“It's not about you.” This sentence opens the best-selling book The Purpose-Driven Life by Rev. Rick Warren. In the book, which has sold more than 25 million copies, the author encourages his readers to identify your “greater-than-you” purpose in life and to channel your efforts to fulfill that purpose. The reality of today's fast-paced lifestyle is that we often get so caught up in our commitments to self, work, family, friends, community and others that we are unable (or unwilling) to think about the broader implications of our lives. Consider the following story:

Bob Buford was a successful entrepreneur actively developing his business, a collection of television stations and cable systems in the southwestern United States. A number of events, both personal and professional, caused Bob to re-evaluate his life and the relative balance between his personal and professional goals. He wondered why he was increasingly successful at work (increasing sales revenue, increasing market share, etc.) but experiencing less and less joy from these “successful” efforts.

As Bob talked with trusted confidants and business advisers, he was surprised to find that many colleagues shared his feelings and frustrations. He had entered, as he would come to discover, a transitional period in his life: Halftime.

Halftime (Bob Buford) – “the opportunity, after some of our life has passed, to evaluate what has taken place during the first half and to choose which new goals and dreams we may want to pursue during the second half of our lives. Halftime is the start of an exciting journey that can take us past success and lead us toward significance.”

According to the Halftime paradigm, most of us take stock of our lives some time in our 40s. For sure, not every person will experience a dramatic period of self-reflection like Halftime. Some may stay engaged in First Half endeavors out of enjoyment or inertia. Others may focus on self-reflection and never truly find their calling. Such folks bounce from project to project without identifying their

Continued on page 4
The Charm of Simple Living

By Bridgette Johnson

“I have come to realize that the radiance of the rose and the whiteness of the lily do not take away the fragrance of the little violet or the delightful simplicity of the daisy. Perfection consists in being what God wants us to be.” Thérèse

After my husband and I had been married for a short while, we decided to move into my Grandma’s house. She hadn’t lived there for more than two years and something in me just couldn’t bear the thought of it sitting empty. There was always so much life at Grandma’s. People in and out. Cousins overnight for weeks at a time. All of us sneaking in the back door to snatch homemade spice cookies out of her broken and glued-back-together cookie jar. The sound of that screen door slamming over and over again. There was always something going on, and I was forever right there in the thick of it.

My Grandma, born in 1907, lived until she was 94 years old. Her husband passed away when she was in her mers 40s, and from that point on she remained faithfully married to her one and only love until her death. She cut her own grass with a push mower and raked her own yards. Her love of her independence and simple ways of life never ceased to amaze me. She never had an air conditioner and used window fans and the breeze from front door to back to keep her block house cool during the summers. In the winter, her gas heater, which was always home to a kettle of hot spice tea, kept the front door to back to keep her block house cool during the winters. For the summers, her gas heater, which was always home to a kettle of hot spice tea, kept the front door to back. I could see her Bibles and library books by her bedside where she read each night before going to sleep. I’d see her kneeling to pray before going to bed, and I’d hear her asking God to watch over me and help me to grow up to be a good girl. I’d see her newspapers scattered upon the back of her couch and her sneaking a nap right after her favorite “stories,” The Young and the Restless.

After much hard work, we were able to finally move in Grandma’s house. On many mornings when I’d wake up in the bedroom where she had slept so many nights, I’d remember waking up as a little girl to the smell of bacon and the tastes of pancakes and blueberry syrup — a taste I’ve never been able to duplicate — and the sound of Bugs Bunny on the television.

As I would peer out of our windows, I’d remember her plants on the banisters of her porch and how she always had a piece “rooted” for a friend. I remembered her favorite “Moses in the Bullrushes” plant, as she called it, spread and running from one dish to another. No summer ever came and went that I didn’t play flower shop on her front porch — a place that was often haven to hummingbirds and butterflies.

As I filled her cabinets with my dishes, I thought of how she’d always place a coffee cup upside-down on her grilled cheese sandwiches to flatten them down and “make the cheese melt faster.” And I’d remember that sweet, sweet coffee that was almost too thick to drink. Oh, and the taste of Tang… we always had Tang.

Each spring when the gardens call me outdoors, I see her all over again. My stepson once said to me “Grandma sure left you a lot of surprises,” because every time we’d turn around, something else would be blooming, from daffodils and snowbells to daylilies and iris. The love and labor that she poured into her gardens was poured over me somehow. I still tend to many of those flowers, as I’ve dug them up and moved them around from place to place. I continue to multiply one of Grandma’s greatest joys.

