in Arlington, Va. on Oct. 3-4. The focus and purpose of the workshop was for instruction on "Refining

Reauthorization: Putting Concepts into Practice." South Carolina's workshop will be held in November.

**Sally Hare** presented a speech, entitled "Healing the Wounds of Racism: Education's Role," at a conference sponsored by the National Civil Rights Museum, in association with the University of Mississippi Center for Study of Southern Culture. The conference theme was "It's the 21st Century, Do We Know Where Our Children Are?" and was held in Memphis, Tenn., Sept. 21-23.

**Patti Loeb**s recently completed a 16-hour instructor training course in Community First Aid and Safety for certification to become an instructor. This American Red Cross course includes adult, child and infant CPR.

## Bulletin Board

**For sale:** Two 26" 10-speed bicycles - \$45 each. New scarecrows to dress as Halloween or fall yard decoration - \$15 each. For more information, contact Chris Martin at extension 2086.

**For sale:** Tandy 1000 EX computer with full-size keyboard, color monitor, dot-matrix printer (with letter quality printing); personal Deskmate software. For more information, contact Preston McKeever-Floyd at extension 2460.

## Career preparation forum to be presented

The Offices of Career Planning and Academic Affairs will present the "Using Your College Time to Prepare for Your Future Career" forum, Wednesday, Oct. 13 at 1 p.m. in front of the Student Center.

Drinks and refreshments will be served.

For more information, contact Thomas Isekenegebe at extension 2087.

## Birthdays

### October

11	Dorothy Rhyne Tom Jones
12	Suzanne Cormier
13	Thomas Isekenegbe Mollie Bethea-Floyd
14	Suzanne Beverly Patti Loebis
15	Kristi Steinbrecher Treelee MacAnn Sally Hare
16	James Mee
19	Margaret Bostic
20	Kathie Schlick
21	Charles Fax
22	Katie Squatriglia Christopher Wright Marie Lovero
23	Wayne Jenerette
24	Shirley Medlin

The following faculty and staff celebrated birthdays from September 27 through September 30. A belated "Happy Birthday" to each.

### September

27	Stephanie Hyland Jim Farsolas
28	Tom Brennan Wink Prince Linda Henderson Patsy Holmes Robert Henwood
29	Michael Ferguson Janis Chesson Steve Nagle

## Calendar

*Continued from page 1.*

### Thursday, October 21 (continued)

- *Seven Habits of Highly Effective People* workshop: (day one) 9 a.m. to 5 p.m., registration required. Continuing Education

### Friday, October 22

- Wall Building Dedication: 10 a.m., on the green at the Wall Building entrance. President's Office
- *Seven Habits of Highly Effective People* workshop: (day two) 9 a.m. to 5 p.m., registration required. Continuing Education
- Fall Break: No classes

### Saturday, October 23

- Soccer: McDonald's Great Carolina Shootout, Howard at Coastal, 7 p.m.

## Faculty exchange to be established with English university

A faculty exchange is being established with Nene College in Northampton, England. Nene has been part of the University of Leicester system, but similar to Coastal, is splitting away from its parent institution and will become the University of Northampton in 1994.

Faculty exchanges, initially involving Nene's School of Humanities and Social Science, may begin as early as fall 1994.

Student exchanges are expected in 1995.

Applications in all disciplines of the humanities as well as physical education/recreation, psychology and sociology are being solicited. Nene is especially interested in dedicated teachers; a doctorate is not required.

For application information, contact Richard Collin at extension 2712 or Steve Nagle at extension 2096.

## Graduate School and Career Information Fair open to everyone

A Graduate School and Career Information Fair will be held Wednesday, Oct. 13, from 9:30 a.m. to 2:30 p.m. in the Student Center overflow. Students, alumni and community members are invited to attend. The program is free and open to the public.

Local business representatives along with those from Charlotte, Raleigh, Charleston and Columbia will be available to provide participants with information regarding their businesses.

Representatives from five graduate schools will be present to provide information to interested participants.

According to Coastal placement counselor Mollie Starbuck, "anyone who is searching for a job or contemplating going back to school will gain information at the Graduate School and Career Information Fair that could lead to better decision-making."

For more information, call Mollie Starbuck at extension 2333.

## Auditions open for "A Fish Story"

Auditions for Coastal Carolina Theater's production of *A Fish Story* will be held Monday, Oct. 18 at 4 p.m. and Tuesday, Oct. 19 at 7 p.m. in Wheelwright Auditorium. The auditions are open to the public.

The four character play, written by Francis Marion University professor Jon Tuttle, treats a contemporary family dealing with the death of a child and the intrusion of a young drifter, with humor

and pathos.

According to director Sandi Shackelford the cast will consist of two women, a mother and a teenage daughter; and two men, the father and the 20-year old drifter.

*A Fish Story* will be presented at Coastal Friday, Nov. 19 through Sunday, Nov. 21.

For more information, contact Sandi Shackelford at extension 2443.



*On Campus* is published biweekly on Monday by the Office of Public Information. Items to be included should be submitted by noon the Tuesday before publication.

Coastal Carolina University is an affirmative action, equal opportunity, state-supported institution.

*Clip and Save*

## So you will know . . . and we can tell the campus community

*On Campus* is published biweekly on Monday by the Office of Public Information. Items to be included should be submitted in writing by 5 p.m. the Tuesday before publication. Publication and deadlines for information to be submitted for the fall semester are as follows:

<b>Publication date:</b>	<b>Deadline for information:</b>
Monday, Oct. 25	Tuesday, Oct. 19
Monday, Nov. 8	Tuesday, Nov. 2
Monday, Nov. 22	Tuesday, Nov. 16
Monday, Dec. 6	Tuesday, Nov. 30
Monday, Dec. 20	Tuesday, Dec. 14

Publication of information received after the deadline will depend on space available and printing schedules. The Office of Public Information will try to accommodate the person requesting the submission; however, we will not be able to guarantee the information will be included.

For additional information or to submit information for publication, contact Nancy Burton in EMS 105, or call extension 2003. ✎

## Flu season could be just around the corner

*The following article was submitted by Patti Loebs, Health/Medical Referral Service.*

Early fall is the time for interested people to think about getting a flu shot. The U.S. Centers for Disease Control in Atlanta reports that a typical flu epidemic claims more than 20,000 lives — mostly people over the age of 65, or anyone who has heart or lung disease (including asthma and bronchitis,) diabetes, chronic kidney disease, or chronic anemia. The flu vaccine is 75 percent effective in reducing flu-related deaths among the elderly.

What about flu shots for other adults or college students who want to avoid a bout with the flu? It certainly won't hurt, and because the flu is highly contagious, a flu shot makes good sense for people who have daily contact with the public. The most common side effect is soreness around the injection site.

A new flu shot is required every fall

because immunity declines within a year and the vaccine for each flu season differs, depending on the virus strains expected to circulate. It is a good idea to be vaccinated as early as October, but not later than Thanksgiving. It takes approximately two weeks before the shot provides full protection.

The flu shots can be obtained at any family physician's office for about \$10 to \$15, plus the fee of the office visit. The vaccinations will be offered by the Horry County Health Department at various senior citizen centers in the county beginning the week of Oct. 19. The flu vaccine will be available for all interested individuals for \$8. The locations of the centers will be announced in *The Sun News*.

For more information about flu vaccinations or any other health-related topic, contact Patti Loebs at Coastal's Health/Medical Referral Office, extension 2329. ✎