Memories of her poured over me as we moved from room to room to work. I could see her Bibles and library books by her bedside where she read each night before

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Volunteer for Research!

By John F. Yanessa, Assistant Professor, Department of Health, Kinesiology and Sport Studies, Coastal Carolina University

You are invited to participate in a free research study that has been an ongoing project in the Smith Exercise Science Lab at Coastal Carolina University. It is focused on folks over the age of 50 who perform at least some physical activity weekly. Please allow me to briefly describe the project and your commitment should you decide to participate.

The purpose of this research is to examine relationships between muscle strength, balance, anxiety and fear of experiencing an unintended fall. As part of the project, you will be asked to come to the Coastal Carolina University Smith Exercise Lab on three separate occasions, each session lasting no more than one hour. During these visits, you will be instructed regarding the use of five pieces of strength training equipment. You will participate in a clinical balance test, and your max-failed muscular strength, especially as it relates to balance and the risk of falling.

If you are over age 50 and would like to participate, please allow me to briefly describe the project and your commitment should you decide to participate.

We have found that volunteers have benefitted from learning more about the advantages of exercise, including muscular strength, especially as it relates to balance and the risk of falling.

If you are over age 50 and would like to participate, or have additional questions, please contact me at yanessa@coastal.edu or 843-349-6460.
The Food and Drug Administration has a newsletter published three times a year, titled "Maturity Health Matters." Written for "older adults, their families and caregivers," it aims to update readers on the latest medical products that are "helping people live longer and more productive lives." The FDA's current issue is about men's health. Go to www.fda.gov/cdrh/maturityhealthmatters. An e-mail service will alert you of new issues.


> "The Social Security Fix-It Book" published by the Center for Retirement Research at Boston College is for anyone interested in how to restore the program to health. Said to be clear, impartial and "delightfully illustrated," it can be found by visiting www.crr.bc.edu and under the "publications" tab click on "Special Projects," and then the book’s title. It is free online and is also available from Amazon.


> T. Price Rowe is offering a "Family Records Organizer on CD-Rom. The disk allows you to consolidate key financial information for heirs – including retirement savings, bank accounts, mortgages, investments and more – in a single place. Order online at www.troweprice.com/getorganized or call 800-538-2706.

> How much more time do you have? Eons longevity calculator prepares a personalized report on your longevity by analyzing your answers to a 10 minute survey. The survey consists of 40 questions ranging from marital status to sleep habits, diet and family medical history. Premised on living 20 years longer than your grandparents and that we control lifestyle choices, the calculator goes to work. Go to www.eons.com or https://calculators.eons.com/calculator.

> "The S

> "Personal Finance" - Continued from page 1 reached 10,000 for the first time in history. This prompted Robert Zuccaro to write a book titled Dow, 30,000 by 2008: Why It’s Different This Time, which promised that the Dow Jones would triple in value by 2008. Investors were exhila-

> The same thing happened in to the housing market several years ago. The Federal Reserve Board foolishly decreased the Federal Funds Rate, the key interest for the U.S., to 1 percent. This caused a borrowing binge that created the biggest hous-

> The important thing to remember is that a downturn in the economy is a great time to invest. Many Americans accumulated a lot of debt when the economy was prosper-

> You can reach Yoav Wachsman at yoav@coastal.edu or 843-349-2683. Yoav Wachsman can be reached at yoav@coastal.edu or 843-349-2683. Year and several colleagues from the Wall College of Business present free workshops on Personal Finance during the academic year. When they are scheduled, notice will appear in local newspapers, PrimeTimers and the Coastal Carolina University Web site at www.coastal.edu.
Imagine if you channeled your skills into matters that left a lasting legacy.

Speaking to Retirees
Today, the Centers for Disease Control estimates U.S. life expectancy to be 75 (men) to 80 (women) years. One estimate is that 50 percent of all people who reach age 65 this year will subsequently reach age 90. What a great opportunity that did NOT exist for your parents or grandparents! You may find yourself addressing questions such as:

• Have I really used my skills, knowledge and experiences to their fullest potential?
• Could I start my work life over and take a different path?
• Have I done as much as I could with what I’ve been given?

In the past, your work may have defined you (engineer, teacher, etc.). In the future, imagine if the skills you used to do your work defined your lasting legacy?

Looking to the Future Together
Imagine the larger impact on society if each of us sought to transition our thinking from success to significance. Imagine the multiplier effect of combining each lasting legacy. Each of us has time, talents and treasures. Imagine if we measured the return on our time, talents and treasures according to the benefit to the world around us. In future issues of PrimeTimes, we’ll help you examine your time, talents and treasures to help you leave your lasting legacy.

Mark Mitchell can be reached at 843-349-2392 or mmitchel@coastal.edu

“Best laid plans can change…” Continued from page 7
little as an hour or two to as long as six months – depending on the class. Sound simple enough? Keep reading.

Take your proven-oh-so-well skills and natural abilities and turn them into something positive and green dollars. You may have a medical background. If so, the College is the proud owner of the new multimillion dollar state-of-the-art Dr. Robert E. Spirt, Jr. Health Care Education Center; and the medical profession is where the greatest job market interest is occurring.

Something else you may want to consider is the construction industry. Residential builders, general contractors, the mechanical fields and Home inspection are quite popular. You may already have experience in one of these areas and simply need to brush up to become licensed by the State of South Carolina. Also in the housing industry are opportunities in the real estate field. Even though the real estate industry as a whole is not as strong as it has been, we all know it runs in a cycle and will be coming back up. Another old saying holds true for REALTORS, “A handful of people will make the bulk of the money regardless of good or bad times.”

The list of opportunities to grow professionally is long: culinary, constables, bartending, child care, small business, leadership/supervision, floral design, social services, truck-trailer truck driving, environmental services, computers and insurance, to mention a few. Tonight after supper sit down at your computer, and key in www.hgc.edu to see just what is all available. Who knows, you may even decide you want to teach some of these classes.

The College has three conveniently located campuses on U.S. 501 in Conway, at the old Air Force base in Myrtle Beach, and on S.C. 17 in Georgetown. Classes are offered day and/or night throughout the week in both traditional classroom settings and online training available around the clock in the comfort of your home.

“When the going gets tough,” well you know the rest of that sentence. If your income from Social Security, Medicare and private investments could use a boost, we at Horry-Georgetown Technical College are sitting right here, ready to help. Hope to see you on campus – not only for professional reasons but also for you to pursue personal interest classes.

Shirley Long Johnson, Assistant Vice President, Continuing Education Division, Horry-Georgetown Technical College. Telephone 843-477-2010. Email Shirley.long@hgc.edu, Fax: 843-477-0775, 743 Hemlock Avenue, Myrtle Beach SC 29577

Lifelong Learning Course information now available online... check it out! www.coastal.edu/olli

Coastal Carolina University Sponsors Many Events Open to the Public
CAAR wants to encourage PrimeTimers to take advantage of the many University events. You can stay up to date about cultural, athletic and other informational or entertainment events by viewing the Cultural Events on the University’s Web site: www.coastal.edu/calendar. Many events are free but require tickets and others require purchased admission. For athletic events, go to www.gocarolina.com. Here is a small sampling of cultural events for September and October. For more information or details, call the Wheelwright Box Office at 843-349-2502.

“In Her Hands: Craftswomen Changing the World”
Sept. 11-Oct. 17 • 9 a.m. to 5 p.m. Rebecca Randall Bryan Gallery

COLUMBIA CITY BALLET “Dracula: Ballet with a Bite”
Sept. 12-13 • 7:30 p.m. • Wheelwright Auditorium

BOSTON BRASS
Sept. 16 • 7:30 p.m. • Wheelwright Auditorium

CULTURAL CELEBRATION ANNUAL CAMPUS FESTIVAL
Sept. 17 • 11:30 a.m. to 2:30 p.m. • Rain Date, Sept. 24
Prince Lawn

“Dog Sees God, Confessions of a Teenage Blockhead”
Sept. 18-19, 7:30 p.m.
Sept. 21, 3 p.m.
Sept. 24-27, 7:30 p.m.
Edwards Blackbox Theatre

4TH ANNUAL SPECTRUM CONCERT / FAMILY WEEKEND / BANDS AND CHAMBER ENSEMBLES
Sept. 19 • 7:30 p.m. • Wheelwright Auditorium

DAVID BARNSTON AND FRIENDS CONCERT
Sept. 23 • 7:30 p.m. • Wheelwright Auditorium

A TRIBUTE TO JAZZ AT THE PHILHARMONIC
Sept. 26 • 7:30 p.m. • Wheelwright Auditorium

GOSPEL CHOIR CONCERT
Oct. 12 • 4 p.m. • Wall Auditorium

BRAHMS REQUIEM
Oct. 17 • 7:30 p.m. • Wheelwright Auditorium

AN EVENING OF ART SONGS AND ARIAS
Oct. 28 • 7:30 p.m. • Edwards Recital Hall
***SCAMWATCH: Misleading Scams***

By Kathy Graham, President/CEO, Better Business Bureau, Coastal Carolina Inc.

843-488-0238; Fax: 843-488-0998; E-mail: kathygraham@sc.rr.com

Processing Rebates From Home Scam – a warning about a work-at-home company. The BBB has been receiving complaints from consumers against a company called Process At Home, aka International Data Entry; Global Data Entry; onlinedatainstitute.com. People receiving or replying to ads to work at home are asked by the company to pay a $197 fee for seven weeks of training and access to more than 11,000 businesses needing rebates processed. After sending the money people are receiving a training manual and one or two weeks training that did not include processing but showed how to place ads on search engines such as Google or AOL to lure others into the program. One consumer, after complaining about not being able to access the database, was advised to disable the antivirus software. That resulted in getting more than 200 viruses and in getting the computer repaired found over 60 percent of the viruses were related to the company’s Web site. No consumers seeking refunds got them. After investigating, BBB found the address used, 1240 Lincoln Way East, Massillon, Ohio, is a UPS store with mailbox service and not a physical location for the company.

**Misleading Consumers Because of the Confusion Over Digital TV…**

An Ohio based company called Universal Technonics has ads running across the U.S. promising free TV channels, services and digital TV converter boxes. Five year warranties for $59 must be purchased in order to receive the “free” converter box. The cost is nearly $100 when adding shipping and handling fees. People who respond don’t receive the free products and services promised in the ads and end up paying more than if they had taken a good deal offered through the DTV coupon program offered by the government. The company also does business under the name “Heat Surge.” The BBB has received more than 200 complaints. On Feb. 17, 2009, television stations will stop analog broadcasts and begin broadcasting in digital. Viewers who get reception with rabbit ears or an antenna or who do not have a digital TV will need a converter. TV sets made after March 2007 already have digital tuners built into them as required by law. Analog sets hooked up to cable or satellite systems will not be affected by the change and don’t need a converter box. For information about digital TV conversion, call the DTV hotline at 888-388-2009 or visit www.dtv2009.gov/FAQ.aspx.

**SOUND SOLUTIONS**

By Brad Odum, Director, 812 Farrar Drive, Conway, SC 29526

Most issues of PRIMETIMES will feature an outstanding local agency, business or organization serving the Grand Strand, to illustrate the range of services available in the area. If you would like to nominate an agency or service facility for this feature – or if you are in an organization that would like to be featured – we want to hear from you! We will give full consideration to a recommendation. Most all of the agencies, businesses or organizations so featured are also listed in the Senior Services Directory at www.coastal.edu/caar/srservices.

Sound Solutions Hearing Care Centers are the one-stop answer for your hearing health care needs. We provide information, products and services that improve quality of life related to hearing and preservation of hearing. In today’s fast paced world, most everyone utilizes computers, cell phones, TVs, stereos or iPods. We provide fulfillment! We help people hear all their favorite movies, songs or conversations CLEARLY. Our specialty is hearing instrument technology but we also provide custom products for cell phones, iPods, headsets, swim plugs and sound plugs. If your mother has trouble on the phone or you need a louder alarm clock to wake you in the morning, we can help.

Today’s hearing instruments are miniaturized computers. They are capable of discriminating between speech, noise, wind and mechanical sounds. They can focus on several bandwidths of sounds simultaneously suppressing unwanted background sounds from within each bandwidth while emphasizing speech. Hearing aids are capable of connecting to TV’s, cell phones, iPods or computers without the need for headsets or ear buds. They can be extremely small, nearly undetectable devices capable of producing very powerful amplification. All of these benefits are available without constant adjustment. Gone are the days of large devices that everyone could see or that sounded like you were in a barrel or simply made background noise louder. We utilize the latest technology which corrects before whistling starts, leaving a crisp clear sound allowing you to understand conversation clearly again.

In our offices training is crucial. Every clinician continuously attends seminars staying up to date with the latest trends and technology. Every month it seems there is something new and something new to learn! Unlike others, we work with all major manufacturers, as well as many smaller ones. This allows us to offer you the very best technology available and offer with certainty the best products for all hearing losses. No one manufacturer is the best at everything. We compare all

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**Spotlight on Sound Solutions**

By Brad Odum, Director, 812 Farrar Drive, Conway, SC 29526

We want to hear from you!

If you have comments or questions about articles in this issue, want to submit a Letter to the Editor, ask a question or make a comment, or if you would like to suggest appropriate subjects for consideration in future issues of PrimeTimes, the PrimeTime staff wants to hear from you. Previous PrimeTimes newsletters are available on our Web site: www.coastal.edu/caar. If you want to be added to the PrimeTime mailing list, just call, fax or write to let us know.

**LOCATION:**
The Center for Active Aging and Retirement Foundation Center, room 313 2431 U.S. 501 East 2431 U.S. 501 East Conway, South Carolina

**MAILING ADDRESS:**
CAAR - Foundation Center Coastal Carolina University P.O. Box 261954 Conway, SC 29528-6054

**E-MAIL ADDRESS**
trockdot@coastal.edu kcaulfie@coastal.edu rockdot@coastal.edu

**TELEPHONE:**
Rocco Carisano, 843-549-4116 Kathy Caulfield, 843-349-6531 Fax 843-349-4122

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**“The Charm of Simple Living”**

She's still with me everywhere I go. I know that as time continues to change, fate will have it that I won't be the kind of grandma my Grandma was. Life is so much more complicated than what she was accustomed to. And hey, I like my central heat and air. But one thing is certain, her life lets me know that it’s not the possessions we leave behind that really matter most, but the relationships we build and the positive influences we have on others. My life is the way it is due very much to the simple life Grandma shared with me. Life is surely sweetest at Grandma’s house.

Bridgette Johnson, when she isn’t doing flowers, is helping Conway people and businesses as the Executive Director of the Conway Chamber of Commerce. Bridgette can be reached at 843-248-2273 or bjohson@conwaychamber.com
One finding was that 60 percent of those looking ahead to years after age 60 want to work in entirely different environments: 42 percent of respondents saw retirement as an opportunity for a new chapter in life. In both instances, going back to college is part of their planning.

**UPDATE ON OLLI**

By Linda Kerren, M.A., Director of the Other Lifelong Learning Institute at Coastal Carolina University

With the award of a renewable $100,000 grant from the Bernard Osher Foundation in November 2007, the 20-year-old Lifelong Learning program at Coastal Carolina University entered a new and revitalized phase of its mission to provide “learning for the joy of it” to adults 50 and older.

The Other Lifelong Learning Institute (OLLI) at Coastal Carolina University offers Grand Strand adults more than 250 noncredit courses during the fall and winter/spring terms at five locations (Conway, Myrtle Beach, North Myrtle Beach, Litchfield and Georgetown). Among those are many peer-led courses in art and photography, computer technology, foreign languages, history and government, literature and writing, music, theater and film, personal growth and skills, religion and philosophy, science and nature, as well as educational excursions.

The program’s structure and management have evolved during the past two decades under various leadership forms but always with the strong and indispensable support of the University which has provided staff, facilities and the technical resources needed to serve approximately 2,000 adults each year. However, with the rapid growth of the University’s undergraduate and graduate programs, the “silver tsunami” of the retiring baby-boomers (the greatest wave of which is washing in on our desirable southern coastline), and squeezed budgets, the ultimate goal of the 2006-2009 strategic plan – to secure the financial underpinnings of the program – has become paramount in the utilization of the grant.

Since the program content was well established with a wide variety of course offerings and dedicated instructors, the first-year grant has been allocated to the marketing and publicity of OLLI at Coastal Carolina University. The underlying assumption is that increased awareness of the program will generate increased participation and revenue.

To this end, distribution of the fall and spring catalogs doubled, print media advertising tripled, OLLI’s Web site was updated and a weekly online newsletter keeps members and the public notified of current offerings and activities. A billboard and radio campaign is planned prior to the spring term when “snowbirds” start their southern migration.

Charged by the Osher Foundation to create a sustainable post-grant model, OLLI has implemented several substantive changes beyond the renaming of the program:

- The advisory board has been replaced by four active committees (Membership & Metrics, Marketing & Publicity, Curriculum & Program Planning and Fundraising & Future);
- A membership fee ($20 per term) has been implemented to comply with the Osher-directed measurement of community support and revenue base;
- Member benefits are being augmented with community cultural and wellness discounts as well as participation privileges in the expanding peer-led special interest groups (bridge, gardening, computer, investment and foreign language clubs);
- Increased volunteerism is being promoted through the committee approach to planning, expanded club leadership opportunities, promotion of volunteer teaching (with membership benefits), and the addition of “class ambassadors” (teachers’ aides).

When the first-year progress report and the second-year application are due in October, we will have a better sense of our progress toward the establishment of a self-sustain- ing lifelong learning program for the adult residents of the Grand Strand. We look to the readership of PrimeTimes as partners in this effort and offer our availability to present the OLLI program to community service, outreach and education organizations. The bulletin below may be used in your communications to your constituency.

During “Free Week” (Sept. 8-13), the Other Lifelong Learning Institute (OLLI) at Coastal Carolina University will treat current and prospective Lifelong Learners to dozens of free lectures and demonstrations of upcoming courses and clubs at each of the five outreach centers, located in Conway, Myrtle Beach, North Myrtle Beach, Litchfield and Georgetown. Meet members of the faculty and staff, access OLLI’s Web site and the online WebAdvisor, register for OLLI membership, classes and parking permits, and enjoy guided explorations of the University library’s database and the Special Services Directors’ complete fall catalog of 250 courses, scores of cultural opportunities, plus the detailed schedule for Free Week, will be available at the outreach centers and posted at www.coastal.edu/olli. Linda Kerren is at the GCC/Beaufort Higher Education Center and can be reached at 843-349-4032 or kerren@coastal.edu.

Casual Learning

& Other Educational Pursuits

As the calendar moves us into the 8th and 9th months of the year the advent of another school year approaches. PrimeTimes has two articles relating to learning and education; for our OLLI Lifelong Learning, and for Continuing Education at Horry-Georgetown Technical College. Also, to acquaint you with some of the opportunities at Coastal Carolina University. Education, of course, is an ongoing interest of PrimeTimes and will be featured in future editions of the newsletter.

CAAR frequently receives calls from people interested in taking classes or courses for a variety of reasons and interests. Some people are interested in taking noncredit classes covering a wide range of subjects, from history, writing, art, philosophy, just for the “fun” of it and computer classes as well as a variety of fitness programs. We refer them to the OLLI Lifelong Learning program. Some people are interested in undergraduate courses for “audit” rather than credit. Some people are interested in courses for credit in disciplines in which they already have a degree, others in starting work toward a degree. Other people however are choosing different disciplines supplementing what they have, or what they want for starting a new business. We refer people with these interests to the Office of Admissions. Our colleagues at HGT are getting similar calls, and people are sharing their rea-

tions and will be featured in future editions of the newsletter.

PT Note: CAAR frequently receives calls from people interested in taking classes or courses for a variety of reasons. Some are interested in courses for credit in disciplines in which they have a degree, others in starting a degree. Many however, are choosing different disciplines and are sharing their ideas and or interests.

There is an old saying, “If you want to make God laugh, tell Him what you think your future holds.” In the not-
too-distant past, your dreams of what would lie ahead may have included sitting on the porch in your favorite rocking chair, reading the latest best seller, watching the grandchil-
dren play happily on the well-manicured lawn of your beautiful retirement home as the prime rib for dinner mar-
inates in the refrigerator. Your wise-and-carefully-though-
ted-out investments would soar in a solid economy; so you could relax and enjoy life without a care in the world.

Unless you’re an exception to the rule, that bubble is pop-
ing. We all may indeed be sitting more and driving less because gasoline prices have soared out of sight and are still climbing. Bicycles, golf carts and walking are becoming our means of transportation rather than that expensive SUL in the garage. Rather than purchasing that book we can’t wait to read, we’re heading to the public libraries to check it out. The grandchidren’s back-to-school needs in the next few weeks will cost enough to make us blink twice, hope we don’t have to take out a second mortgage, and remember when a small bottled Coca-Cola cost ten cents. Our imme-
clines may be due more to perpersion on our brows rather than that of a professional. Plus, not only is the meal on the table likely to be ground sirloin, we’re growing our own tomatoes instead of the colorful and thriving permi-
als in the garden rather than risk getting sick.

This is not to say that life is bad, not at all. It simply means that times are changing, always have and always will. As advancements in your retirement years become evident, the Continuing Education Division at Horry-Georgetown Technical College is one of the places you should check out soon. No entrance exams, no prior educational degrees are required – only a desire to update your occupational skills at affordable prices. The length of training will vary from as

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